



# RUDE RECREATION CENTER

FALL 2019 AUGUST 18-NOVEMBER 21

**AQUA FITNESS SCHEDULE** (ACTIVITIES LISTED ARE INCLUDED WITH REGIONAL LEVEL PASSES/MEMBERSHIPS. ADDITIONAL FEES APPLY FOR LOCAL AND NEIGHBORHOOD LEVELS.)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		<b>Aqua Aerobics</b> 9:15 a.m.- 10:15 a.m.		<b>Aqua Aerobics</b> 9:15 a.m.- 10:15 a.m.		

## SWIM HOURS (OPEN • LAP • ADULT • FAMILY)

Activity	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Lap Swim</b>	9:00 a.m.- 10:30 a.m.	6:00 a.m. - 9:00 a.m. 11:30 a.m. - 1:00 p.m. 5:45 p.m.. - 7:30 p.m.	6:00 a.m. - 9:00 a.m. 11:30 a.m. - 1:00 p.m. 6:00 p.m.. - 7:30 p.m.	6:00 a.m. - 9:00 a.m. 11:30 a.m. - 1:00 p.m. 5:45 p.m.. - 7:30 p.m.	6:00 a.m. - 9:00 a.m. 11:30 a.m. - 1:00 p.m. 6:00 p.m.- 7:30 p.m.	6:00 a.m. - 9:00 a.m. 11:30 a.m. - 1:00 p.m. 6:00 p.m.-7:00 p.m.	9:00 a.m.- 11:30 a.m.
<b>Open Swim</b>	10:30 a.m. - 12:15 p.m.	1:15 p.m. - 4:15 p.m.	1:15 p.m. - 4:15 p.m.	1:15 p.m. - 4:15 p.m.	1:15 - 4:15 p.m.	1:15 p.m. - 5:30 p.m.	11:30 a.m.- 2:15 p.m.

## SWIM LESSON SCHEDULE (REGISTRATION FEES APPLY)

**Fall Season Information**  
**Session I (08/27/19-09/19/19)**

**Registration Begins: 07/30/2019**

**Tuesday/Thursday**

4:30 - 5:00 p.m. • Preschool (ages 3 - 5) • Level 1/2 ( ages 5 - 17 )

**Fall Season Information**

**Session II (10/01/19-10/24/19)**

**Tuesday/Thursday**

4:30 p.m.- 5:00 p.m. • Preschool (ages 3 - 5) • Level 1 (ages 5 - 17)

**Fall Season Information**  
**Session III (11/05/19-12/05/19)**

**Registration Begins: 07/30/2019**

**Tuesday/Thursday**

4:30 - 5:00 p.m. • Preschool (ages 3 - 5) • Level 1/2 ( ages 5 - 17 )