



MY DENVER

JANUARY 2019 | New Year

SOUTHWEST RECREATION CENTER



MY Denver Activity Hours 4:00PM - 6:30PM Ages 8 - 18	MON	TUE	WED	THU	FRI
Program Hours Activity #1: 4:00PM - 5:00PM Transition: 5:00PM - 5:30PM Activity #2: 5:30PM - 6:30PM *Theme Related Activities		1 No Structured MY Denver Activities	2 <u>Activity #1</u> *New Year Hats <u>Activity #2</u> *New Year Hands	3 No Structured MY Denver Activities	4 Drumming with Todd 4:00PM - 5:00PM
	7 <u>Activity #1</u> All Around the World <u>Activity #2</u> *New Year Lanterns	8 No Structured MY Denver Activities	9 <u>Activity #1</u> *2019 Letters <u>Activity #2</u> *New Year Lights	10 No Structured MY Denver Activities	11 Drumming with Todd 4:00PM - 5:00PM
	14 <u>Activity #1</u> Balloon Countdown <u>Activity #2</u> *New Year Goals	15 No Structured MY Denver Activities	16 <u>Activity #1</u> *Chinese Fans <u>Activity #2</u> Dragon Breath	17 No Structured MY Denver Activities	18 Drumming with Todd 4:00PM - 5:00PM
	21 <u>Activity #1</u> Homework Help <u>Activity #2</u> *Noise Makers	22 No Structured MY Denver Activities	23 <u>Activity #1</u> *New Years Slime <u>Activity #2</u> Homework Help	24 No Structured MY Denver Activities	25 Drumming with Todd 4:00PM - 5:00PM
	Activity Key Urban Arts and Culture Sports and Wellness Science, Technology and Education Community Engagement Social Recreation Engage	28 <u>Activity #1</u> Paper Plate Masks <u>Activity #2</u> *Chinese Drums	29 No Structured MY Denver Activities	30 <u>Activity #1</u> Uno <u>Activity #2</u> Lego Play	31 No Structured MY Denver Activities

JANUARY CACFP SNACK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>NEW YEAR'S DAY! 1</p> <ul style="list-style-type: none"> • Honey Wheat Crackers • “Hot & Spicy” Goldfish Cheese Crackers 	<p>2</p> <ul style="list-style-type: none"> • String Cheese • Cheddar Goldfish 	<p>3</p> <ul style="list-style-type: none"> • Educational Snacks • Sunflower Seeds 	<p>4</p> <ul style="list-style-type: none"> • Cinnamon Grahams • Honey Wheat Crackers
<p>7</p> <ul style="list-style-type: none"> • String Cheese • Colored Goldfish Cheese Crackers 	<p>8</p> <ul style="list-style-type: none"> • Goldfish Pretzels • Cinnamon Grahams 	<p>9</p> <ul style="list-style-type: none"> • Educational Snacks • “Hot & Spicy” Goldfish Cheese Crackers 	<p>10</p> <ul style="list-style-type: none"> • Honey Wheat Crackers • Honey Grahams 	<p>11</p> <ul style="list-style-type: none"> • Cheddar Goldfish • Educational Snacks
<p>14</p> <ul style="list-style-type: none"> • Honey Wheat Crackers • String Cheese 	<p>15</p> <ul style="list-style-type: none"> • Educational Snacks • Cheddar Goldfish with juice 	<p>16</p> <ul style="list-style-type: none"> • Honey Grahams • Goldfish Pretzels 	<p>17</p> <ul style="list-style-type: none"> • Hot & Spicy” Goldfish Cheese Crackers • Sunflower Seeds 	<p>18</p> <ul style="list-style-type: none"> • Cinnamon Grahams • Honey Wheat Crackers
<p>21</p> <ul style="list-style-type: none"> • Colored Goldfish Cheese Crackers • Educational Snacks 	<p>22</p> <ul style="list-style-type: none"> • Ranch Rumbles Six-Grain Crackers with Juice • Honey Grahams 	<p>23</p> <ul style="list-style-type: none"> • Cheddar Goldfish • String Cheese 	<p>24</p> <ul style="list-style-type: none"> • Educational Snacks • Honey Wheat Crackers 	<p>25</p> <ul style="list-style-type: none"> • Sunflower Seeds • Cinnamon Grahams
<p>28</p> <ul style="list-style-type: none"> • Educational Snacks • Goldfish Pretzels with juice 	<p>29</p> <ul style="list-style-type: none"> • Honey Wheat Crackers • Honey Grahams 	<p>30</p> <ul style="list-style-type: none"> • String Cheese • Cheddar Goldfish 	<p>31</p> <ul style="list-style-type: none"> • Honey Wheat Crackers • Sunflower Seeds 	

DID YOU KNOW?

