Ages: 5-12  M-F  Summer Day Camp
Ages: 8-18

Ages: 5-17  Tu, Th  MY Denver Karate
Ages: 12-18  M, W  MY Denver Airbrush
Ages: 8-11  M, W  MY Denver Activities
Ages: 12-18  M, W
Ages: 8-11  M, W
Ages: 12-18

Youth Sports
Flag Football (Spring)  M, Th  5:00-6:30 PM  Ages: 9-10  53129
M, Tu  5:00-6:30 PM  Ages: 11-12  53070
Ages: 5-14  Dates: 04/19-05/16  $20

Soccer (Spring)  F  5:00-6:00 PM  Ages: 5-6  53179
Sa  11:00 AM-12:00 PM  Ages: 7-8  53202
F  5:00-6:00 PM  Ages: 12-18 (Co-Ed)
Sa  11:00 AM-12:00 PM  Ages: 5-12 (Co-Ed)
Ages: 7-17  Dates: 04/19-05/16  $20

Volleyball (Spring)  M, W  5:30-6:30 PM  Ages: 7-8  53270
Ages: 7-17  Dates: 04/19-05/16  $20

T-Ball (Summer)  W, F  5:00-6:00 PM  Ages: 5-6  53781
Ages: 5-12
Ages: 7-14

Softball (Summer)  Tu, Th  5:00-6:00 PM  Ages: 7-8  54100
M, Tu  6:00-7:30 PM  Ages: 9-12  53889
M, W  6:30-8:00 PM  Ages: 11-12  53661
Ages: 7-8 (Boys)  Dates: 06/01-07/30  $40
Ages: 9-14 (Boys)  Dates: 05/17-08/08  $50

Art & Culture
DIY - Canvas Painting  W  4:30-6:00 PM  04/22  54195
Ages: 12+

View game schedules at: DENVERYOUTHSports.ORG
Age Cutoff: May 16 for
5-14 Flag Football  •  5-12 Soccer  •  7-14 Volleyball
Age Cutoff: Aug 1 for
5-6 T-Ball  •  7-8 Baseball  •  7-8 Softball
Age Cutoff: Aug 8 for
9-14 Baseball  •  9-14 Softball

Explore Spring 2020 Activities
REGISTRATION OPENS: 2/25/2020
Browse the Activity Guide, view Fitness classes, and register for programs at DENVERGOV.ORG/RECREATION

Active Older Adults
Bingo
Tu  10:00 AM-12:00 PM 01/07-12/15  51862
Ages: 50+  Drop in class. FREE with membership

Out of School Time
Bunny Eggstravaganza
Sa  11:00-11:30 AM 03/28  53013
All Ages  $5

MY Denver Activities
M-F  4:00-6:30 PM 01/08-05/22  43404
Ages: 8-18  Drop in class. FREE with membership

MY Denver Airbrush
M, W  4:00-5:00 PM 04/01-04/29  53559
Ages: 8-11  Drop in class. FREE with membership

MY Denver Karate
Tu, Th  5:30-6:30 PM 01/07-12/17  52352
Ages: 5-17  Drop in class. FREE with membership

MY Denver Monthly Art (3rd Thursday)
Th  4:30-6:00 PM 01/16-12/17  50839
Ages: 8-18  Drop in class. FREE with membership

Summer Day Camp
M-F  9:00 AM-4:00 PM 06/08-07/31  53607
Ages: 5-12  $630

Discounts
Youth (ages 5-18) Active Older Adults (ages 60+)
and 80216 residents may be eligible for
discounted or free memberships and programs.
Visit the front desk at any recreation
center to see if you are eligible.

CityWide Sports
Softball - Men's D, Men's E, Co-Ed Leagues
Su-F  5:00-11:00 PM 03/16/22  52866
Ages: 18+  $525

Fitness & Wellness
See our full schedule of classes online at:
DENVERGOV.ORG/FITNESS

PERSONAL TRAINING
Body fat/fitness assessments  Ages: 15+  $15

Individual training: One-on-one 60 minute session with one of our Certified Personal Trainers.
Ages: 15+  1 Session  $45

Nutrition Plan
Personalized nutrition consult and 30-minute one-on-one check in call halfway through the session.
Fee  $45