



# MY DENVER

## AUGUST 2018 | HOLLYWOOD

### LA ALMA RECREATION CENTER



| MY Denver Activity Hours<br>12:00PM - 4:00PM<br>(August 1st- 17th)<br>4:00PM - 6:30PM<br>(Starting August 27th)<br>Ages 8 - 18  | MON   | TUE   | WED   | THU  | FRI  |    |
|---|---|---|---|--|--|----|
| <b>August 1st-17th</b><br>Activity #1: 12:00PM - 1:00PM<br>Break/Snack: 1:00PM - 1:30PM<br>Activity #2: 1:30PM - 2:30PM<br>Activity #1: 2:30PM - 4:00PM<br><br><b>August 27th-31st</b><br>Activity #1: 4:00PM - 5:00PM<br>Break/Snack: 5:00PM - 5:30PM<br>Activity #2: 5:30PM - 6:30PM<br>*Theme Related Activities |   |   | 1<br><b>Activity #1</b><br>Ultimate Frisbee<br><b>Activity #2</b><br>Edible Structures<br><b>Activity #3</b><br>*The LEGO Movie | 2<br><b>Activity #1</b><br>500<br><b>Activity #2</b><br>Air Brushing<br><b>Activity #3</b><br>Air Brushing       | 3<br><b>Activity #1</b><br>Football<br><b>Activity #2</b><br>*Movie Trivia<br><b>Activity #3</b><br>*Lets Make a Movie                 |    |
| <b>August 1st-17th</b><br>Activity #1: 12:00PM - 1:00PM<br>Break/Snack: 1:00PM - 1:30PM<br>Activity #2: 1:30PM - 2:30PM<br>Activity #1: 2:30PM - 4:00PM<br><br><b>August 27th-31st</b><br>Activity #1: 4:00PM - 5:00PM<br>Break/Snack: 5:00PM - 5:30PM<br>Activity #2: 5:30PM - 6:30PM<br>*Theme Related Activities | 6<br><b>Activity #1</b><br>Groundies<br><b>Activity #2</b><br>Card Games<br><b>Activity #3</b><br>Rubber Band Bracelets   | 7<br><b>Activity #1</b><br>4-Square<br><b>Activity #2</b><br>Air Brushing<br><b>Activity #3</b><br>Air Brushing | 8<br><b>ROCKIES GAME</b><br>Field Trip Day<br>Sign Up With Your Center<br>MY Denver Instructor                                  | 9<br><b>Activity #1</b><br>Bowling<br><b>Activity #2</b><br>Air Brushing<br><b>Activity #3</b><br>Air Brushing   | 10<br><b>Activity #1</b><br>*Pinhole Cameras<br><b>Activity #2</b><br>*Movie Charades<br><b>Activity #3</b><br>*Lets Make a Movie      |    |
| <b>Airbrush</b><br>Tuesdays & Thursdays<br>1:00PM - 3:45PM<br><br><b>Revolution Foods</b><br>Mondays - Fridays<br>1:00PM - 1:30PM Snack<br><br><i>This institution is an equal opportunity provider</i><br><br>Calendar Subject to Change   | 13<br><b>Activity #1</b><br>Make Your Own Relay<br><b>Activity #2</b><br>Board Games<br><b>Activity #3</b><br>Bead Crafts | 14<br><b>Activity</b><br>Airbrush<br>1:00PM - 3:45PM  | 15<br><b>Activity #1</b><br>NBA 2K18<br><b>Activity #2</b><br>Miniature Catapults<br><b>Activity #3</b><br>*Despicable Me 3     | 16<br><b>Activity #1</b><br>Kickball<br><b>Activity #2</b><br>Air Brushing<br><b>Activity #3</b><br>Air Brushing | 17<br><b>Activity #1</b><br>Paper Plane Contest<br><b>Activity #2</b><br>*Movie Pictionary<br><b>Activity #3</b><br>*Lets Make a Movie |    |
|   | 20  | 21  | <b>No MY Denver Activities<br/>           Instructor Training Week</b>  |  |  | 24 |
| <b>Activity Key</b><br>Urban Arts and Culture<br>Sports and Wellness<br>Science, Technology, Education<br>Community Engagement<br>Social Recreation<br>Engage   | 27<br><b>Activity #1</b><br>4-Square<br><br><b>Activity #2</b><br>Slime   | 28<br><b>Activity #1</b><br>Corn Hole<br><br><b>Activity #2</b><br>Word Puzzles                                 | 29<br><b>Activity #1</b><br>Origami<br><br><b>Activity #2</b><br>Madden '17   | 30<br><b>Activity #1</b><br>Card Games<br><br><b>Activity #2</b><br>Darts  | 27<br><b>Activity #1</b><br>Dodgeball<br><br><b>Activity #2</b><br>*Lets Make a Movie  |    |

