DENVER
PARKS & RECREATION

MONTBELLO RECREATION CENTER

SUMMER 2014, JUNE 1 - AUGUST 23

ACTIVITIES LISTED ARE INCLUDED WITH REGIONAL LEVEL PASSES/MEMBERSHIPS. ADDITIONAL FEES APPLY FOR LOCAL OR NEIGHBORHOOD LEVELS.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	SilverSneakers® Classic 9:30 - 10:30 a.m.		**SilverSneakers® Classic** 9:30 - 10:30 a.m.		
	*** VOA Luncheon** 11:00 a.m. - 1:00 p.m.		*** VOA Luncheon** 11:00 a.m. - 1:00 p.m.		**ZUMBA®** 10:30 - 11:30 a.m.
Snack Program 12:00p.m. - 4:00 p.m.	**Snack Program** 12:00p.m. - 4:00 p.m.	**Snack Program** 12:00p.m. - 4:00 p.m.	**Snack Program** 12:00p.m. - 4:00 p.m.	**Snack Program** 12:00p.m. - 4:00 p.m.	
ZUMBA® 6:15 - 7:15 p.m.	**Group Training** 6:30 - 7:30 p.m.	**Yoga Level I** 6:00 - 7:00 p.m.			

SilverSneakers® honored at this site

* Additional fees may apply

MY Denver youth activities schedule available on site

GYMNASIUM SCHEDULE (SUBJECT TO CHANGE WITHOUT NOTICE)

POOL AREA SHUTS DOWN 30 MINUTES PRIOR TO CLOSING

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym 10:00 a.m. - 4:00 p.m.	**Open Gym** 6:00 a.m. - 5:30 p.m. 6:00 - 9:00 p.m.	**Open Gym** 6:00 a.m. - 5:30 p.m. 6:00 - 9:00 p.m.	**Open Gym** 6:00 a.m. - 5:30 p.m. 6:00 - 9:00 p.m.	**Open Gym** 6:00 a.m. - 5:30 p.m. 6:00 - 9:00 p.m.	**Open Gym** 6:00 a.m. - 7:45 p.m.	**Open Gym** 9:00 a.m. - 4:00 p.m.

HOURS OF OPERATION: MONDAY - THURSDAY (6:00a - 9:00p) | FRIDAY (6:00a - 8:00p) | SATURDAY (9:00a - 4:00p) | SUNDAY (10:00a - 4:00p)

MONTBELLO RECREATION CENTER, 15555 E. 53RD AVENUE, DENVER, CO 80239 | 720.865.0580 | DENVERGOV.ORG/RECREATION

Revised 05-27--14