DENVER
PARKS & RECREATION

GLENARM RECREATION CENTER

SUMMER 2014, JUNE 1 - AUGUST 23

AQUA FITNESS SCHEDULE (ACTIVITIES LISTED ARE INCLUDED WITH REGIONAL AND LOCAL LEVEL PASSES/MEMBERSHIPS. ADDITIONAL FEES APPLY FOR NEIGHBORHOOD LEVELS.)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Water Walking 10:00 - 10:45 a.m.		**Water Walking** 10:00 - 10:45 a.m.		

Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim	11:00 a.m. - 1:30 p.m.	6:00 - 9:45 a.m. 11:45 a.m. - 1:30 p.m.	11:00 a.m. - 1:30 p.m.	6:00 - 9:45 a.m. 11:45 a.m. - 1:30 p.m.	11:00 a.m. - 1:30 p.m. 5:00 - 6:30 p.m.	9:30 - 12:00 p.m.
Open Swim	1:45 - 3:45 p.m. 6:15 - 7:30 p.m.	1:45 - 3:45 p.m.	1:45 - 3:45 p.m. 6:15 - 7:30 p.m.	1:45 - 3:45 p.m.	1:45 - 4:45 p.m.	12:00 p.m. - 3:00 p.m.

SWIM LESSON SCHEDULE (REGISTRATION FEES APPLY)

POOL AREA SHUTS DOWN 30 MINUTES PRIOR TO CLOSING

Session I (06/08/14 - 07/05/14)
Session II (07/13/14 - 08/09/14)
Summer Swim Team (06/09/14 - 08/09/14)

Registration Begins: 06/03/14

Monday/Wednesday
5:00 - 5:30 p.m. • Preschool (ages 3 - 5)
5:30 - 6:00 p.m. • Wave 1 and 2 (ages 5 - 17)

Tuesday/Thursday
11:00 - 11:30 a.m. • Parent-Child (ages 6mos - 5)
5:00 - 5:30 p.m. • Parent-Child (ages 6mos - 5)
5:30 - 6:00 p.m. • Preschool (ages 3 - 5)
6:00 - 6:30 p.m. • Wave 1/2 (ages 5 - 17)
6:30 - 7:00 p.m. • Wave 3/4 (ages 5 - 17)
7:00 - 7:30 p.m. • Preschool (ages 3 - 5)

Monday - Thursday
3:45 - 5:00 p.m. • Swim Team Practice

Upcoming Season Information
Session I (09/01/14 - 09/27/14)
Session II (10/5/14 - 11/01/14)
Session III (11/09/14 - 12/13/14)

Registration Begins: 08/19/14

(no classes 11/23/14 - 11/29/14)

Monday/Wednesday
5:00 - 5:30 p.m. • Preschool (ages 3 - 5)
5:30 - 6:00 p.m. • Wave 1/2 (ages 5 - 17)

Tuesday/Thursday
11:00 - 11:30 a.m. • Parent-Child (ages 6mos - 5)
5:00 - 5:30 p.m. • Parent-Child (ages 6mos - 5)
5:30 - 6:00 p.m. • Preschool (ages 3 - 5)
6:00 - 6:30 p.m. • Wave 1/2 (ages 5 - 17)
6:30 - 7:00 p.m. • Wave 3/4 (ages 5 - 17)
7:00 - 7:30 p.m. • Wave 5/6 (ages 5 - 17)