



# RUDE RECREATION CENTER

SUMMER 2014, JUNE 1 - AUGUST 23

ACTIVITIES LISTED ARE INCLUDED WITH REGIONAL LEVEL PASSES/MEMBERSHIPS. ADDITIONAL FEES APPLY FOR LOCAL OR NEIGHBORHOOD LEVELS.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Circuit Training</b> 12:00 - 1:00 p.m.		<b>Circuit Training</b> 12:00 - 1:00 p.m.		<b>Circuit Training</b> 12:00 - 1:00 p.m.	<b>ZUMBA®</b> 10:30 - 11:30 a.m.
<b>Kids Café: ages 2-17</b> 12:00 - 2 :00 p.m. Lunch 4:00 - 5:00 p.m. Snack	<b>Kids Café: ages 2-17</b> 12:00 - 2 :00 p.m. Lunch 4:00 - 5:00 p.m. Snack	<b>Kids Café: ages 2-17</b> 12:00 - 2 :00 p.m. Lunch 4:00 - 5:00 p.m. Snack	<b>Kids Café: ages 2-17</b> 12:00 - 2 :00 p.m. Lunch 4:00 - 5:00 p.m. Snack	<b>Kids Café: ages 2-17</b> 12:00 - 2 :00 p.m. Lunch 4:00 - 5:00 p.m. Snack	
<b>Power Step</b> 6:15 - 7:15 p.m.	<b>ZUMBA® Toning</b> 7:30 - 8:30 p.m.	<b>Power Step</b> 6:15 - 7:15 p.m.	<b>Yoga Level I</b> 6:15 - 7:15 p.m.		

MY Denver youth activities schedule available on site

**GYMNASIUM SCHEDULE (SUBJECT TO CHANGE WITHOUT NOTICE)**

**POOL AREA SHUTS DOWN 30 MINUTES PRIOR TO CLOSING**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Closed</b>	<b>Open Gym</b> 6:00 a.m. - 5:00 p.m.	<b>Open Gym</b> 6:00 a.m. - 5:00 p.m.	<b>Open Gym</b> 6:00 a.m. - 5:00 p.m.	<b>Open Gym</b> 6:00 a.m. - 5:00 p.m.	<b>Open Gym</b> 6:00 a.m. - 5:00 p.m.	<b>Open Gym</b> 12:00 p.m. - 3:00 p.m.

**HOURS OF OPERATION:** MONDAY – THURSDAY (6:00 a.m. - 9:00 p.m.) | FRIDAY (6:00 a.m. - 8:00 p.m.) | SATURDAY (9:00 a.m. - 3:00 p.m.) | SUNDAY (9:00 a.m. - 1:00 p.m.)

RUDE RECREATION CENTER, 2855 W. HOLDEN PLACE, DENVER, CO 80204 | 720.865.0570 | DENVERGOV.ORG/RECREATION