



ASHLAND INDOOR POOL

FALL 2019, AUGUST 18- NOVEMBER 23

AQUA FITNESS SCHEDULE ACTIVITIES LISTED ARE INCLUDED WITH REGIONAL AND LOCAL LEVEL PASSES/MEMBERSHIPS. ADDITIONAL FEES APPLY FOR NEIGHBORHOOD LEVELS

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Aqua Aerobics 8:00am - 9:00am	Aqua Aerobics 8:00am - 9:00am	Aqua Aerobics 8:00am - 9:00am		

SWIM SCHEDULE

Activity		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Pool	Lap Swim Only	6:00am - 1:30pm 5:00pm - 7:00pm	6:00am - 8:00am 9:00am - 1:30pm 5:00pm - 8:00pm	6:00am - 8:00am 9:00am - 1:30pm 5:00pm - 7:00pm	6:00am - 8:00am 9:00am - 1:30pm 5:00pm - 8:00pm	11:30am - 1:30pm 5:00pm - 8:00pm	8:00am - 10:30am
	Open Swim	1:30pm- 5:00pm	1:30pm- 5:00pm	1:30pm- 5:00pm	1:30pm- 5:00pm	1:30pm- 5:00pm	11:00am - 1:30pm
	Swim Lessons	7:00pm - 7:30pm		7:00pm - 7:30pm			10:30am -11:00am
Activity Pool	Family Swim	11:30am - 1:30pm	11:30am - 1:30pm	11:30am - 1:30pm	11:30am - 1:30pm	11:30am - 1:30pm	
	Open Swim	1:30pm - 5:45pm	1:30pm - 8:00pm	1:30pm - 5:45pm	1:30pm - 8:00pm	1:30pm - 8:00pm	11:00am- 1:30pm
	Swim Lessons	9:30am - 10:30am 6:00pm - 7:30pm	9:30am - 10:30am	9:30am - 10:30am 6:00pm - 7:30pm	9:30am - 10:30am		9:30am -11:00am

DURING FAMILY SWIM, ALL YOUTH UNDER 17 MUST BE WITH AN ADULT IN THE WATER

POOL AREA SHUTS DOWN 30 MINUTES PRIOR TO CLOSING

SWIM LESSON SCHEDULE REGISTRATION FEES APPLY

Registration Begins : 11/5/19

Monday/Wednesday
 9:30 - 10:00 am ▪ Preschool (ages 3 - 5)
 10:00 - 10:30 am ▪ Parent-Child (ages 6mos - 3)

Tuesday/Thursday
 9:30 - 10:00 am ▪ Preschool (ages 3 - 5)
 10:00 - 10:30 am ▪ Parent-Child (ages 6mos - 3)

Winter Season Information

Session I (01/05/20-02/01/20)
 6:00 - 6:30 pm ▪ Preschool (ages 3 - 5)
 6:30 - 7:00 pm ▪ Level 1, 2 (ages 5 - 17)

Session II (02/09/20-03/07/20)
 7:00 - 7:30 pm ▪ Level 3, 4 (ages 5 - 17)

Saturday
 9:30 - 10:00 am ▪ Preschool (ages 3 - 5)
 10:00 - 10:30 am ▪ Level 1, 2 (ages 5 - 17)
 10:30 - 11:00 am ▪ Parent-Child (ages 6mos - 3)
 10:30 - 11:00 am ▪ Level 3/4 (ages 5-17)