



**Join us for drop-in MY Denver activities:**

**Monday - Friday  
4:00pm-6:30pm**

**MY Denver Cardholders can access any  
[Denver Recreation Center](#).**

**To find other MY Denver program calendars please  
visit [www.denvergov.org/mydenvercard](http://www.denvergov.org/mydenvercard).**

**Questions and more information:  
[Tiffany.Tungate@denvergov.org](mailto:Tiffany.Tungate@denvergov.org)**

**To find free meal offerings please scroll down to  
see a list of sites and meal calendars.**

NOVEMBER CACFP SNACK

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 • Educational Snacks • Honey Grahams	2 • Colored Goldfish Cheese Crackers • Blazin Hots Seeds
5 • Honey Grahams with Juice • Goldfish Pretzels	6 • Honey Wheat Crackers • String Cheese	7 • Cinnamon Grahams • Cheddar Goldfish	8 • Educational Snacks • Sunflower Seeds	9 • Cinnamon Grahams • Honey Wheat Crackers
12 • String Cheese • Colored Goldfish Cheese Crackers	13 • Honey Wheat Crackers • Honey Grahams	14 • Educational Snacks • "Hot & Spicy" Goldfish Cheese Crackers	15 • String Cheese • Cinnamon Grahams	16 • Goldfish Pretzels • Educational Snacks
19 • Honey Wheat Crackers • Educational Snacks	20 • Honey Grahams • Cheddar Goldfish	21 • Educational Snacks • String Cheese	HAPPY THANKSGIVING! 22 • Goldfish Pretzels • Sunflower Seeds	23 • Cinnamon Grahams • Honey Wheat Crackers
26 • Colored Goldfish Cheese Crackers • Educational Snacks	27 • Honey Wheat Crackers • String Cheese	28 • Cheddar Goldfish • Honey Grahams	29 • Cinnamon Grahams • Honey Wheat Crackers	30 • Sunflower Seeds • Educational Snacks

DID YOU KNOW?

Revolution Foods is proud to serve fresh food made with real ingredients. Our meals are always:

- Designed with Kids
- Created by Chefs
- Nutritionally Balanced
- Made with High-Quality Ingredients

Learn more about us on our \*new\* website at [revolutionfoods.com](http://revolutionfoods.com)