# August

## 2018 BREAKFAST

| Monday   | Tuesday   | Wednesday  | Thursday  | Friday   |
|--|---|--|---|--|
|  |   | <ul style="list-style-type: none"> <li>Plain Bagel &amp; Cream Cheese/Fruit or Pineapple Juice</li> <li>Yogurt &amp; Educational Snacks/Fruit or Pineapple Juice</li> </ul> <p style="text-align: right;">1</p>          | <ul style="list-style-type: none"> <li>(DF) Multigrain Cheerios with Mini Dipperdoodle Bar/Fruit or Orange Juice</li> <li>Lemon Muffin/Fruit or Orange Juice</li> </ul> <p style="text-align: right;">2</p>                       | <ul style="list-style-type: none"> <li>Breakfast Cinnamon Crumble/Fruit or Pineapple Juice</li> <li>(DF) Cocoa Critters Cereal/Fruit or Pineapple Juice</li> </ul> <p style="text-align: right;">3</p>                         |
| <ul style="list-style-type: none"> <li>Dipperdoodle Bar</li> <li>(DF) Honey Buttons Cereal</li> </ul> <p style="text-align: right;">6</p>                            | <ul style="list-style-type: none"> <li>(V) Apple Cinnamon Muffin &amp; Hard Boiled Egg</li> <li>Yogurt with Granola</li> </ul> <p style="text-align: right;">7</p>    | <ul style="list-style-type: none"> <li>Cinnamon Crumbles/Fruit or Orange Juice</li> <li>(DF) Snow Flurries Cereal/Fruit or Orange Juice</li> </ul> <p style="text-align: right;">8</p>                                   | <ul style="list-style-type: none"> <li>Cinnamon Grahams &amp; Cinnamon Rumbles/Fruit or Pineapple Juice</li> <li>Blueberry Burst Bagel &amp; Cream Cheese/Fruit or Pineapple Juice</li> </ul> <p style="text-align: right;">9</p> | <ul style="list-style-type: none"> <li>French Toast Muffin/Fruit or Orange Juice</li> <li>(DF) Cinnamon Chex with Zac Attack Strawberry Fruit Filled Bar/Fruit or Orange Juice</li> </ul> <p style="text-align: right;">10</p> |
| <ul style="list-style-type: none"> <li>Yogurt with Honey Grahams</li> <li>(DF) Zee Zees Cinnamon Crisp Bar</li> </ul> <p style="text-align: right;">13</p>           | <ul style="list-style-type: none"> <li>Cinnamon Crumbles</li> <li>(DF) Multigrain Cheerios with Mini Dipperdoodle Bar</li> </ul> <p style="text-align: right;">14</p> | <ul style="list-style-type: none"> <li>Plain Bagel &amp; Cream Cheese/Fruit or Pineapple Juice</li> <li>Cinnamon Grahams &amp; Cinnamon Rumbles/Fruit or Pineapple Juice</li> </ul> <p style="text-align: right;">15</p> | <ul style="list-style-type: none"> <li>French Toast Muffin/Fruit or Orange Juice</li> <li>(DF) Cocoa Critters Cereal/Fruit or Orange Juice</li> </ul> <p style="text-align: right;">16</p>  | <ul style="list-style-type: none"> <li>Lemon Muffin/Fruit or Pineapple Juice</li> <li>(DF) Corn Chex with Zac Attack Strawberry Fruit Filled Bar/Fruit or Pineapple Juice</li> </ul> <p style="text-align: right;">17</p>      |
| <ul style="list-style-type: none"> <li>(DF) Zac Omega Fruit-Filled Blackberry Bar</li> <li>(DF) Snow Flurries Cereal</li> </ul> <p style="text-align: right;">20</p> | <ul style="list-style-type: none"> <li>(V) Apple Cinnamon Muffin &amp; Hard Boiled Egg</li> <li>Yogurt with Granola</li> </ul> <p style="text-align: right;">21</p>   | <ul style="list-style-type: none"> <li>Lemon Muffin/Fruit or Orange Juice</li> <li>Blueberry Burst Bagel &amp; Cream Cheese/Fruit or Orange Juice</li> </ul> <p style="text-align: right;">22</p>                        | <ul style="list-style-type: none"> <li>Cinnamon Crumbles/Fruit or Pineapple Juice</li> <li>(DF) Corn Chex with Zac Attack Strawberry Fruit Filled Bar/Fruit or Pineapple Juice</li> </ul> <p style="text-align: right;">23</p>    | <ul style="list-style-type: none"> <li>(DF) Honey Buttons Cereal/Fruit or Orange Juice</li> <li>French Toast Muffin /Fruit or Orange Juice</li> </ul> <p style="text-align: right;">24</p>                                     |
| <ul style="list-style-type: none"> <li>Yogurt with Honey Grahams</li> <li>(DF) Zee Zees Cinnamon Crisp Bar/Fruit</li> </ul> <p style="text-align: right;">27</p>     | <ul style="list-style-type: none"> <li>Cinnamon Crumbles</li> <li>(DF) Cheerios/Zac Attack Fruit- Filled Apple Bar</li> </ul> <p style="text-align: right;">28</p>    | <ul style="list-style-type: none"> <li>(DF) Cocoa Critters Cereal/Fruit or Pineapple Juice</li> <li>French Toast Muffin/Fruit or Pineapple Juice</li> </ul> <p style="text-align: right;">29</p>                         | <ul style="list-style-type: none"> <li>Plain Bagel &amp; Cream Cheese/Fruit or Orange Juice</li> <li>(DF) Corn Chex with Mini Dipperdoodle Bar/Fruit or Orange Juice</li> </ul> <p style="text-align: right;">30</p>              | <ul style="list-style-type: none"> <li>(DF) Snow Flurries Cereal/Fruit or Pineapple Juice</li> <li>Lemon Muffin/Fruit or Pineapple Juice</li> </ul> <p style="text-align: right;">31</p>                                       |

## Welcome Back!

Start your day (and your new school year!) off right with a healthy breakfast.

