

Older Adult Resource Directory

CITY OF DENVER



**COMMISSION
ON AGING**

**DENVER HUMAN RIGHTS &
COMMUNITY PARTNERSHIPS**

720-913-8456

www.denvergov.org/aging



COMMISSION ON AGING

DENVER HUMAN RIGHTS &
COMMUNITY PARTNERSHIPS

Denver Commission on Aging Mission Statement

The Denver Commission on Aging helps make Denver the best community for older adults through:

- Advocating for their rights and concerns
 - Empowering older adults through dissemination of information and sharing community resources
 - Monitoring and recommending legislation and proposed policy changes affecting older adults
- Agency Contact Information Commission Liaison:

Agency Contact Information

Perla Gheiler, Director

Denver Office on Aging

Perla.Gheiler@denvergov.org

www.denvergov.org/aging

720-913-8456

The Denver Commission on Aging is an advisory commission to Mayor Michael B. Hancock. It is housed in the **Denver Agency for Human Rights and Community Partnerships (HRCP)**.



A free and confidential referral service provided by Mile High United Way



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LEGEND



Call first to make an appointment



Restrictions may apply



Fees may apply



Limited hours



Interpreting available



For profit business

For information or additional assistance with navigating city government services, call 311













POCKETGOV.COM

311 NAVIGATING CITY SERVICES












DENVER
THE MILE HIGH CITY






ADULT DAY CARE

InnovAge Greater Colorado PACE	 	1-888-992-4464
Mulroy Senior Center - Catholic Charities	  	303-892-1540
Senior Support Services (for the homeless)		303-832-1622
Seniors' Choice Adult Day Center	  	303-344-0046
Seniors' Resource Center	  	303-238-8151








AGING IN PLACE

A Little Help	  	720-242-9032
Brothers Redevelopment	   	303-202-6340
Capitol Hill Care Link	 	303-951-5228
Seniors Handyman Program - VOA	  	303-297-0408




















BENEFITS (MEDICARE, MEDICAID, SNAP)

Adult Protective Services, Denver Human Services		720-944-2994
Centura Health Links: Benefits Checkup		720-321-8850, 866-550-2752
Center for Medicare & Medicaid Services		1-800-633-4227
CO Department of Regulatory Agencies, Insurance		1-800-930-3745
Social Security and SSI Info		1-800-772-1213









CONSUMER FRAUD / IDENTITY THEFT

AARP ElderWatch		1-800-222-4444
Attorney General's Office	 	720-508-6000
Better Business Bureau		303-758-2100
Denver District Attorney's Office	 	720-913-9179
Office of Financial Empowerment	 	720-944-2498
Senior Citizens Law Center - CO Legal Services		303-837-1313
Social Security Fraud Hotline		1-800-269-0271









DENTAL PROGRAMS

Colorado Gerontological Society	 	303-333-3482
Dental Lifeline Network	  	303-534-3931
Denver Health Eastside Dental Clinic (Emergency)	 	303-436-4600 x4
Denver Health Montbello Community Center	 	303-602-4000 x3
Denver Health Webb Dental Clinic (Emergency)	 	303-602-8200
Denver Health Westside Dental Clinic	 	303-436-4345 x5
Inner City Dental Clinic	 	303-296-4873
The People's Dental	 	303-430-7399
University of Colorado Dental School	 	303-724-6900



DOMESTIC VIOLENCE / ELDER ABUSE / VICTIM ASSISTANCE

AARP ElderWatch		1-800-222-4444
Brandon Safe Haven Center VoA (women experiencing DV - need referral)		303-620-9190
Denver Center for Trauma and Resilience	 	303-894-8000 (hotline) 303-860-0660 (Office), 303-718-8289 (Español)
Denver Human Services - Adult Protection Hotline		720-944-2994
DRCOG's Ombudsman (For those in Assisted Living & Nursing Home Facilities)		303-455-1000
Gateway Battered Women's Services		303-343-1851
Denver SafeHouse, Inc		303-318-9989



EMERGENCY SERVICES

American Red Cross (Disaster Relief)		303-722-7474
Denver Office of Emergency Management & Homeland Security		720-865-7600
Life Threatening	 	911
Lifeline	 	1-800-451-0525
Rocky Mountain Poison and Drug Center	 	1-800-222-1222

EMPLOYMENT















AARP's Back to Work 50+ Program		1-855-850-2525
Denver Public Libraries - Empowering Workers with Job Search Assistance (multiple locations)		720-865-1706
Denver Workforce Development Centers (multiple locations)		720-865-2953

