

# DENVER

# 2007



# ELDER RESOURCE GUIDE

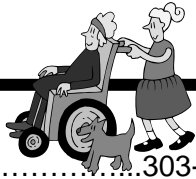
**DENVER COMMISSION  
ON AGING**



720-913-8477 VOICE  
720-913-8475 TDD  
720-913-8470 FAX

Pamphlet compliments of the Agency for Human  
Rights and Community Relations  
Denver Commission on Aging  
201 West Colfax Ave.,  
Dept. 1102  
Denver, CO 80202

**ADULT DAY CARE**



- Break Southwest.....303-986-9862
- Garden Terrace.....303-750-8418 (ext. 119)  
Alzheimers Center
- Morning Star.....303-361-0898
- Seniors' Choice Adult Day Care.....303-344-0046
- Senior Support Services.....303-832-1622
- Total Long Term Care.....303-869-4664

**CONSUMER FRAUD / IDENTITY THEFT**



- Attorney General's Office.....303-866-5189
- Better Business Bureau.....303-758-5700
- Colorado Consumer Line.....1-800-222-4444
- Denver District Attorney.....720-913-9179
- AARP ElderWatch.....303-222-4444
- Legal Aid Society.....303-837-1313
- Social Security Fraud Hotline.....1-800-269-0271

**DENTAL PROGRAMS**



- Colorado DHCA.....303-430-7399
- Colorado Foundation of Dentistry.....303-534-5299
- Dentistry for the Handicapped.....303-534-5360
- Denver Health Medical Center.....303-602-8200  
Dental Program
- Donated Dental Services.....303-534-5360
- Seniors Answers & Services.....303-333-3482

**DENVER HEALTH MEDICAL CENTER**

**RESOURCES**



- Colorado AIDS Project.....303-837-1501
- Denver Cares.....303-436-3500
- General Information.....303-436-7200
- Senior Care of Colorado.....303-695-2930

- Senior Plus.....303-436-7111
- Vital Records.....303-436-7350  
(birth/death certificates)

**DOMESTIC VIOLENCE / ELDER ABUSE / VICTIM ASSISTANCE**



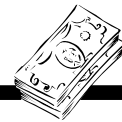
- Brandon Center.....303-620-9190
- Colorado Coalition for Elder Rights  
and Adult Protection.....303-866-2849  
OR 1-800-773-1366
- Denver Adult Protective Services.....720-944-2994
- Denver Center for Crime Victims.....303-894-8000
- Denver Safehouse.....303-830-2660
- DRCOG Long-Term Care .....303-455-1000  
Ombudsman (Nursing Homes/Assisted Living  
Facilities)
- Family Violence Alternative.....303-289-4441
- Gateway Battered Women's.....303-343-1851  
Shelter

**EMERGENCY SERVICES**



- American Red Cross .....303-722-7474  
(Disaster relief)
- Life Threatening.....911**
- Life Line (Neck Monitoring).....1-800-451-0525
- Denver Office of Emergency Management....311

**FINANCIAL ASSISTANCE**



- Association of Senior Citizens.....303-455-9642
- Benefits CheckUp.....303-899-5582  
OR 1-866-550-2752
- Denver County Human Services.....720-944-3666  
(Old Age Pension and  
Qualified Medical Benefits)
- Salvation Army.....303-295-3366
- Seniors, Inc.....303-300-6900  
(Money Management)

- Social Security and SSI Information.....303-844-6766  
OR 1-800-772-1213
- Social Security Fraud Hotline.....1-800-269-0271
- Denver Tax Rebate .....720-865-7000

**GRANDPARENT INFORMATION**



- Denver Human Services.....720-944-3660  
Families to Families Initiative
- Grandparent and Kin Support.....303-742-0823  
(ext. 620)  
Through Catholic Charities
- Grandparent Resource Center.....303-980-5707
- Grandparents' Rights Center.....303-789-1580

**HEARING SERVICES**



- Center for Health.....303-322-1871  
Speech and Language
- Denver Ear Institute.....303-788-7880
- International Hearing Society.....1-800-521-5247
- National Hearing Aid Bank.....1-800-648-4327  
(Hear Now)
- Relay of Colorado.....1-800-659-3656  
(Communication Relay)
- Seniors Answers & Services.....303-333-3482
- Sign Language Associates.....303-321-6772

**HOSPICES**



- Agape Hospice Services.....720-482-1988
- Exempla Home Care.....303-425-8000
- Hospice of Metro Denver.....303-321-2828
- Life Quality Institute.....303-398-6230
- Namaste Comfort Center.....303-860-9915
- Odyssey Healthcare of Denver.....303-561-1955
- Porter Hospice/Hospice of Peace.....303-561-5100
- Parkinson Association of the Rockies...303-830-1839
- Share the Care.....646-467-8097

