Be Healthy Denver

COMMUNITY HEALTH MATTERS

Be Healthy Denver is a new program to assess, monitor, and spearhead health improvement initiatives within Denver. This program is a collaboration between Denver Environmental Health and Denver Public Health; we are partnering with the Denver Health Foundation and a steering committee representing over 30 community-based and governmental organizations.

During the beginning of 2012 we completed a Health Assessment of Denver and are now working on a health improvement plan. As part of this effort, we are hosting 6 community events. Each event will have one hour of informational booths, activities, and food, followed by a 1.5 hour facilitated listening session. Community members can directly influence our Community Health Improvement Plan and health in their communities. The event dates, times, and locations are:

Sept. 22 - Rachel B Noel Middle School, 5290 Kittredge St. • Meeting at 3:30 p.m., activities open at 2:30 p.m.
Sept. 26 - Skinner Middle School, 3435 W. 40th Ave. (English/Spanish) (Childcare available) • Meeting at 5:30 p.m., activities open at 4:30 p.m.
Oct. 5 - Morey Middle School, 840 E. 14th Ave. (Childcare available) • Meeting at 6 p.m., activities open at 5 p.m.
Oct. 6 - Merrill Middle School, 1551 S. Monroe St. • Meeting at 10:30 a.m. activities open at 9:30 a.m.
Oct. 11 - Smiley Middle School, 2540 Holly St. (Childcare available) • Meeting at 5:30 p.m., activities open at 4:30 p.m.
Oct. 13 – Abraham Lincoln High School, 2285 South Federal Blvd. (English/Spanish) • Meeting at 11:30 a.m., activities open at 10:30 a.m.

The September 26th (Skinner Middle School) and October 13th (Abraham Lincoln High School) will have **Spanish language** meetings as well as English. The other dates are only in English; however, if you need assistance, we will try to find a bilingual person to help. Childcare is also available, free of charge, during the meetings on September 26th, October 5th, and October 11th. Please contact Michele.Shimomura@denvergov.org or 720-865-5375 to RSVP for childcare.

The purpose of the events is to listen, educate, and energize the public as we begin to gather input and prioritize health topics for the first ever Denver Community Health Improvement Plan. As a part of the events, we want to champion a healthy and active lifestyle. We are striving to be very inclusive and want to reach a large audience because we need to hear from a diverse group of people. We value your input.

For more information, please visit www.behealthydenver.org.

Denver Environmental Health — Promoting Healthy Communities

Denver Public Health — Promotion • Preparedness • Prevention • Protection

Denver Health — Level One Care For ALL

Denver — The Mile High City

Be Healthy Denver es un nuevo programa para evaluar, monitorear y liderar iniciativas de mejora de la salud dentro de Denver. Este programa es una colaboración entre el Denver Environmental Health y el Denver Public Health, nos estamos asociando con la Fundación de Salud de Denver y un comité directivo que representa a más de 30 organizaciones comunitarias y gubernamentales.

Al comienzo del 2012 se completó una evaluación de la salud de Denver y ahora estamos trabajando en un plan de mejora de la salud. Como parte de este esfuerzo, hemos organizado seis eventos comunitarios. Cada evento tendra una hora de puestos de información, actividades y comida, seguido de una session facilitada de hora y media. Miembros de la comunidad pueden influir directamente en nuestro Plan de Mejora de Salud Comunitaria y de la salud en sus comunidades. Las fechas de eventos, horarios y lugares son los siguientes:

Sept. 22 - Rachel B Noel Middle School, 5290 Kittredge St. • Junta a las 3:30 p.m., actividades comienzan a las 2:30 p.m.
Sept. 26 - Skinner Middle School, 3435 W. 40th Ave. (Ingles/Español) (Cuidado de niños disponible) • Junta a las 5:30 p.m., actividades comienzan a las 4:30 p.m.
Oct. 5 - Morey Middle School, 840 E. 14th Ave. (Cuidado de niños disponible) • Junta a las 6 p.m., actividades comienzan a las 5 p.m.
Oct. 6 - Merrill Middle School, 1551 S. Monroe St. • Junta a las 10:30 a.m. actividades comienzan a las 9:30 a.m.
Oct. 11 - Smiley Middle School, 2540 Holly St. (Cuidado de niños disponible) • Junta a las 5:30 p.m., actividades comienzan a las 4:30 p.m.
Oct. 13 – Abraham Lincoln High School, 2285 South Federal Blvd. (Ingles/Español) • Junta a las 11:30 a.m., actividades comienzan a las at 10:30 a.m.

El 26 de septiembre (Skinner Middle School) y 13 de octubre (Abraham Lincoln High School) tendra reuniones en español, así como tambien en Inglés. Los otros días son sólo en Inglés, sin embargo, si usted necesita ayuda, vamos a tratar de encontrar a una persona bilingüe para ayudarle. Cuidado de niños también estara disponible, de forma gratuita, durante las reuniones del 26 de septiembre, 5 de octubre y 11 de octubre. Por favor, póngase en contacto con Michele.Shimomura@denvergov.org o llame 720-865-5375 para confirmar que usted necesita cuidado de niños.

El propósito de los eventos es escuchar, educar y dar energía al público a medida que comenzamos a recopilar datos y dar prioridad a los temas de salud para el primer Plan de Mejoramiento de la Salud Comunitaria de Denver. Como parte de los eventos, queremos abogar por estilos de vida saludables y activos. Nos esforzamos por ser muy inclusivos y queremos llegar a un público amplio, porque queremos escuchar de un grupo diverso de personas. Valoramos su opinión.

Para obtener más información, visite www.behealthydenver.org.

Be Healthy Denver Steering Committee Partners / Socios del Comite Directivo de Be Healthy Denver::

Capitol Hill United Neighborhoods
Caring for Colorado Foundation
Center for African-American Health
Centura Health
CHARG Resource Center
Clinica Tepeyac
Colorado Alliance for Health Equity and Practice
Colorado Coalition for the Homeless
Colorado Health Foundation
Colorado Trust
Colorado United Health
Denver Community Planning and Development
Denver Early Childhood Council
Denver Environmental Health
Denver Health Foundation
Denver Health Medical Center
Denver Housing Authority
Denver Human Services
Denver Parks and Recreation Department
Denver Public Health
Denver Public Schools
Denver Public Works
Greenway Foundation
Groundwork Denver
Kaiser Permanente
LiveWell Colorado
Mental Health Center of Denver
Piton Foundation
Rose Community Foundation
Stapleton Foundation
Together Colorado
University of Colorado, School of Public Health