General Statement of Duties

Organizes and conducts medically prescribed physical therapy and education programs to restore function and prevent disability relative to disease, injury, or loss of a body part.

Distinguishing Characteristics

This classification is located at Denver Health Medical Center and is being maintained for promotional purposes.

Level of Supervision Exercised

By position, performs lead work.

Essential Duties

Plans a physical therapy program for each patient including exercise, plans a physical therapy program for each patient and provides appropriate industry-standard treatment including exercise, massage, massage, heat, water, light, manipulations, and electricity, utilizing therapeutic equipment to meet the needs of patients.

Applies diagnostic and prognostic muscle, nerve, joint, and functional ability tests.

Directs and aids patient in active and passive exercises, muscle re-education, and functional training using pulleys, weights, steps, and inclined surfaces.

Evaluates, records, and reports on patient’s progress for review by other members of the rehabilitative team and represents the physical therapy program in meetings.

Maintains established departmental policies and procedures, quality improvement, safety, environmental, and infection control standards.

Provides proactive resiliency assessments, in-service training, and other therapeutic modalities for staff and recruits, and assists patients through education, discharge planning, and referrals to community resources.

Assists in formulating and screening Quality Improvement criteria.

Assists in training, scheduling, and checking the work of other employees.

Administers agency/department-specific Physical Therapy Program components.

Performs other related duties as assigned or requested.

Any one position may not include all of the duties listed. However, the allocation of positions will be determined by the amount of time spent in performing the essential duties listed above.

Competencies

Customer Service – Interacts with customers in a friendly and professional manner, works to resolve issues quickly and effectively, and is knowledgeable about products and services.

Interpersonal Skills - Shows understanding, friendliness, courtesy, tact, empathy, cooperation, concern, and politeness to others and relates well to different people from varied backgrounds and different situations.
Problem Solving - Identifies problems; determines accuracy and relevance of information; uses sound judgment to generate and evaluate alternatives, and to make recommendations.

Reading - Understands and interprets written material, including technical material, rules, regulations, instructions, reports, charts, graphs, or tables; applies what is learned from written material to specific situations.

Teaching Others - Helps others learn through formal or informal methods; identifies training needs; provides constructive feedback; coaches others on how to perform tasks; acts as a mentor.

Technical Competence - Uses knowledge that is acquired through formal training or extensive on-the-job experience to perform one's job; works with, understands, and evaluates technical information related to the job; advises others on technical issues.

Knowledge & Skills

None

Education Requirement

Bachelor's Degree in Physical Therapy.

Experience Requirement

Two (2) years of professional experience as a physical therapist.

Education & Experience Equivalency

No substitution of experience for education is permitted.

Additional appropriate education may be substituted for experience requirements.

Licensure & Certification

By position, requires a valid Driver's License at the time of application.

License to practice physical therapy issued by the State of Colorado at time of application or in lieu of the license, a temporary permit issued by the State of Colorado at time of application.

Licenses and certifications must be kept current as a condition of employment.

Working Environment

Contact with patients under a wide variety of circumstances.
Potential exposure to hazardous anesthetic agents, body fluids, and wastes.
Potential exposure to hazardous conditions where there is danger to life, body, and/or health.
Potential exposure to housekeeping/cleaning agents/chemicals.
Potential exposure to infections and contagious disease.
Potential exposure to patient elements.
Potential exposure to risk of blood-borne diseases.
Potential exposure to unpleasant elements (accidents, injuries, and illness).
Handles absentee replacement on short notice.
Handles emergency or crisis situations.
Subject to injury from moving parts of equipment.
Subject to many interruptions.
Subject to varying and unpredictable situations.
Wet: frequent contact with water or other liquid.

**Level of Physical Demand**

3-Medium (20-50 lbs.)

**Physical Demands**

(Physical Demands are a general guide and specific positions will vary based on working conditions, locations, and agency/department needs.):

- Agility: bending, stretching, twisting, or reaching out with the body, arms, or legs.
- Balancing: maintaining body equilibrium to prevent falling over.
- Carrying: transporting an object, usually by hand, arm, or shoulder.
- Crouching: bending body downward and forward by bending legs.
- Eye/hand/foot coordination: performing work through using two or more.
- Feeling: perceiving attributes of objects by means of skin receptors.
- Fingering: picking, pinching, or otherwise working with fingers.
- Handling: seizing, holding, grasping, or otherwise working with hands.
- Hearing: perceiving the nature of sounds by the ear.
- Kneeling: bending legs to come to rest on one or both knees.
- Lifting: raising or lowering objects weighing no more than 50 pounds, from one level to another.
- Neck flexion: moving neck upward/downward.
- Pulling: exerting force on an object so that it is moving to the person.
- Pushing: exerting force upon an object so that the object is away.
- Reaching: extending the hand(s) and arm(s) in any direction.
- Sitting: remaining in the normal seated position.
- Standing: remaining on one’s feet in an upright position.
- Stooping: bending the body by bending the spine at the waist.
- Talking: expressing or exchanging ideas by means of spoken words.
- Walking: moving about on foot.

**Background Check Requirement**

- Criminal Check
- Education Check
- Employment Verification
- Licenses/Certification
- By position, Motor Vehicle Record

**Assessment Requirement**

None

**Probation Period**

Six (6) months.
# Class Detail

Pay Grade: O-812  
FLSA Code: Y  
Established Date: 9/21/2018  
Established By: LS  
Revised Date:  
Revised By:  
Class History: