



Adult Day Care

- Johnson Adult Day Program 303/789-1519
- Seniors Resource Center 303/986-9862
- Seniors Choice Adult Day Care.. 303/344-0046
- Senior Support Services 303/832-1622
- Total Long Term Care 303/869-4664

Consumer Fraud/ID Theft



- Attorney General's Office 303/866-5199
- Better Business Bureau..... 303/758-5700
- Denver District Attorney..... 720/913-9179
- Legal Aid Society 303/837-1313
- Social Security Fraud Hotline 1800/269-0271



Dental Programs

- Colorado DHCA 303/430-7399
- Dentistry for the Handicapped 303/534-5360
- Denver Health Dental Program..... 303/602-8200
- Donated Dental Services 303/534-5360
- Seniors Answers & Services 303/333-3482

Medical Center Resources



- CO AIDS Project 303/837-1501
- Denver Cares 303/436-3500
- Denver Public Health 303/436-6000
- Senior Care of CO..... 303/695-2930
- Vital Records (Birth/Death Certificates)..... 303/436-7350

For Information or
Additional Services
Call 311



DENVER
THE MILE HIGH CITY

311
for City Services
Denver gets it done!

Pamphlet compliments
of the Agency for
Human Rights and
Community Relations,
Denver Commission
on Aging
201 W Colfax Ave,
Dept 1102
Denver, CO. 80202
720/913-8477

DENVER 2008 Elder Resource Guide



Denver
Commission on Aging

720/913-8477 Voice

720/913-8475 TDD

720/913-8470 Fax

Denver Commission on Aging
201 W. Colfax Ave. Dept 1102
Denver, CO. 80202

- Families First..... 303/695-7996
- Myasthenia Gravis Association 303/360-7080
- Parents, Family and Friends
Of Lesbians and Gays 303/333-0286
- The Senior Hub Inc 303/426-4408
- Stroke Support Group 303/730-8800
- Widowed Persons Service 303/764-5996

Transportation



- American Cancer Society (ext-476)303/758-2030
- American Red Cross..... 303/722-7474
- RTD Access-A-Ride 303/299-2960
(Disabled or Elderly)
- RTD Light Rail Schedule Information..... 303/299-6000
- RTD Route /Schedule Information..... 303/299-6000
- RTD Senior Ride/Saturday Shopper 303/299-6503



Vision Services

- CO Center for the Blind 303/778-1130
- CO Optometric Center..... 303/295-2402
- CO Talking Book Library..... 303/727-9277
- Seniors Answers & Services..... 303/333-3482

Xcel Energy Utility Assistance



- Xcel Emergency Electrical Problem 1800/895-1999
- Emergency Gas Problem..... 1800/895-2999
- Customer Service..... 1800/895-4999

Domestic Violence/Elder Abuse/Victim Assistance



- AARP ElderWatch 1800/222-4444
- Brandon Center 303/620-9190
- CO Coalition for Elder Rights 303/866-2849
- And Adult Protection..... 1800/773-1366
- Denver Adult Protective Services 720/944-2994
- Denver Center for Crime Victims 303/894-8000
- Denver Safehouse 303/830-2660
- DRCOG Long Term Care Ombudsman
(Assisted Living & Nursing Home Facilities) 303/455-1000
- Family Violence Alternative 303/289-4441
- Gateway Battered Women's Shelter 303/343-1851

Emergency Services



- American Red Cross
(Disaster Relief) 303/722-7474
- Life Threatening 911
- Life Line (Neck Monitoring)..... 1800/451-0525
- Denver Office of Emergency Management..... 311



Financial Assistance

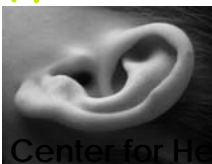
- Association of Senior Citizens 303/455-9642
- Benefits Check Up 303/629-4996
- 1866/550-2752
- Denver County Human Services
(Old Age Pension & QMB) 720/944-3666
- Salvation Army 303/295-3366
- Seniors Inc..... 303/300-6900
(Money Management)

Social Security and SSI Info..... 1800/772-1213
 Social Security Fraud Hotline 1800/269-0271
 Denver Tax Rebate 720/865-7000

Grandparent Information



Grandparent and Kin Support (ext-620)303/742-0823
 Grandparent Resource Center 303/980-5707



Hearing Services

Center for Health, Speech & Language 303/322-1871
 Denver Ear Associates 303/788-7880
 International Hearing Society 1800/521-5247
 National Hearing Aid Bank 1800/648-4327
 (Hear Now)
 Relay of CO 1800/6592650
 (Communication Relay)
 Seniors Answers & Services 303/333-3482
 Sign Language Associates 303/321-6772

Hospices

Agape Hospice Services 720/482-1988
 Exempla Lutheran Hospice 303/425-8000
 Denver Metro Hospice 303/321-2828
 Life Quality Institute 303/398-6230
 Namaste Hospice 303/860-9915



Medicaid Info 7200/221-3943
 or 303/866-3513
 Medicare Info 1800/633-4227
 Rape Assistance & Awareness (RAAP) 303/329-9922
 24hr Hotline 303/322-7273
 Rocky Mountain Stroke Association 303/730-8800
 Visiting Nurse Association 1800/VNA-9693
 or 303/698-2121



Prescription Assistance

AARP Pharmacy Service 1800/456-2277
 Diabetic Care 1800/500-6995
 Metro CareRing 303/860-7200
 RX Assist 303/899-5581
 (St. Anthony's Hospital Senior Prgrm)
 Medicare Assistance (TTY) 1800/633-4222
 or 1877/486-2048

