



CENTRAL PARK RECREATION CENTER

FALL 2019, AUGUST 18 - NOVEMBER 23

^{Kw} Kid Watch available
SilverSneakers® honored at this site

AQUA FITNESS SCHEDULE (ACTIVITIES LISTED ARE INCLUDED WITH REGIONAL LEVEL PASSES/MEMBERSHIPS. ADDITIONAL FEES APPLY FOR LOCAL AND NEIGHBORHOOD LEVELS.)

Monday	Tuesday	Wednesday	Thursday	Friday
^{Kw} Aqua Zumba® 9:15 - 10:15 a.m.	^{Kw} Aqua Zumba® 6:00 - 7:00 p.m.	^{Kw} Aqua Zumba® 9:15 - 10:15 a.m.	^{Kw} Aqua Zumba® 6:00 - 7:00 p.m.	^{Kw} Aqua Zumba® 9:15 - 10:15 a.m.

SWIM HOURS (OPEN•LAP•ADULT•SWIM LESSONS)

SAFETY BREAKS WEEKENDS AND NO SCHOOL DAYS | 12:00-12:15 PM AND 2:15-2:30 PM AND FRIDAY 4:30-4:45PM |

Activity		Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Pool 84°	Adult Lap Swim	8:00 - 10:30 a.m.						8:00 - 10:30 a.m.
	Lap Swim	10:30 a.m.-12:00 p.m.	5:30 a.m.- 2:00 p.m. 6:15- 7:15 p.m.	5:30 a.m.- 2:00 p.m. 6:15- 7:15 p.m.	5:30 a.m.- 2:00 p.m. 6:15- 7:15 p.m.	5:30 a.m.- 2:00 p.m. 6:15- 7:15 p.m.	5:30 a.m.- 2:00 p.m.	10:30 a.m.-12:00 p.m.
	Swim Lessons <i>*registration required</i>		4:45 - 6:15 p.m.	4:45 - 6:15 p.m.	4:45 - 6:15 p.m.	4:45 - 6:15 p.m.		
Activity Pool 87°	Open Swim 2 Lap Lanes	12:00 - 4:30 p.m.	2:00 - 4:45 p.m. 7:15 - 8:30 p.m.	2:00 - 4:45 p.m. 7:15 - 8:30 p.m.	2:00 - 4:45 p.m. 7:15 - 8:30 p.m.	2:00 - 4:45 p.m. 7:15 - 8:30 p.m.	2:00 - 7:30 p.m.	12:00 - 4:30 p.m.
	Adult / River	8:00.- 10:30 a.m.	5:30 - 9:15 a.m.	5:30 - 9:15 a.m.	5:30 - 9:15 a.m.	5:30 - 9:15 a.m.	5:30 - 9:15 a.m.	8:00 - 10:30 a.m.
	Open Swim	10:30 a.m. - 4:30 p.m.	10:30 a.m. - 4:45 p.m. 6:15 - 8:30 p.m.	10:30 a.m. - 4:45 p.m. 7:15 - 8:30 p.m.	10:30 a.m. - 4:45 p.m. 6:15 - 8:30 p.m.	10:30 a.m. - 4:45 p.m. 7:15 - 8:30 p.m.	10:30 a.m. - 7:30 p.m.	10:30 a.m. - 4:30 p.m.
	Swim Lessons <i>*registration required</i>		4:45 - 6:15 p.m.	9:30 - 10:30 a.m. 4:45 - 6:15 p.m.	4:45 - 6:15 p.m.	9:30 - 10:30 a.m. 4:45 - 6:15 p.m.		

POOL AREA SHUTS DOWN 30 MINUTES PRIOR TO CLOSING