



LA ALMA RECREATION CENTER

FALL 2018, AUGUST 19– NOVEMBER 24

ACTIVITIES LISTED ARE INCLUDED WITH REGIONAL LEVEL PASSES/MEMBERSHIPS. ADDITIONAL FEES APPLY FOR LOCAL OR NEIGHBORHOOD LEVELS.

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------|---|--|--|----------|--------|----------|
| | Club Social 10:00 a.m.-12:30 p.m. | Club Social 10:00 a.m.-12:30 p.m. | | | | |
| | | SilverSneakersYoga 11:45a.m.-1245 p.m. | SilverSneakers classic 10:15a.m.-11:15a.m. | | | |
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SilverSneakers® classes available at this site
 * Additional fees may apply
 ◇ Registration/Appointment required
 MY Denver youth activities schedule available on site

GYMNASIUM SCHEDULE (SUBJECT TO CHANGE WITHOUT NOTICE)

| Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|--------------------------------------|---------------------------------------|--|---|---------------------------------------|--|
| Open Gym 10:00a.m.-7:45p.m | Open Gym 10:00a.m.-745p.m.. | Open Gym 10:00a.m.-6:00p.m. | Open Gym 10:00a.m.-11:30 a.m. | Open Gym 10:00a.m.6::45p.m. | My Denver Skills and Drills 10:00a.m.-2:00p.m. |
| | | My Denver Skills and Drills 6:00p.m.-745p.m. | Adult Basketball 11:30-1:00 p.m Open Gym 1:00p.m.-6:00P.M. | | |

HOURS OF OPERATION: MONDAY - THURSDAY (10:00a - 8:00p) | FRIDAY (10:00a - 7:00p) | SATURDAY (10:00a - 2:00p)

LA ALMA RECREATION CENTER, 1325 W 11TH DENVER , CO 80204 | 720.865.2200 | DENVERGOV.ORG/RECREATION