Friends & Neighbors,

We've got a lot coming up this spring!

More details are provided in the body of the newsletter.

- **9 Health Fair** - April 2
- **Street sweeping begins** - April 4
- **TJ Talks: Raising Kids in the Digital Age** - April 6
- **Arbor Day Tree Sale** - April 15
- *'The Facts about Group Homes in your Neighborhood:' An Informational Town Hall* - 5:30-7 pm, location TBD - April 19
- **TJ Auction** – April 16-20
- **Earth Day** - April 22
- **Blueprint Denver Workshop** - April 25
- **Senior Series: Transportation & Driving Safely** - April 28
- **High Line Canal Trail Blazers run-walk club continues, every Sunday**
- **BrainBowl, Hamilton Middle School** – April 29
- **Tamarac & Hampden Bike Lane Public Meeting** - May 3
- **Mulch Giveaway & Compost Sale** – May 6
- **Colorado/DU light rail station public meeting** – May 9
- **Colfax Marathon Events** - May 20-21

**SAVE THE DATE—August 19—South by Southeast Festival** – A family-friendly event with music, arts, food, fun and beer.

Our southeast Denver work groups continue to meet and advocate for improvements:

- Restaurants & Retail
- Parks, Trails & Golf
- Arts & Culture
- Mobility & Streetscape

To join us at a meeting or to learn more contact [tate.carpenter@denvergov.org](mailto:tate.carpenter@denvergov.org) or visit [denvergov.org/district4](http://denvergov.org/district4).
SENIORS

SENIOR SERIES 2017
Transportation Options & Driving Safely
Fri. April 28, 10 am-noon
Eisenhower Rec Center (4300 E. Dartmouth Ave.)

- Back by popular demand, our most popular 2016 topic, transportation, is back!
- AAA Colorado will present on the effects aging has on driving ability and offer tips for safer driving techniques
- Alternative options for getting around without a car (Lyft/Uber, light rail, taxi, etc.)

Coming up:
Senior Series: First Ladies of Jazz Tribute with Denver’s First Lady, M.L. Lee
Friday, June 14, noon-4 pm
Meet at Eisenhower Rec Center

This is a special Senior Series program to hear some of the best jazz in the metro area. Transportation will be provided to the Lone Tree Arts Center from Eisenhower Rec Center. Tickets are $18 to cover transportation and entertainment costs and must be reserved 3 weeks prior to the event. Please contact kathy.gile@denvergov.org or 720-337-4444 to reserve your spot!

My office is committed to communicating with our constituents. Sometimes, we are restricted from viewing content on Nextdoor. If you see a post that needs clarification, have questions or would like to alert us about an issue, please contact my office.

SPOTLIGHT ON SOUTHEAST DENVER

FEATURED BUSINESS: Pho Club

Pho Club is a new company started by District 4 resident, Cindy Ambs. What started as an auction item for the Slavens school auction in 2014, has grown into a full-time business for Cindy. Each month, Pho Club delivers Vietnamese noodle soup made in the homestyle tradition to residences and businesses. Cindy uses the secret family recipe for broth, passed down from generations. Beef broth simmered for hours using fresh and local ingredients is the key to her success. There is a minimum order of 4 bowls, starting at $55. Currently Pho Club delivers to area codes 80210, 80222 and 80209. Membership in the club is limited, visit www.monthlyphoclub.com to sign up.

HIGH LINE CANAL TRAIL BLAZERS RUN-WALK CLUB

We are now 7 weeks out from the Colfax Marathon events weekend! There’s still time to train to walk or run a 5k, Marathon Relay, 10-Miler, 1/2 Marathon or Marathon. Join the High Line Canal Trail Blazers to get fit with southeast neighbors. Meet every Sunday at 9 am at Eisenhower Rec Center.

The High Line Canal Conservancy is awarding free registration for a 5-person marathon relay team for the Colfax Events! Enter by sharing why you love the High Line Canal on Facebook.
Proposed airspace improvements in the Denver Metroplex Project. You are invited to learn more that are automatically separated from one another. The streamlined process is one of the proposed airspace improvements in the Denver Metroplex Project. You are invited to learn more.
900 Auraria Parkway, Denver

Did you know you can have your voice heard in Denveright- our city wide community vision process without leaving SE Denver? The Hampden Library (9755 E. Girard) has a temporary kiosk to record your ideas or visit denvergov.org/denveright.

