



DENVER
PARKS & RECREATION

There is no MY Denver programming scheduled at this recreation center this month.

MY Denver Cardholders can access any [Denver Recreation Center](#).

To find other MY Denver program schedules please visit www.denvergov.org/mydenvercard.

**Questions and more information:
MYDenver@denvergov.org**

[Check out our Newsletter](#)

To find free meal offerings please scroll down to see a list of sites and meal calendars.

OCTOBER SNACK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 <ul style="list-style-type: none"> • Goldfish Pretzels • Sunflower Seeds 	2 <ul style="list-style-type: none"> • Cinnamon Rumbles Six-Grain Crackers • Honey Wheat Crackers 	3 <ul style="list-style-type: none"> • Cheddar Goldfish • Educational Snacks 	4 <ul style="list-style-type: none"> • Honey Grahams • “Hot & Spicy” Goldfish Cheese Crackers 	5 <ul style="list-style-type: none"> • String Cheese • Colored Goldfish Cheese Crackers
8 <ul style="list-style-type: none"> • Educational Snacks with Juice • Goldfish Pretzels 	9 <ul style="list-style-type: none"> • Honey Wheat Crackers • Cinnamon Grahams 	10 <ul style="list-style-type: none"> • String Cheese • Cheddar Goldfish 	11 <ul style="list-style-type: none"> • Sunflower Seeds • Educational Snacks 	12 <ul style="list-style-type: none"> • String Cheese • Honey Grahams
15 <ul style="list-style-type: none"> • Colored Goldfish Cheese Crackers • String Cheese 	16 <ul style="list-style-type: none"> • Honey Grahams • Honey Wheat Crackers 	17 <ul style="list-style-type: none"> • Educational Snacks • “Hot & Spicy” Goldfish Cheese Crackers 	18 <ul style="list-style-type: none"> • Goldfish Pretzels • String Cheese 	19 <ul style="list-style-type: none"> • Cinnamon Grahams • Educational Snacks
22 <ul style="list-style-type: none"> • Educational Snacks with Sunbutter • Honey Wheat Crackers 	23 <ul style="list-style-type: none"> • Cheddar Goldfish with Juice • Cinnamon Grahams 	24 <ul style="list-style-type: none"> • Sunflower Seeds • Ranch Rumbles Six-Grain Crackers 	25 <ul style="list-style-type: none"> • String Cheese • Goldfish Pretzels 	26 <ul style="list-style-type: none"> • Honey Grahams • Colored Goldfish Cheese Crackers
29 <ul style="list-style-type: none"> • Educational Snacks • “Hot & Spicy” Goldfish Cheese Crackers 	30 <ul style="list-style-type: none"> • Cinnamon Grahams • String Cheese 	31 <ul style="list-style-type: none"> • Cheddar Goldfish • Honey Wheat Crackers 		

DID YOU KNOW?

Revolution Foods is proud to serve fresh food made with real ingredients. Our meals are always:

- Designed with Kids
- Created by Chefs
- Nutritionally Balanced
- Made with High-Quality Ingredients

Learn more about us on our *new* website at revolutionfoods.com

Snack: fresh fruit available daily except when Sunbutter, string cheese or juice is served.

