ASHLAND RECREATION CENTER

SUMMER 2013, JUNE 2 - AUGUST 24

ACTIVITIES LISTED ARE INCLUDED WITH REGIONAL AND LOCAL LEVEL PASSES/MEMBERSHIPS. ADDITIONAL FEES APPLY FOR NEIGHBORHOOD LEVELS.

GYMNASIUM SCHEDULE (SUBJECT TO CHANGE WITHOUT NOTICE)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Open Gym 6:00 a.m 12:00 p.m.	Open Gym 6:00 a.m 6:45 p.m.	Open Gym 6:00 a.m 12:00p.m.	Open Gym 6:00 a.m 6:45 p.m.	Open Gym 2:00 - 6:45p.m.	Open Gym 8:00 a.m 1:45 p.m.
Open Gym 2:00 - 6:45p.m.		Open Gym 2:00 - 6:45p.m.			

HOURS OF OPERATION: MONDAY - THURSDAY (6:00 a.m. - 7:00 p.m.) | FRIDAY (11:30 a.m. - 7:00 p.m.) | SATURDAY (8:00 a.m. - 2:00 p.m.)



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AQUA FITNESS SCHEDULE (ACTIVITIES LISTED ARE INCLUDED WITH REGIONAL AND LOCAL LEVEL PASSES/MEMBERSHIPS. ADDITIONAL FEES APPLY FOR NEIGHBORHOOD LEVELS.)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Aqua Aerobics 8:00 - 9:00 a.m.	Aqua Aerobics 8:00 - 9:00 a.m.	Aqua Aerobics 8:00 - 9:00 a.m.		

SWIM HOURS (OPEN • LAP • ADULT • FAMILY)

Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim	6:00 - 9:00 a.m. 11:30 a.m 1:30 p.m. 5:00 - 6:45 p.m.	6:00 - 8:00 a.m. 11:30 a.m 1:30 p.m. 5:00 - 6:45 p.m.	6:00 - 8:00 a.m. 11:30 a.m 1:30 p.m. 5:00 - 6:45 p.m.	6:00 - 8:00 a.m. 11:30 a.m 1:30 p.m. 5:00 - 6:45 p.m.	11:30 a.m 1:30 p.m. 5:00 - 6:45 p.m.	8:00 - 10:00 a.m.
Open Swim Lap & Leisure Pool	1:45 - 5:00 p.m.	1:45 - 5:00 p.m.	11:00 a.m 1:45 p.m.			
Open Swim Leisure Pool	5:00 - 6:45 p.m.	5:00 - 6:45 p.m.				
Open Swim Leisure Pool Adults & Tots	11:30 a.m 1:15 p.m.	11:30 a.m 1:15 p.m.	8:00 - 10:00 a.m.			

SWIM LESSON SCHEDULE (REGISTRATION FEES APPLY)

Session I (06/10/13 - 06/27/13): Registration begins 05/28/13 **Session II (07/08/13 - 08/01/13):** Registration begins 07/01/13

Monday/Wednesday

10:00 - 10:30 a.m. • Wave 4, 5, 6 (ages 5 - 17) 10:30 - 11:00 a.m. • Wave 1, 2,3 (ages 5 - 17) 11:00 - 11:30 a.m. • Preschool (ages 3 - 5)

Tuesday/Thursday

10:00 - 10:30 a.m.
Wave 4, 5, 6 (ages 5 - 17)
Wave 1, 2, 3 (ages 5 - 17)
Wave 1, 2, 3 (ages 5 - 17)
Parent-Child (ages 6mos - 3) • Wave 3 and 4 (ages 5 - 17)

ASHLAND RECREATION CENTER, 2501 W. DUNKELD PLACE, DENVER, CO 80211 | 720.865.0500 | DENVERGOV.ORG/RECREATION