NON-PROFITS IN OUR COMMUNITY

JEWISH FAMILY SERVICE LOCAL PRODUCE IN FOOD PANTRY
Every month, JFS provides nutritious meals for more than 1000 individuals and families at the Weinberg Food Pantry. Local farms, community gardens and neighbors help contribute with donations of local produce. JFS needs more backyard gardeners to join them! Visit http://www.jewishfamilyservice.org/jfs_perspectives/donor-spotlight-community-gardeners to learn more about volunteer opportunities.

SCHOOLS

SAMUELS COMMUNITY GARDEN NEEDS PART-TIME VOLUNTEERS
Samuels Elementary (3985 S. Vincennes Ct.) is gearing up for another successful harvest season in their community garden. The school depends on community volunteers to help with the after-school Garden Club. The Club meets every Tuesday 3-4 pm, from April 11 - May 23 and requires a background check. Please contact sherithedandelionmag.com for more information.

TJ ANNUAL FUNDRAISER- April 16-20
The online auction begins at 8 am at https://tjhs.ptapal.com/auction_comingsoon.asp. Proceeds will go toward classroom grants and upgrades for improved working and learning environments. This is the largest fundraiser of the year!

Want to donate items to the auction? Email megandperkins@gmail.com or visit the website.

TJ TALKS: Raising Balanced Kids (In The Digital Age)
TJ will host Mindfulness Family Counselor, Michael Vladeck, for a special two-hour presentation on raising more grounded, self-aware teens and creating strong family connections through digital distractions. The presentation is free and open to the public. Join other parents on Thurs., April 6, 6-8 pm in the TJ auditorium (3950 S Holly St.)

Samuel’s Community Garden donated 440 pounds of food last year to Jewish Family Service!
**TASTE OF DISTRICT 4**

KIKI’S- 2440 S Colorado Blvd

With a lack of Asian restaurants in district 4, Kiki’s casual Japanese restaurant makes up for it. This small, intimate neighborhood restaurant serves traditional Japanese food with popular choices like sushi, tempura, and teriyaki. The District 4 office highly recommends the spicy miso ramen- a huge portion of delicious flavors with beef and noodles. Visit kikisjapaneserestaurant.com for the complete menu and store hours.

**SAFETY**

**VISION ZERO**

Last year, there were 6,000 pedestrian deaths last year – the highest total in more than two decades. Do you think cars drive too fast down your street? Know where a bike lane could use more protection from traffic? Crash data only tells one side of the story, and the City wants to hear where you think our streets can be made safer.

Please take the online survey at denvergov.org/visionzero. Responses will be used by the City’s Advisory Committee to identify patterns in behavior and street design to help set priorities for the action plan.

**TAX SEASON FRAUD**

It’s tax season which means increased activity for fraud! Keep these tips from the District Attorney’s office in mind as you prepare your taxes:

1. When filing online, make sure your internet is secure or password protected.
2. Don’t mail your return from home. Drop off at the post office instead.
3. Any emails and/or phone call from the IRS are fraud. The IRS never emails, texts or calls people. To make sure the request is legitimate, call the IRS directly.
4. Check your mailbox frequently or request an automatic deposit into your checking account.
5. Verify your tax preparer’s qualifications and history. All preparers must have a Tax Identification Number (PTIN).

If you feel you have been a victim of tax fraud, call the D.A’s hotline at 720-913-9179.

**Did you know that Denver has adopted Vision Zero- a collective, international effort to eliminate all traffic-related deaths and serious injuries on the roads? Traffic deaths are preventable!**

**SUSTAINABILITY**

**RECYCLE THIS, NOT THAT**

Denver only recycled 20% of its household waste in 2016. We can do better! Read the complete list of the most common recycling errors from the Denver Post - http://www.denverpost.com/2017/03/05/most-common-recycling-mistakes/.

- Plastic bags are NOT recyclable in Denver’s single-stream program. Most grocery stores have a collection where you can drop off all your plastic bags.
- Don’t put your recyclables into a big trash bag.
- Anything with grease is NOT recyclable. No liquids or food.
- Water and soda bottle caps are recyclable if they are on the bottle.
- No paper cups (includes your Starbucks cup).
- Computers, electronics, propane tanks, car parts and bicycles are NOT accepted.
TRASH CART CONVERSION
By the end of 2017, all Denver households with dumpster or manual trash collection will convert to cart-based service. Trash carts are more efficient and reduce waste disposal by providing options to divert waste to recycling and composting. There are about 35,000 homes left that still need to be converted. To learn more about trash cart conversions and the expansion of the compost program, visit denvergov.org/recycling.