OCTOBER SUPPER GRAB & GO

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <ul style="list-style-type: none"> Turkey Slider with Sunflower Seeds and Carrots Hot N Spicy Goldfish with String Cheese, Sunflower Seeds and Carrots 	<p>2</p> <ul style="list-style-type: none"> Popcorn Chicken Bites with Buffalo Sauce Honey Wheat Crackers with Sunbutter, String Cheese and Celery 	<p>3</p> <ul style="list-style-type: none"> Chicken Ranch Slider with Chopped Lettuce Cheddar Goldfish with Sunflower Seeds, String Cheese and Carrots 	<p>4</p> <ul style="list-style-type: none"> Chicken Salad Slider with Broccoli Cinnamon Grahams, Sunbutter, String Cheese and Celery 	<p>5</p> <ul style="list-style-type: none"> Sir Racha's Chicken Slider Goldfish Pretzels with String Cheese, Sunbutter and Celery
<p>8</p> <ul style="list-style-type: none"> Cheese Slider with Sunflower Seeds and Cucumbers Cinnamon Grahams, Sunbutter, String Cheese and Celery 	<p>9</p> <ul style="list-style-type: none"> (DF)BBQ Chicken Slider with Chopped Lettuce Cheddar Goldfish with Sunflower Seeds, String Cheese and Carrots 	<p>10</p> <ul style="list-style-type: none"> Fiesta Chicken Slider with Celery Honey Wheat Crackers with Sunbutter, String Cheese and Celery 	<p>11</p> <ul style="list-style-type: none"> Hot N Spicy Goldfish with String Cheese, Sunflower Seeds and Carrots Ham Slider with carrots 	<p>12</p> <ul style="list-style-type: none"> Popcorn Chicken Bites with Honey Mustard Dressing Educational Snacks with Sunflower Seeds, String Cheese and Carrots
<p>15</p> <ul style="list-style-type: none"> Chicken Ranch Slider with Chopped Lettuce Goldfish Pretzels with String Cheese, Sunbutter and Celery 	<p>16</p> <ul style="list-style-type: none"> (DF) Honey Mustard Chicken Slider Cinnamon Grahams, Hard Boiled Egg, String Cheese and Carrots 	<p>17</p> <ul style="list-style-type: none"> Popcorn Chicken Po Boy Sandwich Cheddar Goldfish with Sunflower Seeds, String Cheese and Carrots 	<p>18</p> <ul style="list-style-type: none"> Sir Racha's Chicken Slider Honey Wheat Crackers with Sunbutter, String Cheese and Celery 	<p>19</p> <ul style="list-style-type: none"> Turkey Slider with Sunflower Seeds and Carrots Educational Snacks with Sunflower Seeds, String Cheese and Carrots
<p>22</p> <ul style="list-style-type: none"> Fiesta Chicken Slider with Celery Honey Wheat Crackers with Sunbutter, String Cheese and Celery 	<p>23</p> <ul style="list-style-type: none"> Chicken Bites with Carrots Hot N Spicy Goldfish with String Cheese, Sunflower Seeds and Carrots 	<p>24</p> <ul style="list-style-type: none"> Turkey Slider with Sunflower Seeds and Carrots Educational Snacks with Sunflower Seeds, String Cheese and Carrots 	<p>25</p> <ul style="list-style-type: none"> Cheese Slider with Sunflower Seeds and Cucumbers Cheddar Goldfish with Hard Boiled Egg, String Cheese and Carrots 	<p>26</p> <ul style="list-style-type: none"> (DF)BBQ Chicken Slider with Chopped Lettuce Cinnamon Grahams, Sunbutter, String Cheese and Celery
<p>29</p> <ul style="list-style-type: none"> (DF) Honey Mustard Chicken Slider Goldfish Pretzels with Sunflower Seeds, String Cheese, and Carrots 	<p>30</p> <ul style="list-style-type: none"> Chicken Ranch Slider with Chopped Lettuce Honey Wheat Crackers with Sunbutter, String Cheese and Celery 	<p>31</p> <ul style="list-style-type: none"> Chicken Salad Slider with Broccoli Cinnamon Grahams, Hard Boiled Egg, String Cheese and Carrots 		

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Supper: choice of 1% or fat free milk; fresh fruit available daily.

Vegetarian (V) options available daily – if not listed on the menu, available upon request.