Revolution Foods is proud to serve fresh food made with real ingredients. Our meals are always:

- Designed with Kids
- Created by Chefs
- Nutritionally Balanced
- Made with High-Quality Ingredients

Learn more about us on our *new* website at revolutionfoods.com

Snack: fresh fruit available daily except when Sunbutter, string cheese or juice is served.

JANUARY SUPER SNACK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>NEW YEAR'S DAY! 1</p> <ul style="list-style-type: none"> • (DF) Chicken Bites with Ketchup & corn • Cinnamon Grahams, Sunbutter, String Cheese and Celery 	<p>2</p> <ul style="list-style-type: none"> • Ham Slider with Carrots • Honey Wheat Crackers with Sunbutter, String Cheese and Celery 	<p>3</p> <ul style="list-style-type: none"> • Chicken Salad Slider with Broccoli • Hot N Spicy Goldfish with String Cheese, Sunflower Seeds and Carrots 	<p>4</p> <ul style="list-style-type: none"> • Fiesta Chicken Slider with Celery • Educational Snacks with Sunflower Seeds, String Cheese and Carrots
<p>7</p> <ul style="list-style-type: none"> • Popcorn Chicken Bites with Ketchup & corn • Cheddar Goldfish with Sunflower Seeds, String Cheese and Carrots 	<p>8</p> <ul style="list-style-type: none"> • Turkey Slider with Sunflower Seeds and Carrots • Cinnamon Grahams, Sunbutter, String Cheese and Celery 	<p>9</p> <ul style="list-style-type: none"> • Chicken Salad Slider with Broccoli • Goldfish Pretzels with Sunflower Seeds, String Cheese, and Carrots 	<p>10</p> <ul style="list-style-type: none"> • (DF) Honey Mustard Chicken Slider with chopped lettuce • Honey Wheat Crackers with Sunbutter, String Cheese and Celery 	<p>11</p> <ul style="list-style-type: none"> • Chicken Ranch Slider with Chopped Lettuce • Educational Snacks with Sunflower Seeds, String Cheese and Carrots
<p>14</p> <ul style="list-style-type: none"> • Ham Slider with Carrots • Honey Wheat Crackers with Sunbutter, String Cheese and Celery 	<p>15</p> <ul style="list-style-type: none"> • Popcorn Chicken Bites with Honey Mustard Dressing & broccoli • Cheddar Goldfish with Sunflower Seeds, String Cheese and Carrots 	<p>16</p> <ul style="list-style-type: none"> • (DF)BBQ Chicken Slider with Chopped Lettuce • Educational Snacks with Sunflower Seeds, String Cheese and Carrots 	<p>17</p> <ul style="list-style-type: none"> • Chicken Salad Slider with Broccoli • Cinnamon Grahams, Sunbutter, String Cheese and Celery 	<p>18</p> <ul style="list-style-type: none"> • Fiesta Chicken Slider with Celery • Hot N Spicy Goldfish with String Cheese, Sunflower Seeds and Carrots
<p>21</p> <ul style="list-style-type: none"> • Turkey Slider with Sunflower Seeds and Carrots • Goldfish Pretzels with String Cheese, Sunbutter and Celery 	<p>22</p> <ul style="list-style-type: none"> • Popcorn Chicken Bites with Ketchup & corn • Honey Wheat Crackers with Sunbutter, String Cheese and Celery 	<p>23</p> <ul style="list-style-type: none"> • (DF) Honey Mustard Chicken Slider with chopped lettuce • Cinnamon Grahams, Sunbutter, String Cheese and Celery 	<p>24</p> <ul style="list-style-type: none"> • Chicken Salad Slider with Broccoli • Cheddar Goldfish with Sunflower Seeds, String Cheese and Carrots 	<p>25</p> <ul style="list-style-type: none"> • Chicken Ranch Slider with Chopped Lettuce • Educational Snacks with Sunflower Seeds, String Cheese and Carrots
<p>28</p> <ul style="list-style-type: none"> • Ham Slider with Carrots • Goldfish Pretzels with String Cheese, Sunflower Seeds and Carrots 	<p>29</p> <ul style="list-style-type: none"> • Ham Slider with Carrots • Cinnamon Grahams, Sunbutter, String Cheese and Celery 	<p>30</p> <ul style="list-style-type: none"> • (DF)BBQ Chicken Slider with Chopped Lettuce • Honey Wheat Crackers with Sunbutter, String Cheese and Celery 	<p>31</p> <ul style="list-style-type: none"> • Chicken Salad Slider with Broccoli • Hot N Spicy Goldfish with String Cheese, Sunflower Seeds and Carrots 	