Not only is breakfast the **most important meal of the day**, but it's also one of the key ways to **maximize your daily energy and increase concentration** throughout the whole day!

**Breakfast:** choice of 1% or fat-free milk; fresh fruit served daily except when fruit juice is offered twice per week.

*This institution is an equal opportunity provider*



# August

## 2018 FULL FRESH LUNCH/SUPPER

| Monday   | Tuesday   | Wednesday   | Thursday  | Friday   |
|--|---|---|---|--|
|  |   | <ul style="list-style-type: none"> <li>(V) Bean &amp; Cheese Burrito with baby carrots</li> <li>Chicken Salad Sandwich on a wholegrain bun with lettuce</li> <li>Sesame Chicken Salad with lettuce, cabbage, cucumber, carrots &amp; smart crackers</li> </ul> <p style="text-align: right;">1</p>                      | <ul style="list-style-type: none"> <li>(DF) Sloppy Joe with celery sticks</li> <li>(V) Sunny Sandwich Kit (sunbutter &amp; jelly) with celery sticks &amp; string cheese</li> <li>(V) Hummus Dippers with broccoli, tomatoes &amp; string cheese</li> </ul> <p style="text-align: right;">2</p> | <ul style="list-style-type: none"> <li>Chicken Enchiladas with corn</li> <li>Ham &amp; Cheese Sandwich on a wholegrain bun with lettuce</li> <li>Supper Power Kit! RF Crackers Pretzel Goldfish, Sunbutter, String Cheese &amp; Celery</li> </ul> <p style="text-align: right;">3</p>  |
| <ul style="list-style-type: none"> <li>(V) Five Cheese Lasagna with carrots</li> <li>Mighty Meaty Deli Combo Sandwich on a wholegrain bun with baby carrots</li> <li>Chicken Caesar Wrap with lettuce</li> </ul> <p style="text-align: right;">6</p>   | <ul style="list-style-type: none"> <li>(V) Veggie Chef's Salad with goldfish pretzels</li> <li>Turkey &amp; Cheddar Sandwich on a wholegrain bun with lettuce</li> <li>(V) Veggie Chef's Salad with goldfish pretzels</li> </ul> <p style="text-align: right;">7</p>                                  | <ul style="list-style-type: none"> <li>(DF) Chicken Teriyaki with Brown Rice</li> <li>(V) Cheddar Cheese Sandwich on a wholegrain bun with lettuce</li> <li>Chicken Ranch Wrap with lettuce and baby carrots</li> </ul> <p style="text-align: right;">8</p>   | <ul style="list-style-type: none"> <li>(DF) The Revolution Dog on a wholegrain bun with baby carrots</li> <li>(V) Sunny Sandwich Kit (sunbutter &amp; jelly) with celery sticks &amp; string cheese</li> <li>Buffalo Chicken Wrap with lettuce</li> </ul> <p style="text-align: right;">9</p>   | <ul style="list-style-type: none"> <li>(V) Cheesy Pizza Bite Meal with baby carrots</li> <li>Ham &amp; Cheese Sandwich on a wholegrain bun with lettuce</li> <li>Supper Power Kit! Cheddar Goldfish, RF Crackers, String Cheese, Sunflower Seeds &amp; Carrots</li> </ul> <p style="text-align: right;">10</p>                   |
| <ul style="list-style-type: none"> <li>(DF) Chicken Bites with wholegrain breading &amp; corn</li> <li>(V) Hummus Dippers with broccoli, tomatoes &amp; string cheese</li> <li>Turkey &amp; Cheddar Sandwich on a wholegrain bun with lettuce</li> </ul> <p style="text-align: right;">13</p>                | <ul style="list-style-type: none"> <li>Chicken Taco Trio with wholegrain tortillas &amp; corn</li> <li>Chicken Salad Sandwich on a wholegrain bun with lettuce</li> <li>(V) Southwest Veggie Wrap with lettuce</li> </ul> <p style="text-align: right;">14</p>  | <ul style="list-style-type: none"> <li>Cheeseburger with baby carrots</li> <li>Honey Mustard Chicken Wrap with lettuce</li> <li>(V) Cheddar Cheese Sandwich on a wholegrain bun with lettuce</li> </ul> <p style="text-align: right;">15</p>  | <ul style="list-style-type: none"> <li>(DF) Chicken Potstickers with celery</li> <li>(V) Veggie Taco Salad with lettuce, pinto beans, &amp; goldfish</li> <li>Mighty Meaty Deli Combo Sandwich on a wholegrain bun with baby carrots</li> </ul> <p style="text-align: right;">16</p>            | <ul style="list-style-type: none"> <li>(V) Broccoli Mac &amp; Cheese Meal</li> <li>Ham &amp; Cheese Sandwich on a wholegrain bun with lettuce</li> <li>Supper Power Kit! Yogurt, RF Crackers, Colors Goldfish, Sunflower Seeds &amp; Carrots</li> </ul> <p style="text-align: right;">17</p>                                     |
| <ul style="list-style-type: none"> <li>Cheesy Ravioli with carrots</li> <li>Chicken Caesar Wrap with lettuce</li> <li>Turkey &amp; Cheddar Sandwich on a wholegrain bun with lettuce</li> </ul> <p style="text-align: right;">20</p>   | <ul style="list-style-type: none"> <li>Mac &amp; Cheese with Chicken Sausage &amp; carrots</li> <li>(V) Taco Dippers Kit</li> <li>Chicken Salad Sandwich on a wholegrain bun with lettuce</li> </ul> <p style="text-align: right;">21</p>   | <ul style="list-style-type: none"> <li>Firecracker Chicken with Sesame Noodles &amp; sunflower seeds</li> <li>Garden Ranch Salad with Chicken &amp; pretzels</li> <li>(V) Sunny Sandwich Kit (sunbutter &amp; jelly) with celery sticks &amp; string cheese</li> </ul> <p style="text-align: right;">22</p>             | <ul style="list-style-type: none"> <li>(V) Cheese Enchiladas with corn</li> <li>Buffalo Chicken Wrap with lettuce</li> <li>Mighty Meaty Deli Combo Sandwich on a wholegrain bun with baby carrots</li> </ul> <p style="text-align: right;">23</p>   | <ul style="list-style-type: none"> <li>(V) Cheese Pizza with a Wholegrain Crust &amp; baby carrots</li> <li>Ham &amp; Cheese Sandwich on a wholegrain bun with lettuce</li> <li>Supper Power Kit! RF Crackers Pretzel Goldfish, Sunbutter, String Cheese &amp; Celery</li> </ul> <p style="text-align: right;">24</p>            |
| <ul style="list-style-type: none"> <li>(DF) The Revolution Dog on a wholegrain bun with baby carrots</li> <li>Mighty Meaty Deli Combo Sandwich on a wholegrain bun with baby carrots</li> <li>(V) Hummus Dippers with broccoli, tomatoes &amp; string cheese</li> </ul> <p style="text-align: right;">27</p> | <ul style="list-style-type: none"> <li>(V) Green Chile &amp; Cheese Tamale with rice, black beans &amp; corn</li> <li>(DF) (V) Egg Salad Sandwich on a wholegrain bun with lettuce</li> <li>Santa Fe Chile Chicken &amp; Black Bean Wrap with lettuce</li> </ul> <p style="text-align: right;">28</p> | <ul style="list-style-type: none"> <li>(DF) Crispy Chicken Sandwich on a wholegrain bun with lettuce</li> <li>Ham &amp; Cheese Sandwich on a wholegrain bun with lettuce</li> <li>(V) Sunny Sandwich Kit (sunbutter &amp; jelly) with celery sticks &amp; string cheese</li> </ul> <p style="text-align: right;">29</p> | <ul style="list-style-type: none"> <li>(V) Broccoli Mac &amp; Cheese Meal</li> <li>BBQ Chicken Wrap with lettuce</li> <li>(V) Cheddar Cheese Sandwich on a wholegrain bun with lettuce</li> </ul> <p style="text-align: right;">30</p>  | <ul style="list-style-type: none"> <li>(V) Cheesy Pizza Bite Meal with baby carrots</li> <li>Supper Power Kit! Cheddar Goldfish, RF Crackers, String Cheese, Sunflower Seeds &amp; Carrots</li> <li>Chicken Caesar Salad with lettuce, wholegrain croutons, &amp; smart crackers</li> </ul> <p style="text-align: right;">31</p> |