Repairs/Maintenance



Brothers Redevelopment 303/202-6340
 Denver Urban Renewal Authority 303/534-3872
 Handyman Program (VOA) 303/297-0408
 Seniors Resource Center (Minor Repairs) 303/238-8151
 Rebuilding Together 720/524-0840



Support Groups

CO AIDS Project 303/837-0166
 Alzheimers Association 303/813-1669
 Compassionate Friends 303/281-8452
 Hep C Connection 303/860-0800



Organizations for Special Populations

Asian/Pacific Center.....	303/393-0304
Denver Indian Center	303/936-2688
Foreign Language Interpreters: CO Dept of HealthCare Policy & Financing	303/866-4008
Denver Office of Disability Rights	720/913-8480
Gay, Lesbian, Bisexual, Community Center of CO	303/733-7743
Immigration & Naturalization Services (INS).....	1800/375-5283
Jewish Family Services	303/597-5000
Senior Support Services (for the homeless)	303/832-1622
Servicios de la Raza (Hispanic/Latino)	303/458-5851
Southwest Improvement Council	303/934-2181
SWIC (American Indian) Translation and Interpreting	303/996-0976
Center for Crime Victims Urban League of Metro Denver	303/388-5861
Vietnamese Elderly Association of CO.....	303/922-3033

Other Health Groups



ALS Association	303/832-2322
Alzheimer's Association	303/813-1669
American Lung Association.....	303/388-4327
American Cancer Society	303/758-2030
American Diabetes Association.....	720/855-1102
American Heart Association.....	303/369-5433
Arthritis Foundation	303/756-8622
Ask A Nurse	303/777-6877
Denver Indian Center	303/936-2688
Horizon Home Care	303/695-1460
National Multiple Sclerosis Society	303/8310700

Odyssey Healthcare of Denver.....	303/561-1955
Porter Hospice/St. Anthony's Hospice.....	303/561-5100
Parkinson Association of the Rockies.....	303/830-1839
Share the Care.....	212/991-9688
VistaCare/Odyssey	303/639-9243
VNA Hospice at Home.....	303/698-2121
	303/744-6363



Information Referral

Benefits Check Up	303/899-5582
or	1866/550-2752
Denver Commission on Aging	720/913-8477
Area Agency on Aging (DRCOG)	303/480-6733
Elder Care Locator	1800/677-1116
Senior Answers and Services.....	303/333-3482
Seniors Inc. Help Program	303/300-6900
Seniors Resource Center.....	303/238-8151
Volunteers of America	303/297-0408

Legal Assistance



CO Legal Services	303/837-1313
Elderwatch Hotline	303/222-4444
Guardianship Alliance of CO	303/228-5382
Landlord Tenant Disputes (Community Housing Services).....	303/831-1935
Senior Housing	ext. 202



Lifelong Learning

- Active Minds for Life..... 303/320-7652
- Academy for Lifelong Learning 303/770-0786
- Lifelong Enrichment Program Learning Center
@ The University of Denver 303/871-3610
303/871-2291

Mental Health



- CHARG Resource Center 303/830-8805
- Denver Health Medical Center (DGH) 303/436-6000
- Denver Health Psychiatric Emergency 303/436-6222
- CO Mental Health Institution @ Fort Logan . 303/866-7066
- Jewish Family Services 303/597-5000
- Mental Health America of CO 720/208-2220
- Mental Health America 1800/969-6642
- Servicios de la Raza..... 303/458-5851
- National Suicide PrevetionHotline..... 1800/784-2433



Neighborhood Health Centers in Denver

- Bernard Gipson Eastside Health Center 303/436-4600
- La Casa/Quigg Newton 303/436-8700
- La Mariposa Family Health Center..... 720/956-2260
- Lowry Family Health Center 303/436-4545
- Montebello Family Health Center 720/956-2730
- Park Hill Family Health Center 303/956-2820
- Sam Sandos Westside Family Health Center 303/436-4200
- Stout Street Clinic 303/293-2220
- University Senior Clinic 720/848-3400
- Westside Family Health Center..... 303/436-4200

- Westwood Family Health Center 720/956-2900
- Immigration and Naturalization Srvcs (INS)1800/375-5283

Nutrition/Meals



*(Please Call First
as days & times may vary)*

Food Bank

- Agape Christian Church..... 303/296-2454
- Basilica of Immaculate Conception 303/831-7010
(Emergency Food Bank)
- Catholic Charities Center 303/922-5205
- Community Ministry 303/936-0469
- Salvation Army Family Services 303/295-3366
- Food Bank of the Rockies 303/371-9250
- Greater Park Hill Community..... 303/388-0918
- Jewish Family Services..... 303/597-5000
- Metro Caring..... 303/860-7200
- Senior Support Services 303/832-1622
- Seventh Day Adventist Church 303/329-0129
- Food Share CO (CO-Op) 303/428-0400
1800/9337427
- St. Frances De Sales Church..... 303/744-7211
- Bienvenidos Food Bank
- St. Patrick's Mission..... 303/433-6328

Meals

- People's Presbyterian Church..... 303/297-9071
- St. Elizabeth's Church..... 303/534-4014
- Volunteer's of America 303/294-0111
(Meal sites/Meals on Wheels)

FOOD BANK & MEALS

- Broadway Assistance Center 303/893-4108
- Campbell AME Church 303/839-5058
- Denver Inner City Parish..... 303/629-0636
- St. Anthony's Church..... 303/935-2431