

TRAC Referral Form

Complete and fax to Special Needs Program Attn: Kelly or Matt
at 720-865-0821

Client Availability?

Mon. Tues. Wed. Thurs. Fri. Sat.

Preferred Denver Parks
& Recreation Center?

- Mornings
 Afternoons
 Evenings

Method of transportation
used to attend sessions?

- Public transportation
 Own vehicle
 Family
 Access-A-Ride
 Other _____

What type of involvement is the
client interested in pursuing?

- Classes at Rec. Center
 Weight Room
 Pool or Therapy pool
 Resources
 Other _____

Are there any issues or limitations that we should know about?

Name _____ Age _____

Address _____

Phone _____

Referring Therapist _____ Phone _____

Special Needs Program
1849 Emerson St.
Denver, CO 80218

Phone: 720-865-0824 Kelly
720-865-0822 Matt
Fax: 720-865-0821

E-mail: snpctrs@ci.denver.co.us

Describe the Process

STEP #1

Complete initial contact form over the phone

STEP #2

Schedule initial appointment & complete all
necessary paperwork

STEP #3

Purchase a membership

or

Apply for a scholarship if applicable

STEP #4

Assessment in the following areas
(physical, social & cognitive functioning)

Development an Individualized

Therapeutic Plan including:

Goals

Objectives

Progress note reporting

Implement the plans of choice

Evaluate progress made

STEP #5

Client is discharged from the TRAC Program

Scholarship Policy

Any resident of Denver who cannot afford to pay for
the membership and/or class/program fees may re-
quest and submit the "Application for Scholarship" form
to potentially receive a partial or full reduction in a
fee/charge. All scholarships, regardless of amount, are
limited to Denver residents only.

Please present the following documentation:

*Valid photo id card

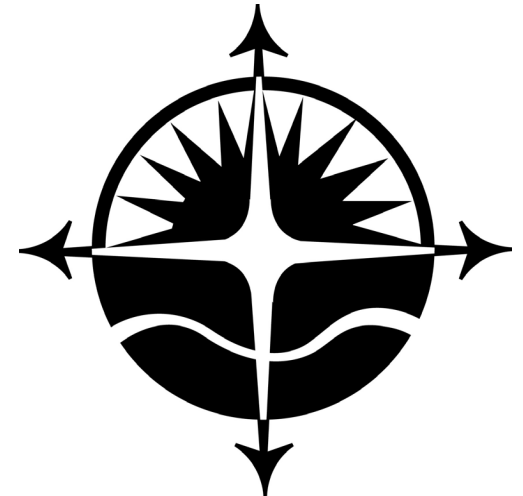
*Proof of Residency

*Proof of need

(i.e. Medicaid, Medicare, CICP, WIC etc.)

TRAC

Transition to Recreational Activities in the Community



Denver
Parks + Recreation

▶ Special Needs Program
1849 Emerson St.
Denver, CO 80218

Recreation Therapists
Kelly Stevenson, CTRS
Matt Miller, CTRS

How Do I Get Started?



1. Complete the referral form
2. Fax it to 720-865-0821
3. Call to complete the initial contact form at 720-865-0824 or 0822
4. Schedule an initial meeting with a Therapist
5. Obtain a membership card to access Denver recreation centers

Services Available?
Services Available?

- ◆ One on One therapeutic sessions
- ◆ Group or class therapeutic programs
- ◆ Eliminating barriers to recreation participation
- ◆ Center staff disability awareness
- ◆ Recreation referrals
- ◆ Inclusion opportunities
- ◆ Therapy pool
- ◆ Development of an individualized therapeutic plan

Tell Me More...

WHO

Individuals with disabilities ages 5 to adult who desire to enhance their recreational experiences in order to improve their overall quality of life and sense of satisfaction.

WHAT

An individualized therapeutic plan is developed based on each client's area of need & interest.

WHERE

- A) Denver recreation center of your choice
- B) Individualized area of interest
(i.e. pool, weight room, fitness class & other)

FREQUENCY

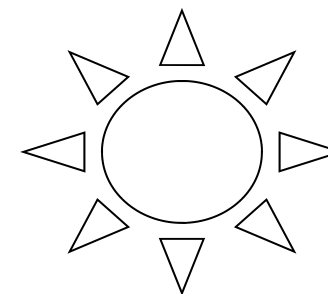
Variable 1-2 sessions per week for 1 hour

DURATION

Based on the client's progression

COST

FREE!! Client must purchase either a membership card, punch card, class registration or daily drop-in fee to access the recreation center, valid at all 29 Denver Parks & Recreation Centers.



Benefits...

Maximize level of functioning

Enhanced self esteem

Develop a new skill

Attain new knowledge

Improve quality of life

Increase level of independence

Socialization with peers

Improved assertiveness

Satisfaction with leisure experiences

Empowerment



Contact Us to Get Started Today!

720-865-0824 Kelly Stevenson, CTRS

720-865-0822 Matt Miller, CTRS