**Snack:** fresh fruit available daily except when Sunbutter, string cheese or juice is served.

GRAB & GO  
NOVEMBER SUPPER

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			<p>1</p> <ul style="list-style-type: none"> <li>(DF) Chicken Bites with ketchup</li> <li>Educational Snacks with Sunflower Seeds, String Cheese and Carrots</li> </ul>	<p>2</p> <ul style="list-style-type: none"> <li>Sir Racha's Chicken Slider</li> <li>Cheddar Goldfish with Sunflower Seeds, String Cheese and Carrots</li> </ul>
<p>5</p> <ul style="list-style-type: none"> <li>Fiesta Chicken Slider with Celery</li> <li>Cinnamon Grahams, Sunbutter, String Cheese and Celery</li> </ul>	<p>6</p> <ul style="list-style-type: none"> <li>Popcorn Chicken Bites with Honey Mustard Dressing</li> <li>Goldfish Pretzels with String Cheese, Sunbutter and Celery</li> </ul>	<p>7</p> <ul style="list-style-type: none"> <li>Turkey Slider with Sunflower Seeds and Carrots</li> <li>Honey Wheat Crackers with Sunbutter, String Cheese and Celery</li> </ul>	<p>8</p> <ul style="list-style-type: none"> <li>Ham Slider with Carrots</li> <li>Hot N Spicy Goldfish with String Cheese, Sunflower Seeds and Carrots</li> </ul>	<p>9</p> <ul style="list-style-type: none"> <li>(DF)BBQ Chicken Slider with Chopped Lettuce</li> <li>Educational Snacks with Sunflower Seeds, String Cheese and Carrots</li> </ul>
<p>12</p> <ul style="list-style-type: none"> <li>Chicken Ranch Slider with Chopped Lettuce</li> <li>Cheddar Goldfish with Sunflower Seeds, String Cheese and Carrots</li> </ul>	<p>13</p> <ul style="list-style-type: none"> <li>(DF) Honey Mustard Chicken Slider</li> <li>Cinnamon Grahams, Sunbutter, String Cheese and Celery</li> </ul>	<p>14</p> <ul style="list-style-type: none"> <li>Chicken Salad Slider with Broccoli</li> <li>Goldfish Pretzels with Sunflower Seeds, String Cheese, and Carrots</li> </ul>	<p>15</p> <ul style="list-style-type: none"> <li>(DF) Chicken Bites with ketchup</li> <li>Honey Wheat Crackers with Sunbutter, String Cheese and Celery</li> </ul>	<p>16</p> <ul style="list-style-type: none"> <li>Turkey Slider with Sunflower Seeds and Carrots</li> <li>Educational Snacks with Sunflower Seeds, String Cheese and Carrots</li> </ul>
<p>19</p> <ul style="list-style-type: none"> <li>(DF)BBQ Chicken Slider with Chopped Lettuce</li> <li>Honey Wheat Crackers with Sunbutter, String Cheese and Celery</li> </ul>	<p>20</p> <ul style="list-style-type: none"> <li>Ham Slider with Carrots</li> <li>Cheddar Goldfish with Sunflower Seeds, String Cheese and Carrots</li> </ul>	<p>21</p> <ul style="list-style-type: none"> <li>Chicken Bites with Carrots</li> <li>Educational Snacks with Sunflower Seeds, String Cheese and Carrots</li> </ul>	<p>HAPPY THANKSGIVING! 22</p> <ul style="list-style-type: none"> <li>Cinnamon Grahams, Sunbutter, String Cheese and Celery</li> </ul>	<p>23</p> <ul style="list-style-type: none"> <li>Hot N Spicy Goldfish with String Cheese, Sunflower Seeds and Carrots</li> </ul>
<p>26</p> <ul style="list-style-type: none"> <li>(DF) Honey Mustard Chicken Slider</li> <li>Goldfish Pretzels with String Cheese, Sunbutter and Celery</li> </ul>	<p>27</p> <ul style="list-style-type: none"> <li>Chicken Ranch Slider with Chopped Lettuce</li> <li>Honey Wheat Crackers with Sunbutter, String Cheese and Celery</li> </ul>	<p>28</p> <ul style="list-style-type: none"> <li>Popcorn Chicken Bites with Buffalo Sauce</li> <li>Cinnamon Grahams, Hard Boiled Egg, String Cheese and Carrots</li> </ul>	<p>29</p> <ul style="list-style-type: none"> <li>Turkey Slider with Sunflower Seeds and Carrots</li> <li>Cheddar Goldfish with Sunflower Seeds, String Cheese and Carrots</li> </ul>	<p>30</p> <ul style="list-style-type: none"> <li>Chicken Salad Slider with Broccoli</li> <li>Educational Snacks with Sunflower Seeds, String Cheese and Carrots</li> </ul>

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**Supper:** choice of 1% or fat free milk; fresh fruit available daily.

