



# MY DENVER AUGUST 2014



## EISENHOWER RECREATION CENTER

### WEEK OF: August 1st

Open Gym (Basketball) 12:00-4:00  
 Activity #1 12:00-1:00  
 Activity #2 1:30-2:30  
 Activity #3 3:00-4:00  
 Lunch 11:30-1:00  
 Snack 3:00-4:00

### WEEK OF: August 4th - 8th

Open Gym (Basketball) 12:00-4:00  
 Activity #1 12:00-1:00  
 Activity #2 1:30-2:30  
 Activity #3 3:00-4:00  
 Lunch 11:30-1:00  
 Snack 3:00-4:00

### WEEK OF: August 11th - 15th

Open Gym (Basketball) 12:00-4:00  
 Activity #1 12:00-1:00  
 Activity #2 1:30-2:30  
 Activity #3 3:00-4:00  
 Lunch 11:30-1:00  
 Snack 3:00-4:00

### WEEK OF: August 18st - 22th

MY DENVER STAFF TRAINING WEEK  
 NO PROGRAM HOURS

### FALL HOURS BEGIN August 25th

4:00 pm - 6:30 pm

### WEEK OF: August 25th - 29st

Open Gym (Basketball) 4:00-6:30  
 Activity #1 4:00-5:00  
 Activity #2 5:30-6:30

MON	TUE	WED	THU	FRI
<b>Activity Key</b> Urban Arts and Culture Sports and Wellness Science, Technology and Education Community Engagement Social Recreation				
4 <u>Activity #1</u> Garden <u>Activity #2</u> Parachute <u>Activity #3</u> Body Trace Painting	5 <u>Activity #1</u> Building Challenge <u>Activity #2:</u> Frisbee <u>Activity #3</u> Martial Arts	6 <u>Activity #1</u> Hockey <u>Activity #2</u> Kinect Gaming <u>Activity #3</u> Blob Tag	7 <u>Activity #1</u> Garden <u>Activity #2</u> Martial Arts <u>Activity #3:</u> Wall Ball or Girl Empowerment	8 <u>Activity #1</u> Bean Bag Balls <u>Activity #2</u> Dodgeball <u>Activity #3</u> Kickball
1 1 <u>Activity #1</u> Garden <u>Activity #2</u> Basketball <u>Activity #3</u> Painting: Q-Tip Pointillism	1 2 <u>Activity #1</u> Building Challenge <u>Activity #2</u> Capture the Flag <u>Activity #3</u> Martial Arts	1 3 <u>Activity #1</u> Hockey <u>Activity #2</u> Kinect Gaming <u>Activity #3</u> Sharks and Minnows	1 4 <u>Activity #1</u> Garden <u>Activity #2</u> Martial Arts <u>Activity #3:</u> Wall Ball or Girl Empowerment	1 5 <u>Activity #1</u> Duct Tape Crafts <u>Activity #2</u> Dodgeball <u>Activity #3</u> Soccer
1 8 <b>MY DENVER STAFF TRAINING WEEK</b> <b>NO PROGRAM HOURS</b>				
2 5 <u>Activity #1</u> Painting: Acrylic Scenes  <u>Activity #2</u> Parachute	2 6 <u>Activity #1</u> Building Challenge  <u>Activity #2</u> Martial Arts	2 7 <u>Activity #1</u> Hockey  <u>Activity #2</u> Kinect Gaming	2 8 <u>Activity #1</u> Kickball  <u>Activity #2</u> Martial Arts	2 9 <u>Activity #1</u> Dodgeball <u>Activity #2</u> Origami