DENVER
PARKS & RECREATION

ASHLAND INDOOR POOL

SUMMER 2014, JUNE 1 - AUGUST 23

AQUA FITNESS SCHEDULE (ACTIVITIES LISTED ARE INCLUDED WITH REGIONAL AND LOCAL LEVEL PASSES/MEMBERSHIPS. ADDITIONAL FEES APPLY FOR NEIGHBORHOOD LEVELS.)

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Aqua Aerobics 8:00 - 9:00 a.m.	**Aqua Aerobics** 8:00 - 9:00 a.m.	**Aqua Aerobics** 8:00 - 9:00 a.m.		

SWIM HOURS (OPEN • LAP • ADULT • FAMILY)

Activity	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim	6:00 - 9:00 a.m. 11:30 a.m. - 1:30 p.m. 5:00 - 7:00 p.m.	6:00 - 8:00 a.m. 11:30 a.m. - 1:30 p.m. 5:00 - 7:00 p.m.	6:00 - 8:00 a.m. 11:30 a.m. - 1:30 p.m. 5:00 - 7:00 p.m.	6:00 - 8:00 a.m. 11:30 a.m. - 1:30 p.m. 5:00 - 7:00 p.m.	11:30 a.m. - 1:30 p.m. 5:00 - 7:00 p.m.	8:00 - 10:00 a.m.
Open Swim Lap Pool	1:45 - 5:00 p.m.	1:45 - 5:00 p.m.	1:45 - 5:00 p.m.	1:45 - 5:00 p.m.	1:45 - 5:00 p.m.	10:00 a.m. - 2:00 p.m.
Family Swim Leisure Pool Under 17 must be with an adult in the water	11:30 a.m. - 1:15 p.m.	11:30 a.m. - 1:15 p.m.	11:30 a.m. - 1:15 p.m.	11:30 a.m. - 1:15 p.m.	11:30 a.m. - 1:15 p.m.	8:00 a.m. - 2:00 p.m.
Open Swim Leisure Pool	1:45 p.m. - 7:00p.m.	1:45 p.m. - 7:00p.m.	1:45 p.m. - 7:00p.m.	1:45 p.m. - 7:00p.m.	1:45 p.m. - 7:00p.m.	8:00 a.m. - 2:00 p.m.

SWIM LESSON SCHEDULE (REGISTRATION FEES APPLY)

Session I (06/08/14 - 07/05/14)
Session II (07/13/14 - 08/09/14)
Summer Swim Team (06/16/14 - 08/10/14)

Registration Begins: 06/03/14

Monday/Wednesday

10:00 - 10:30a.m.	Wave 4, 5, 6 (ages 5 - 17)
10:30 - 11:00a.m.	Wave 1, 2, 3 (ages 5 - 17)
11:00 - 11:30a.m.	Preschool (ages 3 - 5)

Tuesday/Thursday

10:00-10:30a.m.	Wave 4, 5, 6 (ages 5 – 17)
10:30-11:00a.m.	Wave 1, 2, 3 (ages 5-17)
11:00-11:30a.m.	Parent child (age 6 mos. – 3)

Upcoming Season Information

Session I (08/31/14 - 09/27/14)
Session II (10/05/14 - 11/01/14)
Session III (11/09/14 - 12/13/14)

Registration Begins: 08/19/14

(no classes 11/23/14 - 11/29/14)

Monday/Wednesday

6:00 - 6:30p.m.	Preschool (ages 3 - 5)
6:30 - 7:00p.m.	Wave 1, 2 (ages 5 - 17)
7:00 - 7:30p.m.	Wave 3, 4 (ages 5 - 17)

Saturday

9:30 - 10:00a.m.	Preschool (ages 3 - 5)
10:00 - 10:30a.m.	Wave 1, 2 (ages 5 - 17)
10:30 - 11:00a.m.	Parent child (age 6 mos. - 3)

Revised 05-27-14