**Vegetarian (V)** options available daily – if not listed on the menu, available upon request.

NOVEMBER SUPPER FULL FRESH

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1	2
<ul style="list-style-type: none"> <li>(V) Five Cheese Lasagna with carrots</li> <li>Supper Power Kit! Cheddar Goldfish, RF Crackers, String Cheese, Sunflower Seeds &amp; Carrots</li> <li>Turkey &amp; Cheddar Sandwich on a wholegrain bun with lettuce</li> </ul>	<ul style="list-style-type: none"> <li>(V) (DF) BBQ "Beef" Vegan Calzoni with baby carrots</li> <li>Mighty Meaty Deli Combo Sandwich on a wholegrain bun with baby carrots</li> <li>Chicken Caesar Wrap with lettuce</li> </ul>	<ul style="list-style-type: none"> <li>Red Chile &amp; Chicken Tamale with rice, black beans &amp; corn</li> <li>BBQ Chicken Wrap with lettuce</li> <li>(V) Veggie Chef's Salad with goldfish pretzels</li> </ul>	<ul style="list-style-type: none"> <li>(V) Philly Cheesesteak Calzoni with baby carrots</li> <li>Garden Ranch Salad with Chicken &amp; pretzels</li> <li>(V) Sunny Sandwich Kit (sunbutter &amp; jelly) with celery sticks &amp; string cheese</li> </ul>	<ul style="list-style-type: none"> <li>(DF) Classic Spaghetti and Meatballs with carrots</li> <li>(V) Cheddar Cheese Sandwich on a wholegrain bun with lettuce</li> <li>Ham &amp; Cheese Sandwich on a wholegrain bun with lettuce</li> </ul>
5	6	7	8	9
<ul style="list-style-type: none"> <li>(V) Cheesy Ravioli with carrots</li> <li>Honey Mustard Chicken Wrap with lettuce</li> <li>Turkey &amp; Cheddar Sandwich on a wholegrain bun with lettuce</li> </ul>	<ul style="list-style-type: none"> <li>Beef Ranchero Rice Bake with Beans &amp; Corn</li> <li>Garden Ranch Salad with Chicken &amp; pretzels</li> <li>(V) Southwest Veggie Wrap with lettuce</li> </ul>	<ul style="list-style-type: none"> <li>(DF) Chicken Teriyaki with Brown Rice</li> <li>Buffalo Chicken Wrap with lettuce</li> <li>Supper Power Kit! RF Crackers Pretzel Goldfish, Sunbutter, String Cheese &amp; Celery</li> </ul>	<ul style="list-style-type: none"> <li>(DF) Roasted Turkey &amp; Stuffing</li> <li>(V) Sunny Sandwich Kit (sunbutter &amp; jelly) with celery sticks &amp; string cheese</li> <li>Mighty Meaty Deli Combo Sandwich on a wholegrain bun with baby carrots</li> </ul>	<ul style="list-style-type: none"> <li>(V) Broccoli Mac &amp; Cheese Meal</li> <li>Ham &amp; Cheese Sandwich on a wholegrain bun with lettuce</li> <li>(V) Sunny Sandwich Kit (sunbutter &amp; jelly) with celery sticks &amp; string cheese</li> </ul>
12	13	14	15	16
<ul style="list-style-type: none"> <li>(V) Green Chile &amp; Cheese Tamale with rice, black beans &amp; corn</li> <li>Supper Power Kit! Cheddar Goldfish, RF Crackers, String Cheese, Sunflower Seeds &amp; Carrots</li> <li>BBQ Chicken Wrap with lettuce</li> </ul>	<ul style="list-style-type: none"> <li>Chicken Taco Trio with wholegrain tortillas &amp; corn</li> <li>(DF) (V) Egg Salad Sandwich on a wholegrain bun with lettuce</li> <li>Chicken Caesar Salad with lettuce, wholegrain croutons, &amp; smart crackers</li> </ul>	<ul style="list-style-type: none"> <li>(DF) Chicken Bites with wholegrain breading &amp; corn</li> <li>Supper Power Kit! RF Crackers Pretzel Goldfish, Sunbutter, String Cheese &amp; Celery</li> <li>Turkey &amp; Cheddar Sandwich on a wholegrain bun with lettuce</li> </ul>	HAPPY THANKSGIVING!	
19	20	21	22	23
<ul style="list-style-type: none"> <li>Creamy Chicken Alfredo with butternut squash</li> <li>(V) Sunny Sandwich Kit (sunbutter &amp; jelly) with celery sticks &amp; string cheese</li> <li>Chicken Salad Sandwich on a wholegrain bun with lettuce</li> </ul>	<ul style="list-style-type: none"> <li>(DF) Chicken Bites with BBQ Bean Sauce wholegrain breading &amp; corn</li> <li>Supper Power Kit! Cheddar Goldfish, RF Crackers, String Cheese, Sunflower Seeds &amp; Carrots</li> <li>Ham &amp; Cheese Sandwich on a wholegrain bun with lettuce</li> </ul>	<ul style="list-style-type: none"> <li>(DF) The Revolution Dog on a wholegrain bun with baby carrots</li> <li>Mighty Meaty Deli Combo Sandwich on a wholegrain bun with baby carrots</li> <li>(V) Veggie Chef's Salad with goldfish pretzels</li> </ul>	<ul style="list-style-type: none"> <li>(V) Cheese Pizza with a Wholegrain Crust &amp; baby carrots</li> <li>Chicken Caesar Wrap with lettuce</li> </ul>	<ul style="list-style-type: none"> <li>Cheeseburger with baby carrots</li> <li>Turkey &amp; Cheddar Sandwich on a wholegrain bun with lettuce</li> </ul>
26	27	28	29	30

