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FREE Consumer Electronics Recycling Event

Saturday, December 1st, 2007

9am- 3pm

WM Recycles Drop-off Site

3730 E. 48th Ave.

1-866-588-0572



Recyclable Items: TVs, computer monitors, CPUs and peripherals, scanners, printers, fax machines, ink jet and printer cartridges, stereo equipment, VCRs, phones, rechargeable batteries.

Not Accepted: Microwaves, smoke detectors, household appliances like refrigerators, washing machines, or air conditioners.

Registration Deadline for Precinct Caucuses

December 5th is the deadline to register with a party in order to participate in the February 5th, 2008 Colorado presidential caucuses. This is your opportunity to participate in the process which leads to selection of Colorado's delegates to the National Party Conventions and the presidential candidates. In addition, candidates for Congress, Senate, and State Legislature will be considered at the caucuses.

- You must be affiliated with a party for at least two months before the caucus.
- You must be a resident of your precinct for 30 days prior to voting.

Go to the Denver Elections Division website: www.denvergov.org/Election_Commission to download a registration form. Call 720-913-8683 for more information.

Summary of Nov. 8th Southmoor Station Plan Meeting

Approximately 350 people turned out for the Southmoor Station Plan Public Workshop at Hamilton Middle School on November 8th. Peter Park, Manager of Denver's Community Planning and Development Department (CPD), led the first part of the meeting which focused on the purpose of the planning process for the Southmoor Station. The planning department recognizes that, in Denver, vacant land and other sites located near the light rail stations are likely to be developed or redeveloped. The city would like to create a long-range future plan (5, 10, or 15 years from now) for all of the light rail stations in Denver.

The benefits of a plan vs. no plan were discussed. The advantage of a plan, which includes input from neighboring residents and business owners, is to create a vision for the area, provide guidance for private development, and allow support for public infrastructure improvements such as sidewalks, road and pedestrian crossings. Without a plan, the property would retain its current zoning and development could take place without further public or City Council input.

Mr. Park reviewed the *Frequently Asked Questions* (FAQ's) from prior meetings, followed by an opportunity for additional questions to be asked. CPD has updated their FAQ's on their website to include these additional questions and responses, www.DenverGov.org/TOD.

City Planner, Caryn Wenzara, presented the section on “existing context for planning”. The City has adopted many plans which provide guiding documents for any proposed development in the city. The zoning for the area in question is currently B-1 and B-3. There are multiple uses that could occur without re-zoning or without public or City Council input. These uses include multiple family housing, retail, restaurants, medical clinics, professional offices, and civic uses. Outside of the zoning there are other regulations that must also be considered when looking to plan for this area. There is an existing View Plane Ordinance for Southmoor Park East, which limits the height of any buildings in the area to 42 feet, as well as a separate agreement between the neighborhood and property owners regarding development.

The final portion of the meeting was a small group planning exercise. This was an exercise to allow the public to offer ideas about what they want to see near the station. Each table began by reviewing and discussing a collection of pictures and then wrote down their ideas. Each table reported to the large group their top three concepts.

The next steps will be to re-organize the Focus Group with representatives from the neighborhoods, businesses, and property owner’s surrounding the station. More public meetings will take place in early 2008. We will continue to keep you informed of meeting dates through *Peggy’s Pages*.

Thank you for your participation! We hope you continue to stay involved!

Please refer to the Southmoor TOD website for more information on the presentation, the resource packet, and summary of ideas presented by the participants. www.denvergov.org/TOD

New Crime Mapping System

Denver residents who want to keep track of crime in their neighborhood now have a new tool. The Denver Police Department and Denver’s Geographic Information Systems team have created a new crime-mapping system that allows the public to search up-to-date crime data and generate maps and tables of the results. Searches cover a 6 month period. Information is updated daily as new crimes are reported and investigations yield new information.

Visit the website to find out more at www.denvergov.org/denvermaps/crimemapping.

Enjoy an Evening in Hollywood w/ the Mayor



The Mayor’s Gala Ball “An Evening in HOLLYWOOD”

**December 10th, 2007
Adams Mark Hotel
1550 Court Place
7:30pm- 10:30pm**



Tickets are \$15 in advance or \$20 at the door. Tickets are available at all Denver Parks and Recreation Centers or call 303-458-4868. There will be light dessert and door prizes. Enjoy a night of dancing to *The Dynamic sounds of the Dean Bushnell Orchestra*.

A Holiday Message from the Greenprint Denver Team

This holiday season, Greenprint Denver challenges you to let your holiday lights shine! Help us darken the night sky so our homes' festive lights truly sparkle across the city. You can participate by thinking about your use of lights indoors.

- **Remember to turn off lights** when you leave a home, office, or store room.
- Turn off extra lighting outdoors that might compete with your holiday display. Help us make the night sky dark.
- Use **LED holiday lights**, available at all major retail stores. LED holiday lights can help you save significant energy costs over conventional holiday lights. The City and County Building purchased LED rope lights for its holiday display last year; and we have seen an 86% savings!
- **Change your indoor lights to compact fluorescent light bulbs (CFLs)**. Changing even one light bulb in your house to a CFL saves \$15 a year in energy costs and reduces your carbon dioxide emissions by 150 lbs. If every house in the United States replaced even one light bulb to a CFL, we would reduce our carbon emissions by 90 million pounds, or the equivalent of taking 800,000 cars off the road. CFLs shine brighter than incandescent bulbs, so you can buy lower wattage bulbs and still light up your room when you need to -- and the bulbs last 10 times longer.

By following these simple tips, we can save energy community-wide during this holiday season, and save money on our energy bills.

New Graffiti Ordinance

Denver City Council has approved the ordinance change calling for quicker cleanup of graffiti. What does that mean to you? It means that **together**, you and the City are saying "we're proud of Denver, and graffiti vandalism will not be tolerated here!"

Here's a review of the new ordinance...

What's different?

- Quicker graffiti cleanup turnaround time after notification (once posted, 48 hours for non-residential property and 72 hours for residential property) from previous 10 days

What's the same?

- Free graffiti-removal assistance from the City, upon request
- Free graffiti-removal supplies (paint, etc.) from the City
- Shared responsibility for graffiti abatement
- Authorization required to remove graffiti from private property

What are the benefits?

- Decrease the time graffiti vandalism is present in a community
- Decrease the incidents and frequency of repeat vandalism on a property
- Make nearby properties less vulnerable to graffiti vandalism
- Support the efforts of conscientious owners and tenants who maintain their property
- Improve City abatement team response time



This change was made following a recommendation from the Graffiti Task Force. The Task Force recommendations can be viewed or downloaded at www.denvergov.org/graffiti.

To report graffiti, request removal supplies or assistance, or for more information, call 3-1-1 or contact Denver Partners Against Graffiti – 720-865-STOP(7867), www.denvergov.org/graffiti.

Be a Smart Online Shopper

The Federal Trade Commission (FTC), the nation's consumer protection agency, says shoppers who stop and think before they click can prevent an online Scrooge from interfering with their purchases. The FTC and the technology industry recently launched On-guard Online, a campaign to help consumers integrate online safety into their daily online routines. The agency says that consumers who take a few precautions when they're online can help minimize the chances of a mishap. Among the tips from OnGuardOnline.gov are:

- Know who you're dealing with. Anyone can set up shop online
- Read between the lines of the seller's description of the product
- Pay by credit or charge card
- Check out the terms of the deal, like refund policies and delivery dates
- Keep a paper trail. Print and save record of your online transactions
- Don't email your financial information
- Use anti-virus software and a firewall and update them regularly
- Check a company's privacy policy before doing business

The FTC works for the consumer to prevent fraudulent, deceptive and unfair business practices in the marketplace and to provide information to help consumers spot, stop, and avoid them. To file a **complaint** or to get **free information on consumer issues**, visit www.ftc.gov or call toll-free, 1-877-FTC-HELP (1-877-382-4357); TTY: 1-866-653-4261.

A Matter of the Heart

By Mori Krantz, M.D., Denver Health Cardiology

More than 80 million Americans suffer from some sort of heart disease including high blood pressure, which alone accounts for 60 million. More than 900,000 Americans die each year from heart disease. Heart disease is brought on by smoking, improper diet, sedentary lifestyle, and other risk factors, such as hypertension (high blood pressure); high cholesterol; and being overweight.