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Supper: choice of 1% or fat free plain or chocolate milk; fresh fruit available daily.

Vegetarian (V) options available daily – if not listed on the menu, available upon request.

FULL FRESH JANUARY SUPPER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<p>NEW YEAR'S DAY! 1</p> <ul style="list-style-type: none"> (V) Five Cheese Lasagna with carrots Chicken Salad Sandwich on a wholegrain bun with lettuce 	<p>2</p> <ul style="list-style-type: none"> (V) Cheese Pizza with a Wholegrain Crust & baby carrots Ham & Cheese Sandwich on a wholegrain bun with lettuce (V) Cheddar Cheese Sandwich on a wholegrain bun with lettuce 	<p>3</p> <ul style="list-style-type: none"> (DF) Chicken Teriyaki with Brown Rice (V) Southwest Veggie Wrap with lettuce & carrots BBQ Chicken Slider with carrots 	<p>4</p> <ul style="list-style-type: none"> Red Chile & Chicken Tamale with rice, black beans & corn Turkey & Cheddar Sandwich on a wholegrain bun with lettuce Supper Power Kit! Cheddar Goldfish, RF Crackers, String Cheese, Sunflower Seeds & Carrots
<p>7</p> <ul style="list-style-type: none"> (DF) The Revolution Dog on a wholegrain bun with baby carrots Mighty Meaty Deli Combo Sandwich on a wholegrain bun with baby carrots Supper Power Kit! Cheddar Goldfish, RF Crackers, String Cheese, Sunflower Seeds & Carrots 	<p>8</p> <ul style="list-style-type: none"> Cheeseburger with baby carrots (V) Cheddar Cheese Sandwich on a wholegrain bun with lettuce (DF) Sesame Chicken Wrap with cabbage coleslaw 	<p>9</p> <ul style="list-style-type: none"> Chicken Enchiladas with corn Chicken Salad Sandwich on a wholegrain bun with lettuce (V) Veggie Chef's Salad with goldfish pretzels 	<p>10</p> <ul style="list-style-type: none"> (V) Green Chile & Cheese Tamale with rice, black beans & corn Buffalo Chicken Wrap with lettuce (DF) (V) Egg Salad Sandwich on a wholegrain bun with lettuce 	<p>11</p> <ul style="list-style-type: none"> (V) Cheese Pizza with a Wholegrain Crust & baby carrots Chicken Caesar Salad with lettuce, wholegrain croutons, & smart crackers Supper Power Kit! RF Crackers Pretzel Goldfish, Sunbutter, String Cheese & Celery
<p>14</p> <ul style="list-style-type: none"> (V) Five Cheese Lasagna with carrots Ham & Cheese Sandwich on a wholegrain bun with lettuce Honey Mustard Chicken Wrap with lettuce 	<p>15</p> <ul style="list-style-type: none"> Popcorn Chicken Bites with BBQ Bean Sauce Chicken Salad Sandwich on a wholegrain bun with lettuce Supper Power Kit! RF Crackers Pretzel Goldfish, Sunbutter, String Cheese & Celery 	<p>16</p> <ul style="list-style-type: none"> (DF) Orange Chicken with broccoli Turkey & Cheddar Sandwich on a wholegrain bun with lettuce (V) Veggie Taco Salad with lettuce, pinto beans, & goldfish 	<p>17</p> <ul style="list-style-type: none"> Creamy Chicken Alfredo with butternut squash (V) Sunny Sandwich Kit (sunbutter & jelly) with celery BBQ Chicken Slider with carrots 	<p>18</p> <ul style="list-style-type: none"> Beef Burger with baby carrots (V) Southwest Veggie Wrap with lettuce & carrots Supper Power Kit! Cheddar Goldfish, RF Crackers, String Cheese, Sunflower Seeds & Carrots
<p>21</p> <ul style="list-style-type: none"> Cheesy Chicken Quesadilla with cucumber BBQ Chicken Wrap with lettuce (V) Cheddar Cheese Sandwich on a wholegrain bun with lettuce 	<p>22</p> <ul style="list-style-type: none"> (DF) The Revolution Dog on a wholegrain bun with baby carrots Mighty Meaty Deli Combo Sandwich on a wholegrain bun with baby carrots (DF) (V) Egg Salad Sandwich on a wholegrain bun with lettuce 	<p>23</p> <ul style="list-style-type: none"> (V) Broccoli Mac & Cheese Meal (DF) Sesame Chicken Wrap with cabbage coleslaw Supper Power Kit! Cheddar Goldfish, RF Crackers, String Cheese, Sunflower Seeds & Carrots 	<p>24</p> <ul style="list-style-type: none"> (DF) Classic Spaghetti and Meatballs with carrots Chicken Salad Sandwich on a wholegrain bun with lettuce (V) Veggie Chef's Salad with goldfish pretzels 	<p>25</p> <ul style="list-style-type: none"> (DF) Chicken Potstickers with celery Buffalo Chicken Wrap with lettuce Supper Power Kit! RF Crackers Pretzel Goldfish, Sunbutter, String Cheese & Celery
<p>28</p> <ul style="list-style-type: none"> (DF) Chicken Bites with BBQ Bean Sauce Chicken Caesar Wrap with lettuce Supper Power Kit! Cheddar Goldfish, RF Crackers, String Cheese, Sunflower Seeds & Carrots 	<p>29</p> <ul style="list-style-type: none"> (DF) Crispy Chicken Sandwich on a wholegrain bun with lettuce (V) Cheddar Cheese Sandwich on a wholegrain bun with lettuce (DF) Sesame Chicken Wrap with cabbage coleslaw 	<p>30</p> <ul style="list-style-type: none"> (V) Cheesy Pizza Bite Meal with baby carrots Chicken Salad Sandwich on a wholegrain bun with lettuce Honey Mustard Chicken Wrap with lettuce 	<p>31</p> <ul style="list-style-type: none"> (DF) Orange Chicken with broccoli (V) Veggie Taco Salad with lettuce, pinto beans, & goldfish Turkey & Cheddar Sandwich on a wholegrain bun with lettuce 	

