



DENVER
PARKS & RECREATION

There is no MY Denver programming scheduled at this recreation center this month.

MY Denver Cardholders can access any [Denver Recreation Center](#).

To find other MY Denver program schedules please visit www.denvergov.org/mydenvercard.

**Questions and more information:
MYDenver@denvergov.org**

[Check out our Newsletter](#)

To find free meal offerings please scroll down to see a list of sites and meal calendars.

2018 CACFP SNACK

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> • Honey Wheat Crackers • Educational Snacks 2 	<ul style="list-style-type: none"> • Hot & Spicy Goldfish Cheese Crackers • Cinnamon Grahams 3 	<ul style="list-style-type: none"> • Blazin Hots Seeds • Colored Goldfish Cheese Crackers 4 	<ul style="list-style-type: none"> • String Cheese • Goldfish Pretzels 5 	<ul style="list-style-type: none"> • Cheddar Goldfish • Honey Grahams 6
<ul style="list-style-type: none"> • Educational Snacks • Colored Goldfish Cheese Crackers 9 	<ul style="list-style-type: none"> • Yogurt • Honey Grahams 10 	<ul style="list-style-type: none"> • Honey Wheat Crackers • Goldfish Pretzels 11 	<ul style="list-style-type: none"> • Educational Snacks • Sunflower Seeds 12 	<ul style="list-style-type: none"> • Hot & Spicy Goldfish Cheese Crackers • Cinnamon Grahams 13
<ul style="list-style-type: none"> • Granola with String Cheese • Educational Snacks with juice 16 	<ul style="list-style-type: none"> • Honey Grahams • Hot & Spicy Goldfish Cheese Crackers 17 	<ul style="list-style-type: none"> • Goldfish Pretzels • Sunflower Seeds 18 	<ul style="list-style-type: none"> • Honey Wheat Crackers • Colored Goldfish Cheese Crackers 19 	<ul style="list-style-type: none"> • Blazin Hots Seeds • Cinnamon Grahams 20
<ul style="list-style-type: none"> • Honey Wheat Crackers • String Cheese with Goldfish Pretzels 23 	<ul style="list-style-type: none"> • Educational Snacks • Sunflower Seeds 24 	<ul style="list-style-type: none"> • Cheddar Goldfish • Yogurt 25 	<ul style="list-style-type: none"> • String Cheese • Honey Wheat Crackers 26 	<ul style="list-style-type: none"> • Honey Grahams • Colored Goldfish Cheese Crackers 27
<ul style="list-style-type: none"> • Honey Wheat Crackers • Educational Snacks with juice 30 				

Did you know?



Goldfish crackers were invented 60 years ago (1958) in Switzerland when a biscuit-maker wanted to bake something special for his wife. Since she was a Pisces (whose symbol is a fish), he baked her crackers shaped as the lucky, golden fish.

Snack: fresh fruit available daily except when sunbutter, string cheese, or juice is served.

All Revolution Foods' grain items are Whole Grain Rich!