## Welcome Back!

Celebrate the new school year by trying something new!



Did you know... it can take several tries (sometimes up to 10 or even 20!) to like a new food? **What do you want to try this month?**

Supper: choice of 1% or fat free milk. fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

*This institution is an equal opportunity provider*

# August

## CACFP SNACK

| Monday   | Tuesday   | Wednesday  | Thursday   | Friday  |
|--|---|--|--|---|
|  |   | <ul style="list-style-type: none"> <li>• Yogurt</li> <li>• Goldfish Pretzels</li> </ul> <p style="text-align: right;">1</p>                                | <ul style="list-style-type: none"> <li>• Sunflower Seeds</li> <li>• Cinnamon Grahams</li> </ul> <p style="text-align: right;">2</p>                          | <ul style="list-style-type: none"> <li>• String Cheese</li> <li>• Educational Snacks</li> </ul> <p style="text-align: right;">3</p>         |
| <ul style="list-style-type: none"> <li>• Honey Grahams</li> <li>• Blazin Hots Seeds</li> </ul> <p style="text-align: right;">6</p>                         | <ul style="list-style-type: none"> <li>• Cheddar Goldfish</li> <li>• Cinnamon Grahams</li> </ul> <p style="text-align: right;">7</p>      | <ul style="list-style-type: none"> <li>• Honey Wheat Crackers</li> <li>• Goldfish Pretzels</li> </ul> <p style="text-align: right;">8</p>                  | <ul style="list-style-type: none"> <li>• Educational Snacks</li> <li>• String Cheese</li> </ul> <p style="text-align: right;">9</p>                          | <ul style="list-style-type: none"> <li>• Colored Goldfish Cheese Crackers</li> <li>• Yogurt</li> </ul> <p style="text-align: right;">10</p> |
| <ul style="list-style-type: none"> <li>• Goldfish Pretzels</li> <li>• Educational Snacks with Sunbutter</li> </ul> <p style="text-align: right;">13</p>    | <ul style="list-style-type: none"> <li>• Cinnamon Grahams</li> <li>• Honey Wheat Crackers</li> </ul> <p style="text-align: right;">14</p> | <ul style="list-style-type: none"> <li>• Yogurt</li> <li>• Cheddar Goldfish</li> </ul> <p style="text-align: right;">15</p>                                | <ul style="list-style-type: none"> <li>• Sunflower Seeds</li> <li>• Hot &amp; Spicy Goldfish Cheese Crackers</li> </ul> <p style="text-align: right;">16</p> | <ul style="list-style-type: none"> <li>• String Cheese</li> <li>• Honey Grahams</li> </ul> <p style="text-align: right;">17</p>             |
| <ul style="list-style-type: none"> <li>• Honey Wheat Crackers</li> <li>• Colored Goldfish Cheese Crackers</li> </ul> <p style="text-align: right;">20</p>  | <ul style="list-style-type: none"> <li>• Goldfish Pretzels</li> <li>• String Cheese</li> </ul> <p style="text-align: right;">21</p>       | <ul style="list-style-type: none"> <li>• Hot &amp; Spicy Goldfish Cheese Crackers</li> <li>• Honey Grahams</li> </ul> <p style="text-align: right;">22</p> | <ul style="list-style-type: none"> <li>• Yogurt</li> <li>• Cheddar Goldfish</li> </ul> <p style="text-align: right;">23</p>                                  | <ul style="list-style-type: none"> <li>• Blazin Hots Seeds</li> <li>• Cinnamon Grahams</li> </ul> <p style="text-align: right;">24</p>      |
| <ul style="list-style-type: none"> <li>• Honey Wheat Crackers</li> <li>• Educational Snacks with Sunbutter</li> </ul> <p style="text-align: right;">27</p> | <ul style="list-style-type: none"> <li>• Cheddar Goldfish</li> <li>• Cinnamon Grahams</li> </ul> <p style="text-align: right;">28</p>     | <ul style="list-style-type: none"> <li>• String Cheese</li> <li>• Sunflower Seeds</li> </ul> <p style="text-align: right;">29</p>                          | <ul style="list-style-type: none"> <li>• Goldfish Pretzels</li> <li>• Educational Snacks</li> </ul> <p style="text-align: right;">30</p>                     | <ul style="list-style-type: none"> <li>• Yogurt</li> <li>• Honey Grahams</li> </ul> <p style="text-align: right;">31</p>                    |

