

Preventing and Managing Diabetes in Denver



1 THE FACTS



1 in 10 Denver adults
have been told they have diabetes

1 in 3 adults nationwide
have pre-diabetes



2 WHY IT MATTERS



Diabetes is one of the top 10
leading causes of death in Denver

Without making lifestyle changes,
up to 30% of pre-diabetic adults will
have diabetes within 5 years



3 WHAT WORKS



Ensure high-risk adults are being screened for
pre-diabetes and diabetes - 9 out of 10
pre-diabetic adults don't know they have it!

Diabetes care management programs
improve blood sugar control



4 BE PART OF THE SOLUTION



Expand diabetes screening into
all health care settings

Educate communities about diabetes
risk factors and disease management