Heart Attack Warning Signs

Heart attack warning signs are not always like those seen in movies where a person clutches their chest and falls over. The number one symptom is chest discomfort, and/or pressure, squeezing, fullness or pain, which can radiate up to the neck, into the back or shoulders or down the arm. It is not necessarily severe pain, and it may come and go. Shortness of breath may occur with, or without, chest discomfort. For women, shortness of breath, nausea, fatigue, light-headedness or a racing heart are also common symptoms. Anyone experiencing these symptoms should call 911 immediately. Proper treatment is critical to saving lives.

Preventing Heart Disease

As a doctor in Denver Health's Department of Cardiology, I see many patients who could have prevented heart disease by following these simple heart healthy tips:

- Eat better. Avoid over-eating, fast foods, and high fat diets. Also avoid trans fatty acids and processed foods. Substitute good fats like avocado, raw nuts and fish for the bad fats in chips, hamburgers and French fries.
- Exercise. A sedentary lifestyle lays the foundation for heart disease.
- Practice preventive medicine. Schedule regular cholesterol screenings and blood pressure checks. Education can lead to important life style changes.
- Don't smoke and stay away from second-hand smoke.

The best way to reduce the risk of heart disease is to live a healthy lifestyle.

* This article was provided by *Denver Health*

December Calendar of Events

Denver Art Museum FREE DAY

Saturday, December 1st. 100 West 14th Avenue Parkway. (720) 865-5000; <http://www.denverartmuseum.org>

Blossoms of Light

Saturday, December 1st- Sunday, January 20th from 6pm- 9pm. Denver Botanic Gardens (1005 York Street). 720-865-3500; <http://www.botanicgardens.org>.

Colorado Christmas

Saturday, December 1st & Sunday, December 2nd from 10am to 4pm. Four Mile Historic Park (715 S. Forest St.). 720-865-0800; www.FourMilePark.org.

Museum of Nature & Science FREE DAY

Sunday, December 2nd. 2001 Colorado Blvd. 303-322-7009; <http://www.dmns.org/>

Children's Museum of Denver FREE Night

Tuesday, December 4th from 4pm- 8pm. 2121 Children's Museum Dr. Target sponsors a night open to the public for playtime with special story times and more! 303-433-7444; www.cmdenver.org

Denver Police Dept. Citizen Advisory Board Meeting

Wednesday, December 5, 2007 at 6:00 p.m. District 3 Police Department (1625 S. University Blvd.) The objective is to form a partnership of communication where crime prevention and crime trends can be shared with the community and the community can report on quality of life issues. For any questions, please contact Tech Tony Burkhardt, Anthony.Burkhardt@denvergov.org

Denver Botanic Gardens at Chatfield FREE DAY

Friday, December 7th. 8500 Deer Creek Canyon Rd, Littleton. 303-973-3705; <http://www.botanicgardens.org/>

14th Annual Luminaries de Santa Fe Drive

Friday, December 7th from 5:30pm to 9pm. 600 to 900 Santa Fe Drive. A free festive holiday tradition in one of Denver's premier art district. Luminaries will guide you on a tour of galleries, entertainment, and open houses. www.newsed.org

Zoo Lights

Friday, December 7th – Sunday, January 6th from 5pm- 9pm. Denver Zoo (2300 Steele Street). 303-376-4800; www.denverzoo.org.

Target Family FREE Day

Saturday, December 8th from Noon to 4pm. Museo de las Americas (861 Santa Fe Dr.). Creative activities for kids/teens, tours for adults. 303-571-4401; www.museo.org.

FREE Holiday Tours of the Governor's Mansion

Wednesday, December 12th- Saturday, December 15th from 10am- 2pm. Governor's Mansion (400 E. 8th Ave.).

Skyline Park Ice Sculpting

Friday, December 21st- Sunday, December 23rd from 10:30am- 1pm. FREE. Skyline Park (1825 Arapahoe St.). Professional ice sculptors transform a block of ice into an amazing work of art.

*Wishing you a
Happy Holiday Season
and Joyous New Year!*

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