## Welcome Back!

Revolution Foods is proud to serve fresh food made with real ingredients. There's a lot you won't find in our meals, including:

- × No artificial colors, flavors, or sweeteners
- × No high fructose corn syrup, MSG
- × No partially or fully hydrogenated fats or oils
- × No added nitrites/nitrates



**Snack:** fresh fruit available daily except when sunbutter, string cheese, or juice is served.

*This institution is an equal opportunity provider*

# August

## 2018 Super Snacks

| Monday  | Tuesday  | Wednesday  | Thursday   | Friday   |
|---|--|--|--|--|
|   |  | <ul style="list-style-type: none"> <li>• Chicken Bites with Carrots</li> <li>• Cinnamon Grahams with Sunbutter, String Cheese and Celery Kit</li> </ul> <p style="text-align: right;">1</p>                            | <ul style="list-style-type: none"> <li>• Cheese Slider with Sunflower Seeds and Cucumbers</li> <li>• Goldfish Pretzels with Sunflower Seeds, String Cheese, and Carrots</li> </ul> <p style="text-align: right;">2</p> | <ul style="list-style-type: none"> <li>• (DF)BBQ Chicken Slider with Chopped Lettuce</li> <li>• Honey Wheat Crackers with Sunbutter, String Cheese and Celery</li> </ul> <p style="text-align: right;">3</p>               |
| <ul style="list-style-type: none"> <li>• Turkey Slider with Sunflower Seeds and Carrots</li> <li>• Hot N Spicy Goldfish with String Cheese, Sunflower Seeds and Carrots</li> </ul> <p style="text-align: right;">6</p>  | <ul style="list-style-type: none"> <li>• Popcorn Chicken Bites with Honey Mustard Dressing</li> <li>• Honey Wheat Crackers with Sunbutter, String Cheese and Celery</li> </ul> <p style="text-align: right;">7</p> | <ul style="list-style-type: none"> <li>• Chicken Ranch Slider with Chopped Lettuce</li> <li>• Cheddar Goldfish with Sunflower Seeds, String Cheese and Carrots</li> </ul> <p style="text-align: right;">8</p>          | <ul style="list-style-type: none"> <li>• Chicken Salad Slider with Broccoli</li> <li>• Cinnamon Grahams, Hard Boiled Egg, String Cheese and Carrots</li> </ul> <p style="text-align: right;">9</p>                     | <ul style="list-style-type: none"> <li>• Sir Racha's Chicken Slider</li> <li>• Goldfish Pretzels with String Cheese, Sunbutter and Celery</li> </ul> <p style="text-align: right;">10</p>                                  |
| <ul style="list-style-type: none"> <li>• Cheese Slider with Sunflower Seeds and Cucumbers</li> <li>• Educational Snacks with Sunflower Seeds, String Cheese and Carrots</li> </ul> <p style="text-align: right;">13</p> | <ul style="list-style-type: none"> <li>• (DF)BBQ Chicken Slider with Chopped Lettuce</li> <li>• Cheddar Goldfish with Sunflower Seeds, String Cheese and Carrots</li> </ul> <p style="text-align: right;">14</p>   | <ul style="list-style-type: none"> <li>• Fiesta Chicken Slider with Celery</li> <li>• Honey Wheat Crackers with Sunbutter, String Cheese and Celery</li> </ul> <p style="text-align: right;">15</p>                    | <ul style="list-style-type: none"> <li>• Turkey Slider with Sunflower Seeds and Carrots</li> <li>• Cinnamon Grahams, Sunbutter, String Cheese and Celery</li> </ul> <p style="text-align: right;">16</p>               | <ul style="list-style-type: none"> <li>• Popcorn Chicken Bites with Honey Mustard Dressing</li> <li>• Hot N Spicy Goldfish with String Cheese, Sunflower Seeds and Carrots</li> </ul> <p style="text-align: right;">17</p> |
| <ul style="list-style-type: none"> <li>• Chicken Ranch Slider with Chopped Lettuce</li> <li>• Goldfish Pretzels with String Cheese, Sunbutter and Celery</li> </ul> <p style="text-align: right;">20</p>                | <ul style="list-style-type: none"> <li>• Chicken Salad Slider with Broccoli</li> <li>• Cinnamon Grahams, Hard Boiled Egg, String Cheese and Carrots</li> </ul> <p style="text-align: right;">21</p>                | <ul style="list-style-type: none"> <li>• Popcorn Chicken Bites with Honey Mustard Dressing</li> <li>• Cheddar Goldfish with Sunflower Seeds, String Cheese and Carrots</li> </ul> <p style="text-align: right;">22</p> | <ul style="list-style-type: none"> <li>• Sir Racha's Chicken Slider</li> <li>• Honey Wheat Crackers with Sunbutter, String Cheese and Celery</li> </ul> <p style="text-align: right;">23</p>                           | <ul style="list-style-type: none"> <li>• Turkey Slider with Sunflower Seeds and Carrots</li> <li>• Educational Snacks with Sunflower Seeds, String Cheese and Carrots</li> </ul> <p style="text-align: right;">24</p>      |
| <ul style="list-style-type: none"> <li>• Fiesta Chicken Slider with Celery</li> <li>• Honey Wheat Crackers with Sunbutter, String Cheese and Celery</li> </ul> <p style="text-align: right;">27</p>                     | <ul style="list-style-type: none"> <li>• Chicken Bites with Carrots</li> <li>• Hot N Spicy Goldfish with String Cheese, Sunflower Seeds and Carrots</li> </ul> <p style="text-align: right;">28</p>                | <ul style="list-style-type: none"> <li>• Turkey Slider with Sunflower Seeds and Carrots</li> <li>• Educational Snacks with Sunflower Seeds, String Cheese and Carrots</li> </ul> <p style="text-align: right;">29</p>  | <ul style="list-style-type: none"> <li>• Cheese Slider with Sunflower Seeds and Cucumbers</li> <li>• Cheddar Goldfish with Hard Boiled Egg, String Cheese and Carrots</li> </ul> <p style="text-align: right;">30</p>  | <ul style="list-style-type: none"> <li>• (DF)BBQ Chicken Slider with Chopped Lettuce</li> <li>• Cinnamon Grahams, Sunbutter, String Cheese and Celery</li> </ul> <p style="text-align: right;">31</p>                      |

