



DENVER[®]
THE MILE HIGH CITY

City and County of Denver
Parks and Recreation

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FOR IMMEDIATE RELEASE

Spring into Health 2009 Kevin Fitzgerald slated to be Keynote Speaker

DENVER, CO — April 1, 2009 — Mark your calendar for the **15th Annual “Spring into Health”** event on May 28, 2009 from 9 a.m. to 1 p.m.. For the first time, “Spring into Health” is being held at Denver Zoo, an 80-acre wonderland in Denver's historic City Park. Denver Zoo is home to nearly 4,000 animals representing 700 species.

Kevin Fitzgerald, DMV, PhD and renowned exotic animal veterinarian and comedian, will serve as the keynote speaker. Fitzgerald, perhaps best known for his 10 seasons on the popular Animal Planet TV show Emergency Vets, has a passion for making people laugh that is surpassed only by his unwavering dedication to all creatures great and small.

New this year is the Resource Fair, designed to provide information and awareness of programs, agencies and assistance to adults and seniors. The fair will feature nonprofit organizations such as Denver Health, the Denver Commission on Aging, DRCOG, Denver Human Services, Volunteers of America, and Active Minds for Life. Denver Health will provide free blood pressure screenings as well as care management information.

Spring into Health is a showcase of fitness and wellness programs, highlighting fitness options such as Tai'Chi, as well as the one-mile loop around Denver Zoo.

In addition to Fitzgerald's numerous appearances on Animal Planet, he has appeared on The NBC Nightly News with Tom Brokaw, and The Today Show with Matt Lauer. As a comedian, Fitzgerald has opened for such diverse and legendary performers as Bob Hope, Diana Ross, The Temptations, and The Neville Brothers.

A fee of \$5 includes admission, the keynote speaker, the resource fair and a snack pack.

Registration forms can be found at any DPR recreation center; for more information contact the Highland Recreation Center at 303-458-4868 or 2880 Osceola Street. ###