OCTOBER SUPPER FULL FRESH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<ul style="list-style-type: none"> • (DF) Classic Spaghetti and Meatballs with carrots • Mighty Meaty Deli Combo Sandwich on a wholegrain bun with baby carrots • (DF) (V) Egg Salad Sandwich on a wholegrain bun with lettuce 	<ul style="list-style-type: none"> • (DF) Chicken Potstickers with celery • Chicken Caesar Wrap with lettuce • Supper Power Kit! RF Crackers Pretzel Goldfish, Sunbutter, String Cheese & Celery 	<ul style="list-style-type: none"> • Pepper Jack Cheeseburger with baby carrots • (V) Cheddar Cheese Sandwich on a wholegrain bun with lettuce • Garden Ranch Salad with Chicken & pretzels 	<ul style="list-style-type: none"> • (DF) Citrus Drumstick with Rice • Honey Mustard Chicken Wrap with lettuce • (V) Sunny Sandwich Kit (sunbutter & jelly) with celery sticks & string cheese 	<ul style="list-style-type: none"> • (V) Cheese Pizza Panada Pie • (V) Veggie Chef's Salad with goldfish pretzels • Ham & Cheese Sandwich on a wholegrain bun with lettuce
<ul style="list-style-type: none"> • Creamy Chicken Alfredo with butternut squash • Turkey & Cheddar Sandwich on a wholegrain bun with lettuce • Supper Power Kit! Cheddar Goldfish, RF Crackers, String Cheese, Sunflower Seeds & Carrots 	<ul style="list-style-type: none"> • (DF) The Revolution Dog on a wholegrain bun with baby carrots • Mighty Meaty Deli Combo Sandwich on a wholegrain bun with baby carrots • (V) Southwest Veggie Wrap with lettuce 	<ul style="list-style-type: none"> • Teriyaki Glazed Chicken Sandwich on a wholegrain bun with lettuce • BBQ Chicken Wrap • (V) Cheddar Cheese Sandwich on a wholegrain bun with lettuce 	<ul style="list-style-type: none"> • (V) Cheesy Pizza Bite Meal with baby carrots (V) Veggie Taco Salad with lettuce, pinto beans, & goldfish • Chicken Salad Sandwich on a wholegrain bun with lettuce 	<ul style="list-style-type: none"> • (V) Broccoli Mac & Cheese • Ham & Cheese Sandwich on a wholegrain bun with lettuce • (V) Sunny Sandwich Kit (sunbutter & jelly) with celery sticks & string cheese
<ul style="list-style-type: none"> • Cheesy Ravioli with carrots • Chicken Caesar Wrap with lettuce • Turkey & Cheddar Sandwich on a wholegrain bun with lettuce 	<ul style="list-style-type: none"> • Chicken Taco Trio with wholegrain tortillas & corn • Garden Ranch Salad with Chicken & pretzels • (V) Cheddar Cheese Sandwich on a wholegrain bun with lettuce 	<ul style="list-style-type: none"> • Firecracker Chicken with Sesame Noodles & sunflower seeds • Teriyaki Glazed Chicken Sandwich on a wholegrain bun with lettuce • (V) Southwest Veggie Wrap with lettuce 	<ul style="list-style-type: none"> • (DF) Chicken Bites with wholegrain breading & corn • (V) Sunny Sandwich Kit (sunbutter & jelly) with celery sticks & string cheese • Buffalo Chicken Wrap with lettuce 	<ul style="list-style-type: none"> • (V) Cheese Pizza with a Wholegrain Crust & baby carrots • Ham & Cheese Sandwich on a wholegrain bun with lettuce • Supper Power Kit! RF Crackers Pretzel Goldfish, Sunbutter, String Cheese & Celery
<ul style="list-style-type: none"> • (DF) The Revolution Dog on a wholegrain bun with baby carrots • Mighty Meaty Deli Combo Sandwich on a wholegrain bun with baby carrots • (DF) (V) Egg Salad Sandwich on a wholegrain bun with lettuce 	<ul style="list-style-type: none"> • (V) Green Chile & Cheese Tamale with rice, black beans & corn • Honey Mustard Chicken Wrap with lettuce • (V) Taco Dippers Kit 	<ul style="list-style-type: none"> • (V) Cheese Pizza Panada Pie • Ham & Cheese Sandwich on a wholegrain bun with lettuce • (V) Sunny Sandwich Kit (sunbutter & jelly) with celery sticks & string cheese 	<ul style="list-style-type: none"> • (V) Broccoli Mac & Cheese • Turkey & Cheddar Sandwich on a wholegrain bun with lettuce • (DF) Sesame Chicken Wrap with cabbage coleslaw 	<ul style="list-style-type: none"> • Cheeseburger with baby carrots • Supper Power Kit! Cheddar Goldfish, RF Crackers, String Cheese, Sunflower Seeds & Carrots • Chicken Caesar Salad with lettuce, wholegrain croutons, & smart crackers
<ul style="list-style-type: none"> • Buffalo Chicken Pizza with a Wholegrain Crust & baby carrots • (V) Cheese Pizza • (V) Southwest Veggie Wrap with lettuce • Turkey & Cheddar Sandwich with lettuce 	<ul style="list-style-type: none"> • Cheesy Chicken Quesadilla with cucumber • Sesame Chicken Salad with lettuce, cabbage, cucumber, carrots & smart crackers • (DF) (V) Egg Salad Sandwich on a wholegrain bun with lettuce 	<ul style="list-style-type: none"> • (DF) Chicken Potstickers with celery • Supper Power Kit! RF Crackers Pretzel Goldfish, Sunbutter, String Cheese & Celery • Mighty Meaty Deli Combo Sandwich on a wholegrain bun with baby carrots 		

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Supper: choice of 1% or fat free milk; fresh fruit available daily.

Dairy-free (DF) and Vegetarian (V) options available daily – if not listed on the menu, available upon request.