## Welcome Back!

Celebrate the new school year by trying something new!



Did you know... it can take several tries (sometimes up to 10 or even 20!) to like a new food? **What do you want to try this month?**

Supper: choice of 1% or fat free milk. fresh fruit available daily.

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

*This institution is an equal opportunity provider*



**City of Denver, Office of Children's Affairs  
 Summer Food Service Program Open Sites  
 Overall Operation Dates: June 4 - August 17, 2018  
 No Service on July 4<sup>th</sup>**

| Name of <b>OPEN</b> Site    | Address  | Dates of Operation       | Days and Times of Meal Services   | 2018 Trained Staff  |
|-----------------------------|--|--------------------------|---|---|
| Athmar Park Library         | 1055 S. Tejon St.<br>Denver, 80223<br><br>(720) 865-0230       | <b>6/04/18 – 8/18/18</b> | Monday – Friday<br>Lunch: 12 – 2 pm<br>Snack: 3 - 4 pm<br><br>Saturday<br>Lunch: 12 – 2 pm<br><br><b>*Cold Only</b> | Jessica Grazulis<br>Kathleen Hubbard<br>Kaitlin Peterson<br>Jose Eduardo Rodriguez  |
| Athmar Recreation Center    | 2680 W Mexico Ave, Denver, 80219<br><br>(720) 865-2180         | <b>6/11/18 – 8/03/18</b> | Monday – Friday<br><br>Lunch: 12 – 1 pm<br>Snack: 3 - 4 pm<br><br><b>*Cold Only</b>                                 | Derek Quezada<br>Mike Falasco   |
| Aztlan Recreation Center    | 4435 Navajo St, Denver, 80211<br><br>(720) 865-4380            | <b>6/04/18 – 8/10/18</b> | Monday – Friday<br><br>Lunch: 12 – 2:30 pm<br>Snack: 3 -5 pm<br><br><b>*Hot &amp; Cold</b>                          | Peter Lozano<br>Julia Beznak<br>Michelle Morez  |
| Barnum Recreation Center    | 360 Hooker St., Denver, 80219<br><br>(720) 865-0350            | <b>6/11/18 – 8/10/18</b> | Monday – Friday<br><br>Breakfast: 8 - 9 am<br>Lunch: 12 – 4 pm<br><br><b>*Hot &amp; Cold</b>                        | Leah Huffer-Solomon<br>Brandon PoorBear<br>Luis Casales<br>Edward Manzanares<br>Natalie Norton<br>Tiffany Gagne<br>Terrance Brennan |
| Cook Park Recreation Center | 7100 Cherry Creek Drive South, Denver, 80224<br>(720) 865-0610 | <b>6/04/18 – 8/17/18</b> | Monday – Friday<br><br>Lunch: 12 – 1 pm<br>Snack: 3 – 4 pm<br><br><b>*Cold Only</b>                                 | Max Sedig<br>Kiyo Brown<br>Adam Haas<br>Tom Didier  |

