DENVER
PARKS & RECREATION

HIAWATHA DAVIS RECREATION CENTER

SUMMER 2014, JUNE 1 - AUGUST 23

AQUA FITNESS SCHEDULE (ACTIVITIES LISTED ARE INCLUDED WITH REGIONAL AND LOCAL LEVEL PASSES/MEMBERSHIPS. ADDITIONAL FEES APPLY FOR NEIGHBORHOOD LEVELS.)

Monday	Tuesday	Wednesday	Thursday	Friday
Aqua Aerobics 8:30 - 9:30 a.m.	**Deep Water Aerobics** 8:30 - 9:30 a.m.	**Aqua Aerobics** 8:30 - 9:30 a.m.	**Deep Water Aerobics** 8:30 - 9:30 a.m.	**Aqua Aerobics** 8:30 - 9:30 a.m.
Aqua Aerobics 9:30 - 10:30 a.m.		**Aqua Aerobics** 9:30 - 10:30 a.m.		**Aqua Aerobics** 9:30 - 10:30 a.m.
Water Polo: ages 6-18 5:30 - 7:30 p.m.		**Water Polo: ages 6-18** 5:30 - 7:30 p.m.		

SilverSneakers® honored at this site

SWIM HOURS (OPEN • LAP • ADULT • FAMILY)

Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim	7:00 - 8:30 a.m. 11:30 a.m. - 1:00 p.m. 5:45 - 6:45 p.m.	7:00 - 8:30 a.m. 11:30 a.m. - 1:00 p.m. 5:45 - 6:45 p.m.	7:00 - 8:30 a.m. 11:30 a.m. - 1:00 p.m. 5:45 - 6:45 p.m.	7:00 - 8:30 a.m. 11:30 a.m. - 1:00 p.m. 5:45 - 6:45 p.m.	7:00 - 8:30 a.m. 11:30 a.m. - 1:00 p.m. 5:30 - 6:45 p.m. (family)	9:00 a.m. - 12:00 p.m.
Open Swim	1:15 - 4:00 p.m.	1:15 - 4:00 p.m.	1:15 - 4:00 p.m.	1:15 - 4:00 p.m.	1:15 - 5:30 p.m.	12:00 - 3:45 p.m.

SWIM LESSON SCHEDULE (REGISTRATION FEES APPLY)

POOL AREA SHUTS DOWN 30 MINUTES PRIOR TO CLOSING

Summer Season Information
Session I (06/08/14 - 07/05/14)
Session II (07/13/14 - 08/09/14)
Summer Swim Team (06/16/14 - 08/10/14)

Registration Begins: 06/03/14

Tuesday/Thursday

- 9:30 - 10:00 a.m. ● Adult (ages 15+) ● Wave 3 (ages 5 - 17) ● Wave 4, 5 (ages 5 - 17)
- 10:00 - 10:30 a.m. ● Preschool (ages 3 - 5) ● Wave 1, 2 (ages 5 - 17)
- 10:30 - 11:00 a.m. ● Wave 3 (ages 5 - 17) ● Wave 4, 5 (ages 5 - 17)
- 11:00 - 11:30 a.m. ● Parent-Child (ages 6mos - 3) ● Preschool (ages 3 - 5) ● Wave 1, 2 (ages 5 - 17)
- 4:00 - 4:30 p.m. ● Preschool (ages 3 - 5) ● Wave 1, 2 (ages 5 - 17)
- 4:30 - 5:00 p.m. ● Wave 3, 4, 5 (ages 5 - 17) ● Wave 4, 5 (ages 5 - 17)
- 5:00 - 5:30 p.m. ● Preschool (ages 3 - 5) ● Wave 1, 2 (ages 5 - 17)

Upcoming Season Information
Session I (08/31/14 - 09/2714)
Session II (10/05/14 - 11/01/14)
Session III (11/09/14 - 12/13/14)

Registration Begins: 08/25/14

(no classes 11/23/14 - 11/29/14)

Monday/Wednesday

- 4:30 - 5:30 p.m. ● Life After Lessons (age 5-17)

Tuesday/Thursday

- 9:30 - 10:00 a.m. ● Adult (ages 15+)
- 10:00 - 10:30 a.m. ● Preschool (ages 3 - 5)
- 10:30 - 11:00 a.m. ● Preschool (ages 3 - 5)
- 11:00 - 11:30 a.m. ● Parent-Child (ages 6mos - 3)
- 4:00 - 4:30 p.m. ● Preschool (ages 3 - 5) ● Wave 1, 2 (ages 5 - 17)
- 4:30 - 5:00 p.m. ● Wave 3, 4, 5 (ages 5 - 17)
- 5:00 - 5:30 p.m. ● Preschool (ages 3 - 5) ● Wave 1, 2 (ages 5 - 17)

Revised 05-27-14