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Supper: choice of 1% or fat free plain or chocolate milk; fresh fruit available daily.

Dairy-free (DF) and Vegetarian (V) options available daily – if not listed on the menu, available upon request.

Office of Children's Affairs
2018 - 2019 Snacks and Supper Program

Name of Open Sites	Address and Phone Number	Start Date	Facility Opening	Days and Times of Food Services	Type of Meal
Ashland Recreation Center	2475 W Dunkeld Pl. Denver, 80211	9/10/2018	Monday – Thursday 6:00 AM Friday @ 11:30 AM	Monday – Friday 3:00 - 7:00 PM Wednesday 2:00 - 7:00 PM	Super Snacks
Athmar Recreation Center	2680 W Mexico Ave, Denver, 80219	8/27/2018	Monday – Friday 6:00 AM	Monday – Friday 4:00 - 5:00 PM	Snacks Only
Aztlan Recreation Center	4435 Navajo St, Denver, 80211	8/27/2018	Monday – Friday 11:00 AM	Monday – Friday 3:30 - 6:00 PM	Super Snacks Only
Eisenhower Recreation Center	4300 Dartmouth Ave, Denver, 80222	8/27/2018	Monday – Friday 7:00 AM	Monday – Friday 3:30 - 5:30 PM	Super Snacks
Glenarm Recreation Center	2800 Glenarm Place, Denver, 80205	8/20/2018	Monday/Wednesday/Friday 10:00 AM Tuesday/Thursday 6:00 AM	Monday – Thursday 5:00 - 8:00 PM Friday 5:00 - 7:00 PM	Snacks Only
RecKidz @ Green Valley Ranch	4890 Argonne Way, Denver, 80249	8/27/2018	Monday – Friday 6:00 AM	Monday – Friday 3:30 - 4:30 PM	Snacks Only
Green Valley Ranch Recreation Center	4890 Argonne Way, Denver, 80249	8/20/2018	Monday – Friday 6:00 AM	Monday – Friday 5:00 - 6:00 PM	Super Snacks

