What are the most concerning public health issues facing Denver?

Be Healthy Denver worked with community members to select two priority areas for Denver’s Community Health Improvement Plan (CHIP) 2013-2018:

- Access to Care, including Behavioral Health
- Healthy Eating and Active Living, including the Built Environment

How can we make a difference?

The CHIP goals and objectives will align city-wide resources and efforts around these priority areas. The intent is to drive significant change over the next five years through collaborative efforts.

Progress on these health objectives will be routinely evaluated and reported at BeHealthyDenver.org.
Denver’s Public Health Priorities

Access to Care, including Behavioral Health
In 2013, approximately 104,000 persons in Denver, or nearly one in five residents, lacked health insurance. A higher portion lacked dental insurance, and many others are underinsured.

Beyond increasing insurance coverage, system-wide change to streamline health care services is required to improve health outcomes for Denver residents.

Healthy Eating and Active Living (HEAL), including the Built Environment
Denver’s rates of overweight and obesity for children are already similar to the national rates. This is a concern because childhood obesity often leads to adult obesity, which causes chronic diseases such as heart disease, cancer, and stroke.

Unless action is taken, Denver’s high childhood overweight and obesity rates will soon translate into higher rates for all age groups.

Healthy Eating and Active Living (HEAL) Action Plan

Be Healthy Denver is a collaborative effort between Denver Environmental Health, Denver Public Health, and numerous partner organizations and individuals committed to improving the health of all Denver residents.

Be Healthy Denver envisions a community that provides ample opportunities for all residents to be healthy, regardless of their race, ethnicity, income level, or the neighborhood in which they live.

How Local Organizations and Individuals Can Help
Governmental agencies, community-based organizations, and foundations can help by devoting resources and aligning their work with Be Healthy Denver’s goals and objectives around Access to Care and Healthy Eating and Active Living in Denver.

Contact us at BeHealthyDenver.org to get involved in Denver’s efforts to meet the CHIP goals and objectives.