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**Supper:** choice of 1% or fat free milk; fresh fruit available daily.

**Dairy-free (DF) and Vegetarian (V)** options available daily – if not listed on the menu, available upon request.

**Office of Children's Affairs**  
**2018 - 2019 Snacks and Supper Program**

<b>Name of Open Sites</b>	<b>Address and Phone Number</b>	<b>Start Date</b>	<b>Facility Opening</b>	<b>Days and Times of Food Services</b>	<b>Type of Meal</b>
Ashland Recreation Center	2475 W Dunkeld Pl. Denver, 80211	9/10/2018	Monday – Thursday 6:00 AM Friday @ 11:30 AM	Monday – Friday 3:00 - 7:00 PM Wednesday 2:00 - 7:00 PM	<b>Super Snacks</b>
Athmar Recreation Center	2680 W Mexico Ave, Denver, 80219	8/27/2018	Monday – Friday 6:00 AM	Monday – Friday 4:00 - 5:00 PM	Snacks Only
Aztlan Recreation Center	4435 Navajo St, Denver, 80211	8/27/2018	Monday – Friday 11:00 AM	Monday – Friday 3:30 - 6:00 PM	Super Snacks Only
Eisenhower Recreation Center	4300 Dartmouth Ave, Denver, 80222	8/27/2018	Monday – Friday 7:00 AM	Monday – Friday 3:30 - 5:30 PM	<b>Super Snacks</b>
Glenarm Recreation Center	2800 Glenarm Place, Denver, 80205	8/20/2018	Monday/Wednesday/Friday 10:00 AM Tuesday/Thursday 6:00 AM	Monday – Thursday 5:00 - 8:00 PM Friday 5:00 - 7:00 PM	Snacks Only
RecKidz @ Green Valley Ranch	4890 Argonne Way, Denver, 80249	8/27/2018	Monday – Friday 6:00 AM	Monday – Friday 3:30 - 4:30 PM	Snacks Only
Green Valley Ranch Recreation Center	4890 Argonne Way, Denver, 80249	8/20/2018	Monday – Friday 6:00 AM	Monday – Friday 5:00 - 6:00 PM	<b>Super Snacks</b>