END OF LIFE SERVICES

Compassion & Choices		1-800-247-7421, 303-639-1202
Dignity Memorial/Olinger Mortuaries	 	303-233-4611
Front Range Cremation and Burial Services	 	720-217-4867

FINANCIAL ASSISTANCE

continued on next page

9 to 5 (advocacy for women in econ security)		303-628-0925
Denver Community Human Services (Old Age Pension & Qualified Medicare Beneficiary)	 	720-944-3666
Denver Seniors Tax Exemptions (Assessor's Office)		720-913-1311 720-913-4042 (Español)
Denver Tax Refund to Seniors & Disabled (DHS)		720-944-3666
Denver Financial Empowerment Centers	 	720-944-2498
Edwards Jones Financial Advisory	   	303-715-2386
Metro Caring	 	303-860-7200
Office of Financial Empowerment	 	720-944-2498



FINANCIAL ASSISTANCE *continued*

Senior Assistance Center	  	303-455-9642
Tax Counseling for the Elderly (free)		1-800-906-9887














GRAND PARENT INFORMATION

Catholic Charities Kinship Care Program (For grandparents raising children)		3303-742- 0823 Ext: 1065 Español: x. 1064
Grandparent Resource Center	 	303-980-5707

HARD OF HEARING, DEAF, & BLIND SERVICES

A3 (American Council of the Blind and Visually Impaired of Colorado)		303-831-0117
Audio Information Network of CO		303-786-7777
Captel - Captioned Telephone CO		720-481-7188
Colorado Gerontological Society		303-333-3482
Colorado Hearing Society		1-800-521-5247 (hotline), 303-255-9595 (chapter)
HEAR NOW National Hearing Aid Bank		1-800-648-4327
Marion Downs Hearing Center		303-322-1871
Relay Colorado		711 or 800-337-3242 (Español)

HOME HEALTH & HOUSEKEEPING

Accent Care	   	303-620-5402
Colorado Visiting Nurse Association	 	303-698-6442, 303-698-2121
The Denver Hospice	 	303-321-2828
Dominican Home Health		303-322-1413
InnovAge Home Care	 	1-888-992-4464
Jewish Family Service Senior Solutions		303-597-5000
PASCO: Personal Assistance Services of CO		303-233-3122

OLDER ADULTS AND PERSONS WITH DISABILITIES PROPERTY TAX EXEMPTIONS



Property Tax/Rent/Heat Credit

This rebate assists with property tax, rent or heat expenses for elderly or people with disabilities who are Colorado renters and home owners who meet the following criteria:

- Colorado residents; and
- Have total income of less than \$12,953 (or \$17,460 for a couple); and
- Age 65 as of Jan. 1 in the year they are filing for; surviving spouse at least 58 years old; disabled of any age receiving benefits for the full year. Residence will be able to claim the partial rebate the following year.

<https://www.colorado.gov/pacific/tax/property-tax-rent-heat-credit-ptc-rebate-file>



Older Adult and Veterans with Disabilities - Property Tax Exemptions

A partial property tax exemption is available for Older Adults who:

- Have owned their home and occupied the property as their primary residence for the past 10 consecutive years or more; and
- Are age 65 as of Jan. 1 in the year they are filing for (or are a surviving spouse of a previously qualified Older Adult).

A partial property tax exemption is available for veterans with disabilities who:

- Are rated as permanently disabled by the U.S. Department of Veterans Affairs
- Owned and occupied the property as their primary residence on January 1st of the year in which they are applying for the exemption.

<https://www.denvergov.org/content/denvergov/en/assessors-office/senior-tax-exemption.html>

OLDER ADULTS AND PERSONS WITH DISABILITIES PROPERTY TAX EXEMPTIONS



Elderly and Disabled Refund Payment

The Elderly and Disabled Refund Payment provides a partial refund of property taxes, or the equivalent in rent, paid by Denver residents who are 65 years of age or older and are income limited or totally disabled.

- This refund is a gift and, therefore, there is no lien attached to the property.
- Seniors, aged 65 or above and disabled persons are eligible for this refund.
- You must have been a Denver resident during the entire calendar year for which the application is being made.
- Only one spouse needs to be 65 years or older to qualify.
- The applicants must qualify based on residency and age or total disability.
- The maximum amount an applicant can receive is based on income.

<http://www.denvergov.org/content/denvergov/en/denver-human-services/programs/adults-and-seniors/elderly-and-disabled-refund-payment.html>



Property Tax Deferral for Older Adults and Active Military Personnel

This program helps military personnel and Older Adults afford to live in their home by deferring the payment of their property taxes:

- Colorado resident who has owned his/her home and whose property taxes from previous years are paid in full; and
- Age 65 or older; and
- If the property has a mortgage, the mortgage lender must agree to place the State of Colorado in first position on the lien.

