



SCHAITLER @ BERKELEY PARK RECREATION CENTER

FALL 2019, SEPTEMBER 1 - NOVEMBER 23

AQUA FITNESS SCHEDULE (ACTIVITIES LISTED ARE INCLUDED WITH REGIONAL LEVEL PASSES/MEMBERSHIPS. ADDITIONAL FEES APPLY FOR LOCAL AND NEIGHBORHOOD LEVELS.)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Aqua Aerobics 9:00 - 10:00 a.m.	Aqua Aerobics 9:00 - 10:00 a.m.	Aqua Aerobics 9:00 - 10:00 a.m.	Aqua Aerobics 9:00 - 10:00 a.m.	Outdoor Aqua Aerobics 9:00 - 10:00 a.m.	
	Water Walking 10:00 - 10:45 a.m.	Aqua Tone 10:00 - 11:00 a.m.	Water Walking 10:00 - 10:45 a.m.	Aqua Tone 10:00 - 11:00 a.m.		
	Aqua Aerobics 5:30 - 6:30 p.m.		Aqua Aerobics 5:30 - 6:30 p.m.		Aqua Aerobics 5:30 - 6:30 p.m.	

SWIM HOURS (OPEN • LAP • ADULT • FAMILY)

SilverSneakers® honored at this site

Activity	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Lap Swim	9:00 - 11:00 a.m.	6:00 - 8:30 a.m. 11:15 a.m. - 1:00 p.m.	6:00 - 8:30 a.m. 11:15 a.m. - 1:00 p.m.	6:00 - 8:30 a.m. 11:15 a.m. - 1:00 p.m.	6:00 - 8:30 a.m. 11:15 a.m. - 1:00 p.m.	6:00 - 8:30 a.m. 11:15 a.m. - 1:00 p.m.	10:30 a.m. - 1:00 p.m.
Adult Swim 2 Lap Lanes							9:15 - 10:15 a.m.
Open Swim 1-2 Lap Lanes	11:00 a.m. - 12:30 p.m.	1:00 - 3:00 p.m. 6:30 - 8:00 p.m.	1:00 - 4:30 p.m. 6:30 - 8:00 p.m.	1:00 - 3:00 p.m. 6:30 - 8:00 p.m.	1:00 - 4:30 p.m. 6:30 - 8:00 p.m.	1:00 - 3:00 p.m. 4:00 - 5:15 p.m. 6:30 - 7:30 p.m.	1:00 - 3:30 p.m.
♦ Swim Lessons		4:00 - 5:30 p.m.	5:00 - 6:30 p.m.	4:00 - 5:30 p.m.	5:00 - 6:30 p.m.		

SWIM LESSON SCHEDULE (REGISTRATION FEES APPLY)

POOL AREA SHUTS DOWN 30 MINUTES PRIOR TO CLOSING

Winter Season Information

Session I (01/06/20-01/30/20)

Session II (02/10/20-03/05/20)

Registration Begins: 11/06/19

Monday/Wednesday

- 4:00 - 4:30 p.m. • Preschool (ages 3 - 5)
- 4:30 - 5:00 p.m. • Level 3, 4/5 (ages 5 - 17)
- 5:00 - 5:30 p.m. • Level 1, 2 (ages 5 - 17)

Tuesday/Thursday

- 5:00 - 5:30 p.m. • Level 1, 2 (ages 5 - 17)
- 5:30 - 6:00 p.m. • Parent-Child (ages 6mos - 3) • Preschool (ages 3 - 5)
- 6:00 - 6:30 p.m. • Level 3, 4 (ages 5 - 17)