| Name of <b>OPEN</b> Site             | Address   | Dates of Operation       | Days and Times of Meal Services   | 2018 Trained Staff  |
|--------------------------------------|---|--------------------------|---|---|
| Eisenhower Recreation Center         | 4300 Dartmouth, Denver, 80222<br><br>(720) 865-0730       | <b>6/04/18 – 8/17/18</b> | Monday – Friday<br><br>Lunch: 11:30 – 1 pm<br>Snack: 3-4 pm<br><br><b>*Cold Only</b>                | Kristi Hernandez<br>Carlos Campos<br>James Manzanares<br>Shurrod Maxey  |
| Glenarm Recreation Center            | 2800 Glenarm Place, Denver, 80205<br><br>(720) 865-3380   | <b>6/11/18 – 8/10/18</b> | Monday – Friday<br><br>Lunch: 12:15 – 1:00 pm<br>Snack: 3 – 8 pm<br><br><b>*Hot &amp; Cold</b>      | Jerry Browne<br>Jordyn Romero<br>Thomasine Hallman<br>Amanda Suriano  |
| Green Valley Ranch Recreation Center | 4890 Argonne Way, Denver, 80249<br><br>(720) 865-4370     | <b>6/04/18 – 8/10/18</b> | Monday – Friday<br><br>Lunch: 12:30 – 2 pm<br>Snack: 5 – 6 pm<br><br><b>*Cold Only</b>              | Odalys Vasquez<br>Danette Garrison<br>Sylvia Mahmoud<br>Shelly Pawlowski<br>Shayla Anderson<br>Matt Roberts<br>Maurice Harper |
| Hadley Branch Library                | 1890 S. Grove St., Denver, 80219<br><br>(720) 865-0170    | <b>6/4/18 – 8/3/18</b>   | Monday – Friday<br><br>Lunch: 12:30 – 2:30 pm<br>Snack: 4-5pm<br><br><b>*Cold Only</b>              | Rinh Pham<br>Hong Ha<br>Alfredo Pinto   |
| Harvard Gulch Recreation Center      | 550 E Iliff Ave, Denver, 80210<br><br>(720) 865-0905      | <b>6/4/18 – 8/10/18</b>  | Monday – Friday<br><br>Lunch: 11:30 am – 12:30 pm<br>Snack: 3 – 3:30 pm<br><br><b>*Cold Only</b>    | Jordan Coutret<br>Bill Culkin<br>Salma Salazar<br>Adrienne Hurd   |
| Harvey Park Recreation Center        | 2120 S. Tennyson Way, Denver, 80219<br><br>(720) 865-0550 | <b>6/04/18 – 8/17/18</b> | Monday – Friday<br><br>Breakfast 9:30-11:30 am<br>Lunch: 12 – 3:30 pm<br><br><b>*Hot &amp; Cold</b> | Dalton Dennis<br>April DeLeon<br>Manuel Marquez<br>Sheena Gonzales<br>Nadine Gonzales<br>Jordan Garcia                        |

| Name of <b>OPEN</b> Site         | Address  | Dates of Operation       | Days and Times of Meal Services  | 2018 Trained Staff  |
|----------------------------------|--|--------------------------|--|---|
| Hiawatha Davis Recreation Center | 3334 Holly St,<br>Denver, 80207<br>(720) 865-0590        | <b>6/04/18 – 8/17/18</b> | Monday – Friday<br><br>Supper: 3 – 5<br><br><b>*Grab-n-Go</b>  | Celia Fauntleroy<br>Charles Black   |
| La Alma Recreation Center        | 1325 W 11th Ave,<br>Denver, 80204<br><br>(720) 865-2200  | <b>6/04/18 – 8/17/18</b> | Monday – Friday<br><br>Breakfast: 10 – 11<br>Supper: 3 – 4 pm<br><br><b>*Cold Only</b>   | Christy Shinbara<br>John Hodges<br>Jason Roybal<br>Phillip Roybal<br>Yahya Mahamud  |
| La Familia Recreation Center     | 65 S Elati St.<br>Denver, 80223<br><br>(720) 865-2170    | <b>6/11/18 – 8/10/18</b> | Monday – Friday<br><br>Breakfast: 9:30 am – 12 pm<br>Lunch: 1 – 6:30 pm<br><br><b>*Hot &amp; Cold</b>                            | Diana Archuleta<br>Layla Sandoval<br>Vincent Nocito   |
| Montbello Recreation Center      | 15555 E 53rd Ave, Denver,<br>80239<br><br>(720) 865-0580 | <b>6/04/18 – 8/17/18</b> | Monday – Friday<br>Lunch: 12:30 – 2 pm<br>Snack: 2:30 – 4 pm<br><br>Sat/Sun<br>Snack: 12:30 – 1:30<br><br><b>*Hot &amp; Cold</b> | Ginger Perez<br>Irma Mcree<br>Rachel Benjamin<br>Bobby Macias<br>Savion Escalera<br>Chris Young<br>Jasmine Gonzalez<br>Kim Andrade<br>Sable Bates |
| Montclair Recreation Center      | 729 Ulster Way<br>Denver, 80220<br>(720) 865-0560        | <b>6/11/18 – 8/03/18</b> | Monday – Friday<br><br>Lunch: 12 – 1:30 pm<br><br><b>*Hot &amp; Cold</b>   | Reji Pollard<br>Eqypt Robinson<br>Rhyse Wallace<br>Kayla Fisher-Taylor  |



