## MY DENVER
### ATHMAR RECREATION CENTER

#### MARCH 2020 | Bring The Energy!

**MY Denver Activity Hours**
3:30PM to 6:00PM

**Activity #1:** 3:30 - 5:00PM  
**Activity #2:** 5:00 - 6:00PM

**Karate**
Mondays & Wednesdays  
7:00PM - 8:00PM

**Game Room**
Monday - Friday  
4:00PM - 8:00PM  
Saturday 10:00AM - 2:00PM  
Sunday: 12:00PM - 3:30PM

**Open Swim**
Monday-Thursday  
3:15PM - 5:15PM  
7:30PM - 8:30PM  
Friday: 3:15PM - 7:30PM

**Snack**
Monday - Friday  
4:00PM - 6:00PM

*This institution is an equal opportunity provider*

*Calendar Subject To Change*

### Activity Key
- **Urban Arts and Culture**  
- **Sports and Wellness**  
- **Science, Technology and Education**  
- **Community Engagement**  
- **Social Recreation**  
- **Engage**

<table>
<thead>
<tr>
<th>MON</th>
<th>TUE</th>
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| Activity #1: Decorate Denver Board  
Activity #2: Arcade Room  
*Karate with Mark* | Activity #1: Velvet Coloring Pics  
Activity #2: Card Games  
*Karate with Mark* | Activity #1: Making Slime  
Activity #2: Arcade Room  
*Karate with Mark* | Activity #1: Clay Fun  
Activity #2: Fuse Beads  
Activity #2: Arcade Room | Activity #1: Basketball Game  
Activity #2: Arcade Room |
| 9   | 10  | 11  | 12  | 13  |
| Activity #1: Board Games  
Activity #2: Drum Circle with Derek  
*Karate with Mark* | Activity #1: Art Class  
Activity #2: Art Class  
*Karate with Mark* | Activity #1: Cooking (Walking Tacos)  
Activity #2: Hearing Things Game  
*Karate with Mark* | Activity #1: Ceramics Suns  
Activity #2: Arcade Room | Activity #1: Gym Games  
Activity #2: Neighborhood Clean Up |
| 16  | 17  | 18  | 19  | 20  |
| Activity #1: Clay Fun  
Activity #2: Arcade Room  
*Karate with Mark* | Activity #1: Fuse Beads  
Activity #2: Bingo!  
(For Prizes)  
*Karate with Mark* | Activity #1: Velvet Coloring Pics  
Activity #2: Arcade Room  
*Karate with Mark* | Activity #1: Making Slime  
Activity #2: Cooking (Spaghetti)  
Activity #2: Arcade Room | Activity #1: Soccer Game  
Activity #2: Arcade Room |
| 23  | 24  | 25  | 26  | 27  |
| Activity #1: 3D Pen  
Activity #2: Scavenger Hunt (Trash)  
*Karate with Mark* | Activity #1: Ceramics Banks  
Activity #2: Arcade Room | Activity #1: Card Games  
Activity #2: Board Games  
*Karate with Mark* | Activity #1: Foosball Tourney  
Activity #2: Arcade Room | Activity #1: Soccer Drills  
Activity #2: Smoothies |
| 30  | 31  | 28  | 29  | 30  |
| Activity #1: Velvet Coloring Pics  
Activity #2: Chalk Art  
Activity #3: Arcade Room | Activity #1: Ceramics  
Activity #2: Making Slime  
Activity #2: Paint Canvas Boards | Activity #1: Clay Fun  
Activity #2: Baking (Cupcakes)  
Activity #3: Arcade Room | Activity #1: Drum Circle with Derek  
Activity #2: Duct Tape Crafts  
Activity #3: Fuse Beads | Activity #1: Popcorn and Movie  
Activity #2: Arcade Room |