

## Who are we?

The Healthy Beverage Partnership (HBP) is a regional effort to prevent obesity and chronic disease through education, environment and policy change. HBP works in seven counties in the Denver metropolitan area and is made up of six lead agencies: Boulder County Public Health, Broomfield Public Health and Environment, Denver Environmental Health, Denver Public Health, Jefferson County Public Health and Tri-County Health Department. The HBP is facilitated by Denver Public Health and is sponsored by the Colorado Department of Public Health and Environment through the Cancer, Cardiovascular and Pulmonary Disease (CCPD) Grants Program.

## Why focus on sugary beverages?

Sugary beverages are the single leading contributor to childhood obesity.



Sugary beverages are the largest source of added sugar in the U.S. diet and provide little to no nutritional value.



In Colorado, nearly 1 in 3 adults and 1 in 5 children drink more than 1 sugary beverage daily



Just one sugary beverage a day contributes to type 2 diabetes, obesity, heart disease, and tooth decay.

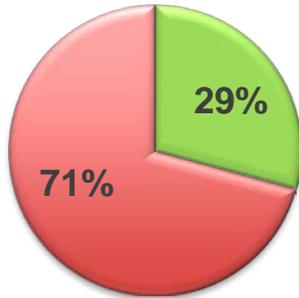


## What are we doing to create change?

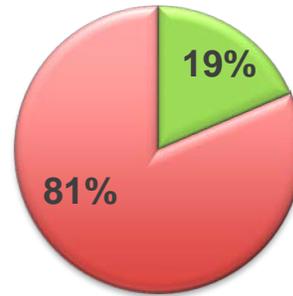
We work with Denver Metro organizations to:

- Assess the availability of healthy food and beverages, including free drinking water in public venues.
- Assess organizational policies that promote access to healthy food and beverages
- Provide assistance to organizations to adopt policies and increase healthy options in vending machines, cafeterias, concession stands and meetings.
- Support local coalitions to raise awareness about the health consequences of sugary beverages and promote healthy choices.
- Model the adoption of healthy and sustainable meeting policies

## Food and Beverage Options in Public Places Baseline Assessment Results Denver County - June 2016



■ % Healthy Beverages  
■ % Unhealthy Beverages



■ % Healthy Snacks  
■ % Unhealthy Snacks



### Where have we conducted assessments?

- Aqua Golf
- Bruce Randolph Middle School
- Community College of Aurora (Lowry)
- Corky Gonzalez Library
- Denver Central Public Library
- Denver Children's Museum
- Denver Health
- Denver Museum of Nature and Science
- Denver Parks and Recreation
- Denver School of the Arts
- Denver Zoo
- History Colorado

### You can help—here's how:

- Adopt Healthy Meeting, Vending and Procurement Policies at your organization.
- Connect us with organizations we can work with to improve their nutrition environments.
- Share HBP's efforts and model policies with your networks.
- Suggest events and meetings where we can present our work.
- Participate in a coalition meeting to learn more about our work and to get involved.

### For more information:

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