DENVER PARKS & RECREATION

GREEN VALLEY RANCH RECREATION CENTER

FALL 2014, AUGUST 24 - NOVEMBER 29

ACTIVITIES LISTED ARE INCLUDED WITH REGIONAL AND LOCAL LEVEL PASSES/MEMBERSHIPS. ADDITIONAL FEES APPLY FOR NEIGHBORHOOD LEVELS.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Core Training 9:00 - 9:45 a.m.	SilverSneakers® Classic 11:30 a.m. - 12:30 p.m.	Core Training 9:00 - 9:45 a.m.	Core Training 6:00 - 6:45 p.m.	Core Training 9:00 - 9:45 a.m.	ZUMBA® 11:00 a.m. - 12:00 p.m.
SilverSneakers® Cardio 11:00 a.m. - 12:00 p.m.	SilverSneakers® Yoga 12:45 - 1:45 p.m.	SilverSneakers® Cardio 11:00 a.m. - 12:00 p.m.		SilverSneakers® Classic 11:30 a.m. - 12:30 p.m.	
Power Sculpt 6:00 - 7:00 p.m.		ZUMBA® 5:30 - 6:30 p. m.	Power Sculpt 7:00 - 8:00 p.m.		

SilverSneakers® honored at this site

MY Denver youth activities schedule available on site

GYMNASIUM SCHEDULE (SUBJECT TO CHANGE WITHOUT NOTICE)

Court	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
East Court	Omar D Blair 7:30 a. m. - 5:30 p. m.	Omar D Blair 7:30 a. m. - 5:30 p. m.	Omar D Blair 7:30 a. m. - 5:30 p. m.	Omar D Blair 7:30 a. m. - 5:30 p. m.	Omar D Blair 7:30 a. m. - 5:30 p. m.	Open Gym 10:00 a.m.- 4:00 p.m.
	Open Gym 6:00 - 7:30 a. m. 5:30 - 8:00 p. m.	Open Gym 6:00 - 7:30 a. m. 5:30 - 8:00 p. m.	Open Gym 6:00 - 7:30 a. m. 5:30 - 8:00 p. m.	Open Gym 6:00 - 7:30 a. m. 5:30 - 8:00 p. m.	Open Gym 6:00 - 7:30 a. m. 5:30 - 8:00 p. m.	Open Gym 10:00 a.m.- 4:00 p.m.
West Court	Omar D Blair 7:30 a. m. - 3:30 p. m.	Omar D Blair 7:30 a. m. - 3:30 p. m.	Omar D Blair 7:30 a. m. - 3:30 p. m.	Omar D Blair 7:30 a. m. - 3:30 p. m.	Omar D Blair 7:30 a. m. - 3:30 p. m.	Open Gym 10:00 a.m. - 4:00p.m.
	Open Gym 6:00 - 7:30 a. m. 5:00 - 8:00 p. m.	Open Gym 6:00 - 7:30 a. m. 5:00 - 8:00 p. m.	Open Gym 6:00 - 7:30 a. m. 5:00 - 8:00 p. m.	Open Gym 6:00 - 7:30 a. m. 5:00 - 8:00 p. m.	Open Gym 6:00 - 7:30 a. m. 5:00 - 8:00 p. m.	Open Gym 10:00 a.m. - 4:00p.m.

HOURS OF OPERATION: MONDAY – FRIDAY (6:00 a.m.- 8:00 p.m.) | SATURDAY (10:00 a.m. - 4:00 p.m.) | SUNDAY (closed)

GREEN VALLEY RANCH RECREATION CENTER, 4890 ARGONNE WAY, DENVER, CO 80249 | 303.375.3857 | DENVERGOV.ORG/RECREATION

Revised 08-15-14