This institution is an equal opportunity provider



2018 FULL FRESH SUPPER

Monday	Tuesday	Wednesday	Thursday	Friday
<ul style="list-style-type: none"> (DF) The Revolution Dog on a wholegrain bun with baby carrots (V) Cheddar Cheese Sandwich on a wholegrain bun with lettuce BBQ Chicken Wrap with lettuce <p style="text-align: right;">2</p>	<ul style="list-style-type: none"> (V) Bean & Cheese Burrito with baby carrots (DF) (V) Egg Salad Sandwich on a wholegrain bun with lettuce Honey Mustard Chicken Wrap with lettuce <p style="text-align: right;">3</p>	<ul style="list-style-type: none"> Pasta with Zesty Beef & corn (V) Taco Dippers Kit Buffalo Chicken Wrap with Lettuce <p style="text-align: right;">4</p>	<ul style="list-style-type: none"> (V) Five Cheese Lasagna with carrots (DF) Sesame Chicken Wrap with cabbage coleslaw Chicken Salad Sandwich on a wholegrain bun with lettuce <p style="text-align: right;">5</p>	<ul style="list-style-type: none"> (V) Green Chile & Cheese Tamale with rice, black beans & corn Ham & Cheese Sandwich on a wholegrain bun with lettuce Supper Power Kit! Yogurt, Educational Snacks, Colors Goldfish, Sunflower Seeds & Carrots <p style="text-align: right;">6</p>
<ul style="list-style-type: none"> (DF) Chicken Teriyaki with Brown Rice Chicken Caesar Salad with lettuce, wholegrain croutons, & smart crackers Turkey & Cheddar Sandwich on a wholegrain bun with lettuce <p style="text-align: right;">9</p>	<ul style="list-style-type: none"> (DF) Crispy Chicken Sandwich on a wholegrain bun with lettuce (V) Cheddar Cheese Sandwich on a wholegrain bun with lettuce Chicken Salad Sandwich on a wholegrain bun with lettuce <p style="text-align: right;">10</p>	<ul style="list-style-type: none"> (V) Broccoli Mac & Cheese Meal Honey Mustard Chicken Wrap with lettuce (DF) (V) Egg Salad Sandwich on a wholegrain bun with lettuce <p style="text-align: right;">11</p>	<ul style="list-style-type: none"> (V) Bean & Cheese Burrito with baby carrots BBQ Chicken Wrap with lettuce Ham & Cheese Sandwich on a wholegrain bun with lettuce <p style="text-align: right;">12</p>	<ul style="list-style-type: none"> (V) Cheese Pizza with a Wholegrain Crust & baby carrots (DF) Sesame Chicken Wrap with cabbage coleslaw Supper Power Kit! Cheddar Goldfish, Educational Snacks, String Cheese, Sunflower Seeds & Carrots <p style="text-align: right;">13</p>
<ul style="list-style-type: none"> (V) Cheesy Pizza Bite Meal with baby carrots (DF) Sesame Chicken Wrap with cabbage coleslaw (V) Cheddar Cheese Sandwich on a wholegrain bun with lettuce <p style="text-align: right;">16</p>	<ul style="list-style-type: none"> Firecracker Chicken with Sesame Noodles & sunflower seeds Ham & Cheese Sandwich on a wholegrain bun with lettuce (V) Taco Dippers Kit <p style="text-align: right;">17</p>	<ul style="list-style-type: none"> Beefy Bean & Cheese Burrito with baby carrots Chicken Caesar Wrap with lettuce Chicken Salad Sandwich on a wholegrain bun with lettuce <p style="text-align: right;">18</p>	<ul style="list-style-type: none"> (V) Cheese Enchiladas with corn BBQ Chicken Wrap with lettuce (V) Sunny Sandwich Kit (sunbutter & jelly) with celery sticks & string cheese <p style="text-align: right;">19</p>	<ul style="list-style-type: none"> Cheeseburger with baby carrots Turkey & Cheddar Sandwich on a wholegrain bun with lettuce Supper Power Kit! Educational Snacks, Pretzel Goldfish, Sunbutter, String Cheese & Celery <p style="text-align: right;">20</p>
<ul style="list-style-type: none"> (V) Cheese Pizza with a Wholegrain Crust & baby carrots (V) Hummus Dippers with broccoli, tomatoes & string cheese Ham & Cheese Sandwich on a wholegrain bun with lettuce <p style="text-align: right;">23</p>	<ul style="list-style-type: none"> Cheesy Ravioli with carrots Honey Mustard Chicken Wrap with lettuce (V) Sunny Sandwich Kit (sunbutter & jelly) with celery sticks & string cheese <p style="text-align: right;">24</p>	<ul style="list-style-type: none"> BBQ Chicken with Cheesy rice & braised greens (V) Cheddar Cheese Sandwich on a wholegrain bun with lettuce (DF) Sesame Chicken Wrap with cabbage coleslaw <p style="text-align: right;">25</p>	<ul style="list-style-type: none"> Cheesy Chicken Quesadilla with cucumber Turkey & Cheddar Sandwich on a wholegrain bun with lettuce Chicken Caesar Wrap with lettuce <p style="text-align: right;">26</p>	<ul style="list-style-type: none"> (DF) Chicken Bites with wholegrain breading & corn Supper Power Kit! Cheddar Goldfish, Educational Snacks, String Cheese, Sunflower Seeds & Carrots (V) Veggie Taco Salad with lettuce, pinto beans, & goldfish <p style="text-align: right;">27</p>
<ul style="list-style-type: none"> (DF) The Revolution Dog on a wholegrain bun with baby carrots (V) Sunny Sandwich Kit (sunbutter & jelly) with celery sticks & string cheese BBQ Chicken Wrap with lettuce <p style="text-align: right;">30</p>				

Did you know?

Revolution Foods serves fresh food made with real ingredients. There's a lot you won't find in our meals, including:

- × No artificial colors, flavors, or sweeteners
- × No high fructose corn syrup, MSG
- × No partially or fully hydrogenated fats or oils
- × No added nitrites/nitrates

Supper: choice of 1% or fat free milk; fat-free chocolate milk on Tuesdays. Fresh fruit available daily. All Revolution Foods' grain items are Whole Grain Rich!