Harvard Gulch Recreation Center	550 E Iliff Ave., Denver, CO 80210	8/20/2018	Monday – Friday 9:00 AM	Monday – Friday 4:00 - 6:00 PM	Snacks Only
Harvey Park Recreation Center	2120 S Tennyson Way, Denver, 80219	8/20/2018	Monday – Friday 9:00 AM	Monday – Friday 3:30 – 7 PM	Supper Only (Hot & Cold)
Hiawatha Davis Recreation Center	3334 Holly St, Denver, 80207	8/20/2018	Monday – Friday 7:00 AM	Monday – Friday 3:00 - 5 PM	Super Snacks
Johnson Recreation Center	4809 Race St., Denver, 80216	10/1/2018	Monday - Thursday 11 AM - 7 PM Friday 11 AM - 6 PM	Monday - Friday 4 - 5:30 PM Saturdays 11 AM- 12 PM	Supper Only (Hot & Cold) Snacks only on Saturdays
La Alma Recreation Center	1325 W 11th Ave, Denver, 80204	8/20/2018	Monday – Friday 10:00 AM	Monday – Friday 4:00 - 6:00 PM	Supper Only (Hot & Cold)
La Familia Recreation Center	65 S. Elati St, Denver, 80223	8/27/2018	Monday/Wednesday/Friday 10:00 AM Tuesday/Thursday 6:00 AM	Monday – Friday 3:00 - 7:00 PM	Supper Only (Hot & Cold)
Marie L. Greenwood Elementary School	5130 Durham Ct, Denver, 80239	8/27/2018	Monday – Friday 7:30 AM	Monday – Friday 3:00 - 4:00 PM	Supper Only (Cold)
Montbello Recreation Center	15555 E 53rd Ave, Denver, 80239	9/4/2018	Monday – Friday 6:00 AM	Monday – Friday 2:30 - 4:00 PM (Snacks) 4:30 - 6:00 PM (Supper)	Snacks and Supper (Hot & Cold)

Montclair Recreation Center	729 Ulster Way, Denver, 80230	8/20/2018	Monday – Friday 6:00 AM	Monday – Friday 3:00 – 5:30 PM	Supper Only (Hot and Cold)
Rude Park Recreation Center	2855 W Holden Pl, Denver, 80204	8/20/2018	Monday – Friday 6:00 AM	Monday – Friday 4:00 – 5:15 PM	Snacks only
St. Charles Recreation Center	3777 Lafayette St., Denver, 80205	8/27/2018	Monday - Thursday 11:30 AM Friday @ 11 AM	Monday - Friday 3:30 - 6:30 PM	Supper Only (Hot and Cold)
SOAR @ Schmitt Elementary	1820 S. Vallejo St, Denver, 80223	8/27/2018	Monday – Friday 6:00 AM	Monday – Friday 3:15 – 4:30 PM	Super Snacks Only
Stapleton Recreation Center	5090 Broadway, Denver, 80216	9/4/2018	Monday – Friday 11:30AM	Monday – Friday 3:00 - 6:30 PM	Supper Only (Hot & Cold)
Swansea Recreation Center	2650 E. 49 th Ave, Denver, 80216	8/20/2018	Monday – Thursday 11:30 AM Friday @ 11 AM	Monday – Friday 3:30 – 6:30 PM	Supper Only (Hot & Cold)
Name of Enrolled Sites	Address	Start Date	Facility Opening	Days and Times of Food Services	Type of Meal
Girls Inc. of Metro Denver	1499 Julian St. Denver, 80204	9/4/2018	Monday – Friday 10:00 AM	Monday – Friday 3:15 – 4:15 PM	Supper Only (Hot & Cold)

Impact360 at Denver Athletic Club	1325 Glenarm Pl. Denver, 80204	9/4/2018	Tuesday - Friday 9:00 AM	Tuesday - Friday 1:45 - 4:00 PM (Snacks) 4:30 - 7:00 PM (Supper) Saturday 8 - 11:00 AM (Snacks) 11:30 - 3:00 PM (Lunch)	Snack & Supper (Hot & Cold)
Impact 360 West High School	951 Elati St. Denver, 80204	9/4/2018	Tuesday 10:00 AM Wed. - Friday @ 10:30 AM	Tuesday - Friday 1:45 - 4:00 PM (Snacks) 4:30 - 7:00 PM (Supper) Saturday 8 - 11:00 AM (Snacks) 11:30 - 3:00 PM (Lunch)	Snack & Supper (Hot & Cold)