**City of Denver, Office of Children's Affairs
Snacks and Supper Program Site
Overall Operation Dates: October 1, 2017 – September 30, 2018**

Name of Open Sites	Address	Start Date	Days and Times of Food Services	Type of Meal
Ashland Recreation Center	2475 W Dunkeld Pl, Denver, CO 80211	10/2/2017	Monday – Thursday 3 – 6 pm Wednesdays 2 – 6 pm	Snacks Only
Athmar Recreation Center	2680 W Mexico Ave, Denver, 80219	10/2/2017	Monday – Friday 4 – 5 pm	Snacks Only
Aztlan Recreation Center	4435 Navajo St, Denver, 80211	10/2/2017	Monday – Friday 4 – 5 pm	Snacks Only
Eisenhower Recreation Center	4300 Dartmouth Ave, Denver, 80222	10/2/2017	Monday – Friday 4 – 7 pm	Snacks Only
Glenarm Recreation Center	2800 Glenarm Place, Denver, 80205	10/2/2017	Monday – Friday 5 – 8 pm	Snacks Only
Reckidz @ Green Valley Ranch	4890 Argonne Way, Denver, 80249	10/2/2017	Monday – Friday 3 – 4:30 pm	Snacks Only
Green Valley Ranch Recreation Center	4890 Argonne Way, Denver, 80249	10/2/2017	Monday – Friday 5 – 6 pm	Supper Only
Harvard Gulch Recreation Center	550 E Iliff Ave Denver, 80210	10/2/2017	Monday – Friday 4 – 6 pm	Snacks Only
Harvey Park Recreation Center	2120 S Tennyson Way, Denver, 80219	10/2/2017	Monday – Friday 3:30 – 7 pm	Supper Only
Hiawatha Davis Recreation Center	3334 Holly St, Denver, 80207	10/2/2017	Monday – Friday 3 – 5 pm	Snacks Only
La Alma Recreation Center	1325 W 11th Ave, Denver, 80204	10/2/2017	Monday – Friday 4 – 6 pm	Supper Only

Name of Open Sites	Address	Start Date	Days and Times of Food Services	Type of Meal
La Familia Recreation Center	65 S. Elati St, Denver, 80223	10/2/2017	Monday – Friday 3 – 7 pm	Supper Only
Montbello Recreation Center	15555 E 53rd Ave, Denver, 80239	10/2/2017	Monday – Friday 2:30 – 4 pm (Snacks) 4:30 – 6 pm (Supper)	Snacks and Supper
Montclair Recreation Center	729 Ulster Way, Denver, 80220	10/2/2017	Monday – Friday 3:30 - 4 pm	Supper Only
Rude Park Recreation Center	2855 W Holden Pl, Denver, 80204	10/2/2017	Monday – Friday 4 – 5:15 pm	Supper Only
St. Charles Recreation Center	3777 Lafayette St, Denver, 80216	10/2/2017	Monday – Friday 3 – 7 pm Night Moves (Friday and Saturday Evenings) 6 – 9 pm	Supper Only
SOAR @ Schmitt Elementary	1820 S. Vallejo St, Denver, 80223	10/2/2017	Monday – Friday 3:15 – 4:15 pm	Snacks Only
Stapleton Recreation Center	5090 Broadway, Denver, 80216	10/2/2017	Monday – Friday 3 – 6:30 pm	Supper Only
Swansea Recreation Center	2650 E. 49 th Ave, Denver, 80216	10/2/2017	Monday – Friday 3:30 – 5:30 pm	Supper Only
ENROLLED SITE: Girls Inc. of Metro Den.	1499 Julian St. Denver, 80204	10/2/2017	Monday – Friday 3 – 5 pm	Supper Only
ENROLLED SITE: Impact360	1325 Glenarm Pl. Denver, 80204	10/2/2017	Tuesday – Friday 3 – 5 pm (Snacks) 6 – 7 pm (Supper) Saturday 9 – 11 am (Snacks) 12 – 2 pm (Lunch)	Snacks and Supper
Impact360 at West High School	951 Elati St, Denver, CO 80204		Tuesday – Friday 3 – 5 pm (Snacks) 5:30 – 7 pm (Supper) Saturday 9 – 11 am (Snacks) 12 – 2 pm (Lunch)	
ENROLLED SITE: Marie L. Greenwood Elementary School	5130 Durham Ct, Denver, CO 80239	10/2/2017	Monday – Friday 3 – 4 pm	Supper Only