STREET SWEEEPING BEGINS APRIL 4
Street sweeping season begins Tuesday, April 4 and lasts through November. Need a reminder? Residents can sign up for street sweeping alerts at denvergov.org/recycling.

SOUTH PLATTE RIVER ENVIRONMENTAL EDUCATION (SPREE)
All children must be accompanied by an adult. Snacks are provided. Events are free! Read more at thegreenwayfoundation.org.

2017 Spring Programs

- **Family RiverSweep**, Sat. April 22, 9 am @ City of Cuernavaca Park (3500 Rockmont Dr, Denver). Volunteers will clean up the park and then participate in educational games and make nature crafts.
- **Art on the River**, Sat. May 13, 11 am @ City of Cuernavaca Park
  Explore the park along the South Platte River. Get inspired and create art pieces.

SPREE Day Camps

- Location: Joe Shoemaker School (3333 S. Havana St.)
- Ages: Students entering 1st-5th grade in fall 2017
- Price: $215/week. Register at greenwayfoundation.org/summcamp or call 720-306-8000.
- Date: June 5-August 4, Hours: 8 am-6 pm

AFFORDABLE TREE SALE
Spend Arbor Day by planting a tree! Trees available include: Stanley Plum, Reliance Peach, Montmorency Cherry, Honeycrisp Apple, Cleveland Select Flowering Pear, Hot Wings Tatarian Maple, and a variety of medium to large shade trees. The sale is open to everyone, regardless if you are a Denver resident. Help beautify our urban forest!

- **What**: The Park People’s Arbor Day Fruit and Yard Tree Sale
- **When**: Saturday, April 15, 12-2 pm
- **Where**: City Park Greenhouse (2500 E. 23rd Ave.) & Sloan’s Lake Park (5055 W. 17th Ave.)
- **Cost**: $45 for bareroot trees and $65 for balled and burlapped trees

Visit www.theparkpeople.org, or call 303-722-6262 for more information.

MULCH GIVEAWAY & COMPOST SALE
Pick up free mulch and purchase compost for all your gardening needs on May 6, 8 am-2 pm at the Havana Nursery (10450 Smith Rd, south of I-70 on Havana St.) Please bring your own bags, shovel and tarps for loading. Due to limited supplies, Denver residents only.

Did you know that Colorado celebrates Arbor Day on the third Friday of the month? This year, it will be held on April 21.

GOOD NEIGHBORS

GOOD NEIGHBOR AWARD FINALIST: A LITTLE HELP
Six finalists were chosen for the 2017 Denver Healthy Communities Awards, a distinction to individuals and organizations that have a longstanding commitment to protecting and improving the environment and community. Featured in our 2016 Senior Series, A Little Help is one of 2 finalists under the “Good Neighbor” category.

- **A Little Help** – A Little Help connects neighbors to seniors through volunteers that help with transportation, yard and home chores, technology troubleshooting, household, friendly walks and visits. In 2015, nearly 800 volunteers spent over 6000 hours with A Little Help programs. Learn more at alittlehelp.org or 720-242-9032.
BOOT CAMP
Registration is now open! Boot camp is geared to serve all fitness levels. $60 for one day session/week, $100 for two days/week. Sign up here.

- Rude Boot Camp- Tuesdays/Thursdays, 6:15-7:15 am. April 4- May 25
- City Park Boot Camp- Wednesdays, 5:45-6:45 pm, Saturdays, 8:30-9:30 am

ET CETERA...

RENTER’S RIGHTS & FAIR HOUSING WORKSHOP
Two FREE community workshops will cover Landlord/Tenant rights and issues.

- Sat., April 8 from 11:30-1:30 at Valdez-Perry Branch Library (4690 Vine Street)
- Wed., April 19 from 5:30-7:30 pm at Blair-Caldwell African American Research Library (2401 Welton Street)

JOB SEARCHING? WORK FOR THE CITY!
Denver’s Workforce Services provides training resources and connections for employers, jobseekers, TANF recipients, veterans and youth. Visit denvergov.org/oed to search available positions and/or denvergov.org/workforce for job fairs and events.

THE FACTS ABOUT GROUP HOMES IN YOUR NEIGHBORHOOD- APRIL 19, LOCATION TBD
Recently, there has been a lot of talk about group homes and transitional housing facilities in our neighborhoods. These applications are not a rezoning and are permitted in all zoning districts in accordance with local, state and federal law. Learn more and ask questions at the informational town hall on April 19, 5:30-7 pm, location TBD. More details will be sent closer to the meeting date.

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