<https://www.colorado.gov/pacific/treasury/senior-and-veteran-property-tax-programs>

¡REEMBOLSOS DE IMPUESTOS PARA ANCIANOS!



Impuesto a la propiedad/Crédito renta/Calefacción

Este reembolso del impuesto a la propiedad, renta o gastos de calefacción es para inquilinos o propietarios ancianos o discapacitados que:

- Residen en Colorado; y
- Tienen ingresos anuales hasta \$12.953 (o \$17.460 por pareja); y
- Son mayores de 65 años, viudo/a mayor de 58, discapacitados de cualquier edad recibiendo beneficios por un año completo.

<https://www.colorado.gov/pacific/tax/property-tax-rent-heat-credit-ptc-rebate-file>



Extenciones al impuesto a la propiedad para ancianos y veteranos

La extensión del impuesto a la propiedad está disponible para ancianos que:

- Hayan sido dueños de la propiedad y la hayan ocupado como su residencia primaria durante por lo menos 10 años consecutivos, y
- Sean mayores de 65 años (o viudo/a de un anciano/a que calificaba).

La extensión del impuesto a la propiedad está disponible para veteranos discapacitados que:

- Son considerados como permanentemente discapacitados por el Departamento de Asuntos de Veteranos de EEUU.
- Son dueños y ocupan la propiedad como su residencia primaria desde el 1 de enero del año.

<https://www.denvergov.org/content/denvergov/en/assessors-office/senior-tax-exemption.html>

¡REEMBOLSOS DE IMPUESTOS PARA ANCIANOS!



Reembolsos para Ancianos/ Incapacitados de Denver

Reembolso parcial disponible de impuesto a la propiedad o renta para residentes de Denver que:

- Residen en la Ciudad y Condado de Denver, son propietarios y pagan impuestos a la propiedad o renta en sus hogares; y
- Son mayores de 65 años o totalmente incapacitados; y
- Tienen ingresos totales hasta \$15.900 (\$23.000 para parejas).

<http://www.denvergov.org/content/denvergov/en/denver-human-services/programs/adults-and-seniors/elderly-and-disabled-refund-payment.html>













Extención para ancianos del impuesto a la propiedad

Para propietarios, la extención al impuesto a la propiedad está disponible para ciudadanos que:











- Residentes de Colorado propietarios por más de 10 años, y
- Mayores de 65 años, viudo/a mayor de 58, discapacitado de cualquier edad recibiendo beneficios por un año completo.

<https://www.denvergov.org/content/denvergov/en/assessors-office/senior-tax-exemption.html>














HOSPICE

Agape Hospice Services	  	720-482-1988 1-877-771-1231
Colorado Visiting Nurse Association	  	303-698-6442, 303-698-2121
Centura Health At Home - St. Anthony Hospice and Porter Hospice	 	303-561-5000
Lutheran Hospice	 	303-425-8000
Kindred Hospice (Colorado Springs)		719-573-4166
The Denver Hospice	  	303-321-2828


















HOUSING

Colorado Housing & Financing Authority (CHFA)		303-297-2432
Colorado Housing Connects	  	1-844-926-6632
Denver Housing Authority		720-932-3000
Denver's Road Home (homeless)	 	720-944-2508
Senior Answers		303-333-3482
Shalom Cares	 	303-680-5000
The Denver Metro Fair Housing Center		720-279-4291

INFORMATION REFERRAL








211 - United Way Community Resources	 	211
311 - City & County of Denver Resources	 	311
Aging and Disability Resources (DRCOG)		303-480-6700
Catholic Charities Center	 	303-742-0828
Colorado Gerontological Society		303-333-3482
Capitol Hill Care Link		303-951-5228
Seniors' Resource Center	 	303-238-8151
Volunteers of America	 	303-297-0408

LEGAL SERVICES






AARP ElderWatch	 	1-800-222-4444
Colorado Affordable Legal Services	 	303-996-0010
Colorado Eviction Defense Center	     	720.GET.HELP (438-4357)
Colorado Legal Services - Health Elder Unit	 	303-837-1313
Denver Probate Court & Clinics		720-865-8310
El Centro Humanitario (lost wages)	 	303-292-4115
Guardianship Alliance of Colorado		303-691-9339
Social Security Fraud Hotline		1-800-269-0271

LIFELONG ENGAGEMENT

Classes:

Academy for Lifelong Learning	  	303-770-0786
Active Minds		303-320-7652
Denver Art Museum		720-865-5000
Denver Parks & Recreation		720-913-1311
Denver Center for the Performing Arts Second Act Program		303-893-6006, 303-446-4892
Denver Public Library (various locations)		720-865-1111

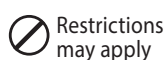
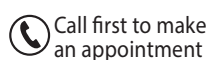
Volunteer Opportunities:

AARP Foundation - SCSEP Program		720-946-2901
Boomers Leading Change in Health		303-426-6637
Metro Volunteers		303-282-1234
Susan G. Komen - Colorado		303-744-2088
Volunteers of America		303-297-0408

MENTAL HEALTH

continued on next page

CHARG Resource Center - Clinic & Offices	 	303-830-8805
CHARG Resource Center - Drop-In Center	 	303-830-2130



MENTAL HEALTH *continued*

Denver Health Behavioral Health Center	☎️💬	303-602-4357
Denver Health Emergency Mental Health Services	☎️💬	303-602-7221 303-602-7220 (mobile unit)
Jewish Family Service of Colorado	💰	303-597-5000
Mental Health America of CO (info referral)	☎️	1-800-969-6642
Mental Health Center of Denver (many locations)	🚫💰💬	303-504-6500
National Suicide Prevention Hotline	💬	1-800-784-2433 1-800-273-8255
People House	☎️💰💬	303-480-5130
Physicians Health Partners	💰💬	720-612-6600
Senior Behavioral Health, West Pines Behavioral Health	☎️🚫💰💬	303-467-4080
Servicios de la Raza	🚫💰💬	303-458-5851

HEALTHCARE

continued on next page

Medical Center Resources:

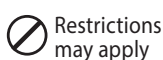
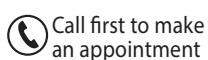
Colorado AIDS Project	🚫💰	303-837-0166
Colorado Dept. of Public Health & Environment	☎️💬	303-692-2000
Denver CARES Detox: Comprehensive Addictions Rehabilitation & Evaluation Services	🚫💰💬	303-436-3500
Denver Public Health	☎️💬	303-602-3700
Inner City Health Center	☎️🚫💰💬	303-296-1767
Senior Care of CO (IPC)	🚫💰💬	303-306-4329
Vital Records (Birth/Death certificates)	💰💬	303-602-3660

Neighborhood Health Centers:










Denver Health Eastside Family Health Center	💰💬	303-436-4600
Federico F. Peña Southwest Family Health Center and Urgent Care	💰💬	303-602-0000
La Casa/Quigg Newton	💰💬	303-602-6700

HEALTHCARE *continued*

Montbello Family Health Center	☎💬	303-602-4000
Park Hill Family Health Center	☎💬	303-602-3720
Denver Health Refugee Clinic	☎💬	303-602-4545
Sam Sandos Westside Family Health Center	☎💬	303-436-4200
Stout Street Clinic	☎💬	303-293-2220
University of Colorado Seniors Clinic, Anschutz Medical Campus	🚫☎💬	720-848-3400
U.S. Citizenship & Immigration Services	💬	1-800-375-5283
Westwood Family Health Center	☎💬	303-602-4660
Other Health Groups:		
24-hour Sexual Assault Hotline (Blue Bench)	☎💬	303-322-7273 303-329-0031 (Español)
ALS Association: Rocky Mountain Chapter	☎	303-832-2322
Alzheimer's Association: CO Chapter	☎	303-813-1669
American Cancer Society	☎💬	303-758-2030
American Diabetes Association	☎💬	720-855-1102
American Heart/Stroke Association	☎	303-801-4630
American Lung Association in CO	☎💰	303-388-4327
Arthritis Foundation Programs & Services	☎	303-756-8622
Colorado Visiting Nurse Association Programs & Services	☎💰💬	720-644-4395
Dementia Friendly Denver		303-564-7005
Denver Dept. of Environmental Health	☎💬	720-865-5365
Denver Health Main Lin	☎💰	303-436-6000
Denver Indian Center	☎🚫	303-936-2688
National Multiple Sclerosis Society	☎	303-698-7400, 1-800-344-4867
NurseLine (Denver Health Med. Center)	☎💬	303-739-1211



HEALTH CARE *continued*

























Parkinson Association of the Rockies	 	303-830-1839 303-861-1810 (hotline)
Rocky Mountain Stroke Association	 	303-730-8800
The Senior Social	   	720-592-1902
United Health Care Medicare Solutions		303-358-7001, 1-800-633-4227

NUTRITION & MEALS

Hunger Free Colorado		1-855-4626 (hotline)
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FOOD BANKS

