Condition of Permit from DPR

Every person and/or organization holding a permit from Denver Parks and Recreation must comply with applicable Colorado Department of Public Health and Environment (CDPHE) Public Health Orders and Guidelines in effect at the time of the event.

COVID-19 Prevention: Tips for Permit Holder – Athletic Fields/Courts

Youth Sports Camps and Clinics

In addition to the conditions of the permit and any other legal obligations that apply to the permitted activity, we ask that each permittee follow the guidance below.

Prior to camp

- Establish a plan that includes:
  - Capacity and registration of campers that accommodates required physical distancing (6 feet) and maximum group size as specified in the Colorado Department of Health and Environment Safer-at-Home Guidelines in effect at the time of the camp. Physical distancing and group-size requirements apply to all camp activities, including transportation, eating, and recreational activities.
  - Established groups/cohorts of campers must not mix with other groups during any part of the day.
  - The availability of substitute staff if staff or volunteers become ill or are exposed.
  - The establishment of protocols for responding and reporting cases to health care staff, local public health authorities, and CDPHE.

- Ensure space is available to isolate ill staff and campers (cots, bedding, restrooms, and supervision).

- Provide adequate personal protective equipment (PPE) for staff who supervise and care for ill campers, staff, and volunteers.

- Ensure the on-call availability of a nurse or health care professional.

- Ensure access to public restrooms, drinkable water sources, and picnic or other eating areas during activities at outdoor locations.

- Train camp staff on current executive and public health orders in Colorado.

- Train camp health care staff on prevention, transmission, and care of COVID-19 illness.

- Prepare for closures following a case or outbreak of COVID-19.

- Require masks and physical distancing during transportation to and from the camp.

- Ensure sufficient handwashing/hand sanitizing locations and supplies are available.

- Ensure adequate cleaning and disinfecting supplies.

- Camps designated for children with special health care needs are strongly advised not to operate.
While camp is in session

• Stagger drop-off and pickup times to avoid large groups and allow for screening.

• Require staff and campers with suspected exposures, such as ill household contacts, to be sent home with a recommendation to get tested immediately (Testing for COVID-19) and adhere to requirements for quarantine. (How to Quarantine)

• Stagger meal times and prohibit self-serve foods, including buffet and family-style meal service.

• Provide guidance and signs to maintain required physical distancing, respiratory etiquette, and hygiene.

• Post relevant information from federal, state, and local health agencies about behaviors that mitigate the spread of disease.

Employees

• Screen staff and volunteers for symptoms and close-contact exposures upon arrival to ensure they are symptom-free before they are cleared to work. (Additional Guidance). Encourage sick employees to use the CDPHE Symptom Support tool.

• Establish protocols including isolation of the symptomatic individuals, for staff and volunteers to alert health care staff of symptoms in themselves or campers.

• Determine if any staff or volunteers are at a higher risk for COVID-19 and consider whether job duties that don’t involve interaction with others are advisable.

• Staff and volunteers, to the extent possible, should remain with the same group of campers and maintain physical distancing of at least 6 feet whenever possible, including during meals and recreation.

• Require handwashing upon arrival, before eating, and at regular intervals throughout the day.

• Require masks or face coverings whenever possible.

Campers

• Screen campers for symptoms and close-contact exposures at drop off, pick up, to ensure they are symptom-free before they are deemed able to attend.

• Provide frequent communication with all families of enrolled campers related to the occurrences of COVID-19 at the camp, the camp’s responses, and all issues in the public health order.

• Educate campers about COVID-19 and the related protocols and address their fears and questions.

• Establish protocols for campers to self-report symptoms to staff, volunteers or health care staff.

• Campers, to the extent possible, should be kept in their assigned stable groups/cohorts campers with the same staff and counselors and maintain physical distancing of at least 6 feet during eating and recreation.

• Require handwashing upon arrival, before eating, and at regular intervals throughout the day.

• Require masks or face coverings whenever possible.
Wash your hands often

- **Wash your hands** often with soap and water for at least 20 seconds especially after you have been in a public place, or after blowing your nose, coughing, or sneezing.
- If soap and water are not readily available, **use a hand sanitizer that contains at least 60% alcohol**. Cover all surfaces of your hands and rub them together until they feel dry.
- **Avoid touching your eyes, nose, and mouth** with unwashed hands.

Avoid close contact

- **Avoid close contact with people who are sick, even inside your home.** If possible, maintain 6 feet between the person who is sick and other household members.
- **Put distance between yourself and other people outside of your home.**
  - Remember that some people without symptoms may be able to spread virus.
  - **Stay at least 6 feet (about 2 arms’ length) from other people.**
  - Keeping distance from others is especially important for **people who are at higher risk of getting very sick.**

Cover your mouth and nose with a cloth face cover when around others

- You could spread COVID-19 to others even if you do not feel sick.
- Everyone should wear a **cloth face cover** when they have to go out in public, for example to the grocery store or to pick up other necessities.
  - Cloth face coverings should not be placed on young children under age 2, anyone who has trouble breathing, or is unconscious, incapacitated or otherwise unable to remove the mask without assistance.
- The cloth face cover is meant to protect other people in case you are infected.
- Do NOT use a facemask meant for a healthcare worker.
- Continue to keep about 6 feet between yourself and others. The cloth face cover is not a substitute for social distancing.

Cover coughs and sneezes

- **If you are around others and do not have on your cloth face covering, remember to always cover your mouth and nose** with a tissue when you cough or sneeze or use the inside of your elbow and do not spit.
- **Throw used tissues** in the trash.
- Immediately **wash your hands** with soap and water for at least 20 seconds. If soap and water are not readily available, clean your hands with a hand sanitizer that contains at least 60% alcohol.
Clean and disinfect

- **Clean AND disinfect** frequently touched surfaces daily. This includes tables, doorknobs, light switches, countertops, handles, desks, phones, keyboards, toilets, faucets, and sinks.
- If surfaces are dirty, clean them. Use detergent or soap and water prior to disinfection.
- Then, use a household disinfectant. Most common EPA-registered household disinfectants will work.

Monitor Your Health

- **Be alert for symptoms.** Watch for fever, cough, shortness of breath, or other symptoms of COVID-19.
  - Especially important if you are running essential errands, going into the office or workplace, and in settings where it may be difficult to keep a physical distance of 6 feet.
- **Take your temperature** if symptoms develop.
  - Don’t take your temperature within 30 minutes of exercising or after taking medications that could lower your temperature, like acetaminophen.
- Follow **CDC guidance** if symptoms develop.

Please contact the Denver Department of Public Health and Environment at phicomments@denvergov.org with any questions.