- VistaCare.....303-639-9243
- VNA Hospice at Home.....303-744-6363

**INFORMATION**



**REFERRAL**

- Benefits CheckUp.....303-899-5582  
OR 1-866-550-2752
- Denver Commission on Aging.....720-913-8477
- Denver Regional Council.....303-455-1000  
of Governments
- DRCOG Area Agency on Aging.....303-455-1000
- National Elder Care Locator.....1-800-677-1116
- Senior Answers and Services.....303-333-3482
- Seniors Inc. Help Program.....303-300-6900
- Seniors Resource Center.....303-238-8151
- Volunteers of America.....303-297-0408

**LEGAL ASSISTANCE**



- Colorado Legal Services.....303-837-1313
- Grandparent and Kin Support..303-742-0823 ext. 620  
Through Catholic Charities
- Elderwatch Hotline.....303-222-4444
- Guardianship Alliance of Colorado.....303-423-2898
- Landlord/Tenant Disputes.....303-831-1935  
(Community Housing Services)

**LIFELONG LEARNING**



- Active Minds for Life.....303-320-7652
- Colorado Academy.....303-770-0786
- Osher Lifelong Learning Institute.....303-871-6522  
At the University of Denver (VIVA)

**MENTAL HEALTH**



- Asian Pacific Center.....303-893-0304
- CHARG Resource Center.....303-830-8805
- Denver Health Medical Center (DGH)...303-436-6000
- Denver Health Psychiatric Emergency..303-436-6266
- Fort Logan.....303-866-7066
- Jewish Family Services.....303-759-4890
- Mental Health Association of Colorado...720-208-2220

National Mental Health.....1-800-969-6642  
 Servicios de la Raza.....303-458-5851  
 Suicide Prevention Hotline.....1-800-784-2433

**NEIGHBORHOOD HEALTH CENTERS**

**IN DENVER**



Bernard Gipson Eastside.....303-436-4600  
 Health Center

Community Health Services Program...303-436-5444

Eastside Family Health Center.....303-436-4600

La Casa/Quigg Newton.....303-455-8700  
 Family Health Center

La Mariposa Family Health Center.....303-572-4782

Lowry Family Health Center.....303-436-4545

Montbello Family Health Center.....720-956-2730

Park Hill Family Health Center.....303-321-1160

Sam Sandos Westside.....303-436-4200  
 Family Health Center

Stout Street Clinic.....303-293-2220

University Senior Clinic.....303-315-7851

Westside Family Health Center.....303-436-4200

Westwood Family Health Center.....720-956-2921

Immigration and Naturalization.....1-800-375-5283  
 Services (INS)

**NUTRITION / MEALS**

*(Please Call First)*

**FOOD BANKS**



Agape Christian Center.....303-296-2454  
 (M-F, 9-2)

Basilica of Immaculate.....303-831-7010  
 Conception (1:30-4)

Catholic Charities Center .....303-922-5205  
 (M-W-F, 9-3:30)

Community Ministry .....303-936-0469  
 (M-W-TH 10-2, T 2-6)

Emergency Family Center .....303-295-3366  
 (M-F 8:30-12, 1-4)

Food Bank of the Rockies.....303-371-9250

Greater Park Hill Community.....303-388-0918  
 (M-TH 9-1)

Jewish Family Services .....303-759-4890  
 (M-F 8:15-4:45)

Metro Caring .....303-860-7200  
 (M-Th 9:30-3, F 9-12)

Presentation of Our Lady Parish ....303-534-4882  
 (M-F 9-2)

Senior Support Services .....303-832-1622  
 (M-F 1:30-2:30)

Seventh Day Adventist Church .....303-329-0129  
 (M-F, 9-5)

SHARE Colorado (Co-op).....303-428-0400  
 OR 1-800-933-7427

St. Frances De Sales Church .....303-744-7211  
 (M-F 9-12)

St. Patrick's Mission(Th 11-12, 4-6) .....303-433-6328

**MEALS**

People's Presbyterian Church.....303-297-9071  
 (M 11-12:30, W 11:30-12)

St. Elizabeth's Church.....303-534-4014  
 (M-SUN @ 11)

Volunteers of America.....303-294-0111  
 (Meal sites/Meals on Wheels)

**FOOD BANK & MEALS**

Broadway Assistance Center.....303-893-4108  
 at St. Joseph's (M&F 9-1, 5-6:30)