ZIP CODE

Agape Christian Church	80205	 	303-296-2454
Basilica of Immaculate Conception	80203	 	303-831-7010
Community Ministry	80223	  	303-936-0469
Food Bank of the Rockies	80239	 	303-371-9250
Greater Park Hill Community	80207	  	303-388-0918
Jewish Family Service	80222 will deliver		720-248-4716
Metro Caring	80218	 	303-860-7200
Northwest Family Assistance Center	80211 will deliver	  	303-433-6328
Senior Assistance Center	80211	  	303-455-9642
St. Francis De Sales Church	80209 will deliver	 	303-744-7211
The Salvation Army	80205		303-295-2107

MEALS

ZIP CODE

Project Angel Heart	will deliver	 	303-830-0202
Senior Support Services	80218	 	303-832-1622
Southwest Improvement Council (SWIC)	80219		303-934-2181

FOOD BANK AND MEALS

ZIP CODE

NUTRITION & MEALS *continued*

Campbell AME Church	80205		303-839-5058
Denver Inner City Parish - Lunch	80204	🕒💬	303-629-0636
St. Anthony's Church	80219	🕒💬	303-935-2431
Volunteers of America Various locations & delivery			303-297-0408









ORGANIZATIONS FOR DIVERSE POPULATIONS

Asian Pacific Development Center		💬	303-923-2920
Center for African American Health			303-355-3423
Denver Center for Crime Victims		☎️💬	303-894-8000 (hotline) 303-718-8289 (Español)
Denver Indian Center & DIFRAC		🚫	303-936-2688 toll free: 1-877-8-INDIAN
Denver Office of Disability Rights		☎️🚫	720-913-8480
GLBT Community Center - SAGE Program		💬	303-951-5222
Gender Identity Center		💰	303-202-6466
Jewish Family Service of Colorado		💰	303-597-5000
Senior Support Services (for the homeless)		🚫💬	303-832-1622
Servicios de la Raza		🚫💰💬	303-458-5851
Southwest Improvement Council (SWIC) (American Indian)		💬	303-934-2181
U.S. Citizenship & Immigration Services		💬	1-800-375-5283
Urban League of Metro Denver			303-377-2790


















Foreign Language Interpreters:

CDPHE's Office of Health Equity		💬	303-692-2087
The Spring Institute The Interpreter Network"		💰💬	303-831-4151






PRESCRIPTION ASSISTANCE

AARP Prescription Discounts	 	1-877-422-7718
Centura Health Links (Multiple Locations)	 	720-321-8850
Denver Human Services	 	720-944-3666
Medicare Assistance		1-800-633-4227
Metro Caring		303-860-7200 1-877-486-2048 (teletype)




REPAIRS & MAINTENANCE

Brothers Redevelopment	   	303-202-6340
Denver Urban Renewal Authority	 	303-534-3872
Handyman Program (VOA)	   	303-297-0408
Home Builders Foundation - Accessible Home	 	303-551-6721
Rebuilding Together	 	720-524-0840
Seniors' Resource Center (minor repairs)	  	303-238-8151

SUPPORT GROUPS

Alzheimer's Association	 	1-800-272-3900 (24hr) 1-800-272-3900 (Español)
Compassionate Friends		1-877-969-0010, 303-340-8125
Denver Colorado AIDS Project		303-837-0166
The Denver Hospice Grief Center		303-321-2828

TRANSPORTATION

Access-a-Ride		303-299-2960
Denver Regional Mobility and Access Council (DRMAC)		303-243-3113
Seniors Resource Center (Denver, Adams, Arap, Jeffco)		303-235-6972

En el espíritu de los Días de Denver, cuando los vecinos llegan a conocer a sus vecinos, ¿por qué no nos fijamos si algún vecino necesita ayuda durante el invierno?

#NeighborCheck

Si usted o un vecino...

- un adulto anciano
- una persona incapacitada
- una enfermedad temporal
- una persona sin la capacidad física

Cuelgue este cartelito en la puerta de entrada.

Si usted puede ayudar...

Vea si sus vecinos necesitan ayuda y mire si este cartelito está en la puerta de su vecino.



**POR
FAVOR,
¡AYUDEN
ME A
REMOVER
LA NIEVE!**

In the spirit of Denver Days, where neighbors get to know neighbors, let's do a **#NeighborCheck** during this winter season.

If you or a neighbor is...

- an older adult
- living with a disability
- temporarily ill
- physically unable

hang this on the front door.

If you can give help...

check on your neighbors and look for this display on doors.



**PLEASE
HELP ME
SHOVEL!**