| Name of <b>OPEN</b> Site              | Address   | Dates of Operation       | Days and Times of Meal Services  | 2018 Trained Staff   |
|---------------------------------------|---|--------------------------|--|--|
| Rodolfo Corky Gonzales Branch Library | 1498 Irving St.,<br>Denver, 80204<br><br>(720) 865-2370 | <b>6/11/18 - 8/17/18</b> | Monday - Friday<br><br>Lunch: 12 - 2 pm<br><br><b>*Cold Only</b>                               | Regina Renee Ward<br>Edmund Kiang<br>Anna Anstamova<br>Desinee Sotomayor<br>Karim Lopez<br>John Womble<br>Laura Young<br>Jonathan Padilla<br>Kurt Schmittgen<br>Rocio Lopez<br>Amanda Romero<br>Carolyna Espinoza<br>Michael Moran<br>Alexander Reyes<br>Shannon Combs<br>Sandy Ho |
| Rude Park Recreation Center           | 2855 W Holden Pl, Denver, 80204<br>(720) 865-0570       | <b>6/04/18 - 8/17/18</b> | Monday - Friday<br><br>Supper: 4 - 5:15 pm<br><br><b>*Cold Only</b>                            | Eric Stoffel<br>Lan Pham<br>Aaron Morales  |
| Scheitler Recreation Center           | 5031 W 46th Ave., Denver, 80212<br>(720) 865-0640       | <b>6/11/18 - 8/03/18</b> | Monday - Friday<br><br>Lunch: 11:30 - 1 pm<br>Snack: 3 - 4 pm<br><br><b>*Hot &amp; Cold</b>    | Michael Kennedy<br>Genesis Ruiz<br>Dennis Weber  |
| Southwest Recreation Center           | 9200 W. Saratoga Place, Denver, 80123<br>(720) 865-0670 | <b>6/04/18 - 8/10/18</b> | Monday - Friday<br><br>Lunch: 12:30 - 3:30<br><br><b>*Cold Only</b>                            | Jake Pacheco<br>Adam Davis<br>Sydney Weaver  |
| Stapleton Recreation Center           | 5090 Broadway, Denver, 80216<br><br>(720) 865-2150      | <b>6/04/18 - 8/17/18</b> | Monday - Friday<br><br>Lunch: 12:30 - 2:30 pm<br>Snack: 3 - 6 pm<br><br><b>*Hot &amp; Cold</b> | Audrey Manzanares<br>Deliah Ferguson<br>Adrianna Gayton<br>Peter Lozano<br>Mark Lucero   |

| Name of <b>OPEN</b> Site      | Address  | Dates of Operation       | Days and Times of Meal Services   | 2018 Trained Staff  |
|-------------------------------|--|--------------------------|---|---|
| St. Charles Recreation Center | 3777 Lafayette St., Denver, 80205<br><br>(720) 865-2190            | <b>6/04/18 – 8/18/18</b> | Monday – Saturday<br><br>Breakfast 10-11:30 am<br><br>Lunch: 2 – 6 pm<br><br><b>*Hot &amp; Cold</b> | Vince Salazar   |
| Swansea Recreation Center     | 2650 E. 49 <sup>th</sup> Ave., Denver, 80216<br><br>(720) 865-0540 | <b>6/04/18 – 8/17/18</b> | Monday – Friday<br><br>Lunch: 12:30 – 2:30 pm<br>Snack: 4:15-5:30 pm<br><br><b>*Hot &amp; Cold</b>  | Dawn Marie Gallardo<br>Alyssa Montoya<br>Gustavo Lopez<br>Jeff Engelken<br>Rachel Valdez<br>Fancia Reynolds |

| Name of <b>Enrolled</b> Sites                   | Address   | Dates of Operation       | Days and Times of Meal Services  | 2018 Trained Staff   |
|---|---|--------------------------|--|--|
| Girls Inc of Metro Denver<br><br>(303) 893-4363 | 1499 Julian St. Denver, 80204   | <b>6/04/18 – 8/02/18</b> | Monday – Thursday<br><br>Lunch: 12- 12:45 pm<br><br>Snack: 3 – 4 pm<br><br><b>*Hot &amp; Cold</b>                                | Isabel Cruz  |
| Girls Inc of Metro Denver – Eureka!             | 622 Curtis Street Denver, Colorado (Address of parking lot next to Modular)<br><br>MC7 class room A | <b>6/04/18 – 6/29/18</b> | Monday – Thursday<br>Snack: 8:30 – 9:45 am<br>Snack: 3 – 3:45 pm<br><br>Friday<br>Snack: 8:30 – 9:45 am<br><br><b>*Cold Only</b> | Beatrice Lara  |
| Impact-360                                      | 1325 Glenarm Pl. Denver, 80204  | <b>6/11/18 – 8/17/18</b> | Monday – Friday<br><br>Breakfast: 9 – 11:30 am<br>Lunch: 11:45– 2:30pm<br><br><b>*Hot &amp; Cold</b>                             | Linsie Fell<br>Carrie Packard<br>Otto Schlosser<br>Kat Murphy Andrus<br>Maggie Lowenberg |