Campbell AME Church(T-F 9-2).....303-839-5058

Denver Inner City Parish.....303-629-0636  
 (M,TH,F 9-1, Lunch W,TH,F at 12)

St. Anthony's Church.....303-935-2431  
 (Tue.-Fri., 11:30-1:30)



**ORGANIZATIONS FOR SPECIAL POPULATIONS**

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- Asian/Pacific Center.....303-393-0304
- Denver Indian Center.....303-936-2688
- Foreign Language Interpreters:  
 Colorado Department of Health.....303-866-4008  
 Care policy & Financing OR  
 Denver Commission for.....720-913-8480  
 People with Disabilities
- Gay, Lesbian, Bisexual.....303-733-7743  
 Community Center of Colorado
- Immigration and Naturalization.....1-800-375-5283  
 Services (INS)
- Jewish Family Services.....303-597-5000
- Senior Support Services.....303-832-1622  
 (For the Homeless)
- Servicios de la Raza (Hispanic/Latino)..303-458-5851
- Southwest Improvement Council.....303-934-2181  
 SWIC (American Indian)
- Translation and Interpreting.....303-996-0976  
 Center for Crime Victims
- Urban League of Metro Denver.....303-388-5861
- Vietnamese Elderly Association.....303-922-3033  
 of Colorado

**OTHER HEALTH GROUPS**

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- ALS Association.....303-832-2322  
 Rocky Mountain Chapter (Lou Gehrig's Disease)
- Alzheimer's Association.....303-813-1669
- American Lung Association.....303-388-4327
- American Cancer Society.....303-758-2030
- American Diabetes.....720-855-1102  
 Association
- American Heart Association.....303-369-5433
- Arthritis Foundation.....303-756-8622
- Ask-a-Nurse.....303-777-6877

- Denver Indian Center.....303-936-2688
- Horizon Home Care.....303-695-1460
- Medicaid Information.....303-866-3513  
 OR 1-800-332-6681
- Medicare Information.....1-800-332-6681
- National Multiple Sclerosis Society.....303-831-0700  
 (Colorado Chapter)
- Rape Assistance & Awareness.....303-329-9922  
 Program (RAAP)  
 24-Hour Hotline.....303-322-7273
- Rocky Mountain Stroke Association.....303-730-8800
- Visiting Nurse Association.....1-800-VNA-9693  
 OR 303-698-2121

**PERScription ASSISTANCE**

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- AARP Pharmacy Service.....1-800-456-2277
- Diabetics Care.....1-800-500-6995
- Metro CareRing.....303-860-7200
- RxAssist.....303-899-5581  
 (St. Anthony's Hospital Senior Program)



**REPAIRS/MAINTENANCE**

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- Brothers Redevelopment.....303-202-6340
- Denver Urban Renewal Authority.....303-534-3872
- Handyman Program.....303-297-0408
- Volunteers of America (MINOR)
- Rebuilding Together.....303-524-0840
- Seniors Resource Center .....303-238-8151  
 (minor repairs)
- Sun Power, Inc. (weatherization).....303-832-1514

**SUPPORT GROUPS**

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- AIDS – Colorado AIDS Project.....303-837-1501
- Alzheimers Association.....303-813-1669

Compassionate Friends.....303-281-8452  
 Hep C Connection.....303-860-0800  
 Families First.....303-695-7996  
 Myasthenia Gravis Association.....303-360-7080  
 Parents, Family and Friends .....303-333-0286  
 of Lesbians and Gays  
 Respite/In Home Care.....303-426-4408  
 Stroke Support Group.....303-730-8800  
 Widowed Persons Service.....303-764-5996

**TRANSPORTATION**



American Cancer Society.....303-758-2030 (ext. 476)  
 American Red Cross.....303-722-7474  
 RTD Access-A-Ride.....303-299-6000  
 (Disabled or Elderly)  
 RTD Light Rail Schedule Information...303-299-6000  
 RTD Route/Schedule Information.....303-299-2960  
 RTD Senior Ride/Saturday Shopper.....303-299-6503

**VISION SERVICES**



Colorado Center for the Blind.....303-778-1130  
 Colorado Optometric Center.....303-295-2402  
 Colorado Talking Book Library.....303-727-9277  
 Health Set Senior Vision.....303-595-6641  
 Seniors Answers & Services.....303-333-3482

**XCEL ENERGY UTILITY ASSISTANCE**



Emergency Electrical Problem.....1-800-895-1999  
 Emergency Gas Problem.....1-800-895-2999  
 Customer Service.....1-800-895-4999

**FOR INFORMATION  
OR ADDITIONAL  
SERVICES,  
CALL 311**

