Active Older Adults

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Club: Adult Crafting

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Pickleball

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MY Denver Monthly Art (2nd Tuesday)

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Shwim Lessons

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Fitness & Wellness

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Pilates

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WITT Weight Room Training

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See our full schedule of classes online at: DENVERGOV.ORG/FITNESS

Aquatics

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Aqua Aerobics

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See back for Swim Lessons!

Arts & Culture

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Sewing

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See back for Swim Lessons!

CityWide Sports

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<tr>
<td>Softball - Men’s D, Men’s E, Co-Ed Leagues</td>
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Discounts

Denver residents ages 60+ and youth ages 5-18 could qualify for a free MY Denver membership.

Visit the front desk at any recreation center to see if you are eligible.
# Explore Spring 2020 Activities

**Athmar Recreation Center**
2680 W Mexico Ave. • (720) 865-2180
M-Th: 6am-9pm / F: 6am-8pm / Sat: 9am-3pm / Sun: 12-4pm

**REGISTRATION OPENS:** 2/25/2020

Browse the Activity Guide, view Fitness classes, and register for programs at [DENVERGOV.ORG/RECREATION](http://DENVERGOV.ORG/RECREATION)

---

## Youth Sports

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<td>Ages: 5-14</td>
<td>Dates: 04/19-05/16</td>
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| **Soccer (Spring)** | | | |
| Th | 4:30-5:30 PM | Ages: 5-6 | 53158 |
| Sa | 10:00-11:00 AM | | |
| Th | 5:30-6:30 PM | Ages: 7-8 | 53182 |
| M,W | 5:30-7:00 PM | Ages: 9-10 | 53205 |
| Tu,Th | 6:00-7:30 PM | Ages: 11-12 | 53145 |
| Ages: 5-12 (Co-Ed) | Dates: 04/19-05/16 | | $20 |

| **T-Ball (Summer)** | | | |
| M,W | 5:00-6:00 PM | Ages: 5-6 | 53758 |
| Ages: 5-6 | Dates: 06/01-07/30 | | $40 |

| **Baseball (Summer)** | | | |
| M,W | 6:00-7:00 PM | Ages: 7-8 | 53794 |
| M,W | 7:00-8:30 PM | Ages: 9-10 | 53867 |
| Tu,Th | 5:00-6:30 PM | Ages: 11-12 | 53641 |
| Tu,Th | 6:30-8:00 PM | Ages: 13-14 | 53707 |
| Ages: 7-8 (Boys) | Dates: 06/01-07/30 | | $40 |
| Ages: 9-14 (Boys) | Dates: 05/17-08/08 | | $50 |

| **Softball (Summer)** | | | |
| Tu,Th | 5:30-6:30 PM | Ages: 7-8 | 53819 |
| Tu,Th | 6:30-8:00 PM | Ages: 9-10 | 53895 |
| W,F | 5:00-6:30 PM | Ages: 11-12 | 53673 |
| M,F | 6:30-8:00 PM | Ages: 13-14 | 53730 |
| Ages: 7-8 (Girls) | Dates: 06/01-07/30 | | $40 |
| Ages: 9-14 (Girls) | Dates: 05/17-08/08 | | $50 |

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## Swims Lessons: Session I

### 3/16/20-4/18/20; Registration Opens: 2/25/20

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## Swims Lessons: Session II

### 4/27/20-5/23/20; Registration Opens: 4/21/20

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## Swim Lesson Pricing

- **Yellow**: $26
- **Pink**: $38

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Flip for: Active Older Adults • Out of School Time • CityWide Sports • Aquatics • Fitness & Wellness • Arts & Culture