Dairy-free (DF) and vegetarian (V) options available daily – if not listed on the menu, available upon request.

This institution is an equal opportunity provider





**City of Denver, Office of Children's Affairs
Snacks and Supper Program Site
Overall Operation Dates: October 1, 2017 – September 30, 2018**

Name of Open Sites	Address	Start Date	Days and Times of Food Services	Type of Meal
Ashland Recreation Center	2475 W Dunkeld Pl, Denver, CO 80211	10/2/2017	Monday – Thursday 3 – 6 pm Wednesdays 2 – 6 pm	Snacks Only
Athmar Recreation Center	2680 W Mexico Ave, Denver, 80219	10/2/2017	Monday – Friday 4 – 5 pm	Snacks Only
Aztlan Recreation Center	4435 Navajo St, Denver, 80211	10/2/2017	Monday – Friday 4 – 5 pm	Snacks Only
Eisenhower Recreation Center	4300 Dartmouth Ave, Denver, 80222	10/2/2017	Monday – Friday 4 – 7 pm	Snacks Only
Glenarm Recreation Center	2800 Glenarm Place, Denver, 80205	10/2/2017	Monday – Friday 5 – 8 pm	Snacks Only
Reckidz @ Green Valley Ranch	4890 Argonne Way, Denver, 80249	10/2/2017	Monday – Friday 3 – 4:30 pm	Snacks Only
Green Valley Ranch Recreation Center	4890 Argonne Way, Denver, 80249	10/2/2017	Monday – Friday 5 – 6 pm	Supper Only
Harvard Gulch Recreation Center	550 E Iliff Ave Denver, 80210	10/2/2017	Monday – Friday 4 – 6 pm	Snacks Only
Harvey Park Recreation Center	2120 S Tennyson Way, Denver, 80219	10/2/2017	Monday – Friday 3:30 – 7 pm	Supper Only
Hiawatha Davis Recreation Center	3334 Holly St, Denver, 80207	10/2/2017	Monday – Friday 3 – 5 pm	Snacks Only
La Alma Recreation Center	1325 W 11th Ave, Denver, 80204	10/2/2017	Monday – Friday 4 – 6 pm	Supper Only

Name of Open Sites	Address	Start Date	Days and Times of Food Services	Type of Meal
La Familia Recreation Center	65 S. Elati St, Denver, 80223	10/2/2017	Monday – Friday 3 – 7 pm	Supper Only
Montbello Recreation Center	15555 E 53rd Ave, Denver, 80239	10/2/2017	Monday – Friday 2:30 – 4 pm (Snacks) 4:30 – 6 pm (Supper)	Snacks and Supper
Montclair Recreation Center	729 Ulster Way, Denver, 80220	10/2/2017	Monday – Friday 3:30 - 4 pm	Supper Only
Rude Park Recreation Center	2855 W Holden Pl, Denver, 80204	10/2/2017	Monday – Friday 4 – 5:15 pm	Supper Only
St. Charles Recreation Center	3777 Lafayette St, Denver, 80216	10/2/2017	Monday – Friday 3 – 7 pm Night Moves (Friday and Saturday Evenings) 6 – 9 pm	Supper Only
SOAR @ Schmitt Elementary	1820 S. Vallejo St, Denver, 80223	10/2/2017	Monday – Friday 3:15 – 4:15 pm	Snacks Only
Stapleton Recreation Center	5090 Broadway, Denver, 80216	10/2/2017	Monday – Friday 3 – 6:30 pm	Supper Only
Swansea Recreation Center	2650 E. 49 th Ave, Denver, 80216	10/2/2017	Monday – Friday 3:30 – 5:30 pm	Supper Only
ENROLLED SITE: Girls Inc. of Metro Den.	1499 Julian St. Denver, 80204	10/2/2017	Monday – Friday 3 – 5 pm	Supper Only
ENROLLED SITE: Impact360	1325 Glenarm Pl. Denver, 80204	10/2/2017	Tuesday – Friday 3 – 5 pm (Snacks) 6 – 7 pm (Supper) Saturday 9 – 11 am (Snacks) 12 – 2 pm (Lunch)	Snacks and Supper
Impact360 at West High School	951 Elati St, Denver, CO 80204		Tuesday – Friday 3 – 5 pm (Snacks) 5:30 – 7 pm (Supper) Saturday 9 – 11 am (Snacks) 12 – 2 pm (Lunch)	
ENROLLED SITE: Marie L. Greenwood Elementary School	5130 Durham Ct, Denver, CO 80239	10/2/2017	Monday – Friday 3 – 4 pm	Supper Only