Harvard Gulch Recreation Center	550 E Iliff Ave., Denver, CO 80210	8/20/2018	Monday – Friday 9:00 AM	Monday – Friday 4:00 - 6:00 PM	Snacks Only
Harvey Park Recreation Center	2120 S Tennyson Way, Denver, 80219	8/20/2018	Monday – Friday 9:00 AM	Monday – Friday 3:30 – 7 PM	Supper Only (Hot & Cold)
Hiawatha Davis Recreation Center	3334 Holly St, Denver, 80207	8/20/2018	Monday – Friday 7:00 AM	Monday – Friday 3:00 - 5 PM	<b>Super Snacks</b>
Johnson Recreation Center	4809 Race St., Denver, 80216	10/1/2018	Monday - Thursday 11 AM - 7 PM Friday 11 AM - 6 PM	Monday - Friday 4 - 5:30 PM Saturdays 11 AM- 12 PM	Supper Only (Hot & Cold) Snacks only on Saturdays
La Alma Recreation Center	1325 W 11th Ave, Denver, 80204	8/20/2018	Monday – Friday 10:00 AM	Monday – Friday 4:00 - 6:00 PM	Supper Only (Hot & Cold)
La Familia Recreation Center	65 S. Elati St, Denver, 80223	8/27/2018	Monday/Wednesday/Friday 10:00 AM Tuesday/Thursday 6:00 AM	Monday – Friday 3:00 - 7:00 PM	Supper Only (Hot & Cold)
Marie L. Greenwood Elementary School	5130 Durham Ct, Denver, 80239	8/27/2018	Monday – Friday 7:30 AM	Monday – Friday 3:00 - 4:00 PM	Supper Only (Cold)
Montbello Recreation Center	15555 E 53rd Ave, Denver, 80239	9/4/2018	Monday – Friday 6:00 AM	Monday – Friday 2:30 - 4:00 PM (Snacks) 4:30 - 6:00 PM (Supper)	Snacks and Supper (Hot & Cold)

Montclair Recreation Center	729 Ulster Way, Denver, 80230	8/20/2018	Monday – Friday 6:00 AM	Monday – Friday 3:00 – 5:30 PM	Supper Only (Hot and Cold)
Rude Park Recreation Center	2855 W Holden Pl, Denver, 80204	8/20/2018	Monday – Friday 6:00 AM	Monday – Friday 4:00 – 5:15 PM	<b>Snacks only</b>
St. Charles Recreation Center	3777 Lafayette St., Denver, 80205	8/27/2018	Monday - Thursday 11:30 AM Friday @ 11 AM	Monday - Friday 3:30 - 6:30 PM	Supper Only (Hot and Cold)
SOAR @ Schmitt Elementary	1820 S. Vallejo St, Denver, 80223	8/27/2018	Monday – Friday 6:00 AM	Monday – Friday 3:15 – 4:30 PM	Super Snacks Only
Stapleton Recreation Center	5090 Broadway, Denver, 80216	9/4/2018	Monday – Friday 11:30AM	Monday – Friday 3:00 - 6:30 PM	Supper Only (Hot & Cold)
Swansea Recreation Center	2650 E. 49 <sup>th</sup> Ave, Denver, 80216	8/20/2018	Monday – Thursday 11:30 AM Friday @ 11 AM	Monday – Friday 3:30 – 6:30 PM	Supper Only (Hot & Cold)
<b>Name of Enrolled Sites</b>	<b>Address</b>	<b>Start Date</b>	<b>Facility Opening</b>	<b>Days and Times of Food Services</b>	<b>Type of Meal</b>
Girls Inc. of Metro Denver	1499 Julian St. Denver, 80204	9/4/2018	Monday – Friday 10:00 AM	Monday – Friday 3:15 – 4:15 PM	Supper Only (Hot & Cold)

Impact360 at Denver Athletic Club	1325 Glenarm Pl. Denver, 80204	9/4/2018	Tuesday - Friday 9:00 AM	Tuesday - Friday 1:45 - 4:00 PM (Snacks) 4:30 - 7:00 PM (Supper) Saturday 8 - 11:00 AM (Snacks) 11:30 - 3:00 PM (Lunch)	Snack & Supper (Hot & Cold)
Impact 360 West High School	951 Elati St. Denver, 80204	9/4/2018	Tuesday 10:00 AM Wed. - Friday @ 10:30 AM	Tuesday - Friday 1:45 - 4:00 PM (Snacks) 4:30 - 7:00 PM (Supper) Saturday 8 - 11:00 AM (Snacks) 11:30 - 3:00 PM (Lunch)	Snack & Supper (Hot & Cold)