Abuse in Later Life

Abuse can happen to any of us in later life. It can be physical, verbal, sexual, financial, and/or emotional.

Remember, it's not okay to:
- Push, hit, slap, kick, pull hair, bite
- Call names, use put-downs, ignore, humiliate
- Take money or property
- Withhold or deny care
- Prevent access to food, medicine, clothing & basic needs
- Take away prescriptions, glasses, hearing aids, walkers, other assistive devices
- Force sexual acts
- Steal or destroy property
- Isolate or prevent someone from going places
- Touch someone inappropriately
- Intimidate, threaten (to harm pets, people, or to put someone in assisted living)

Sadly, the people we love or trust the most may hurt us the worst — such abuse is becoming more and more common. Abuse can come from spouses, intimate partners, adult children or grandchildren, other family members, caregivers, friends, and others.

What you might need if you have to stay with a friend or leave in a hurry:
- Address book
- Insurance cards, medical records, car registration
- Birth certificate
- Keys (house, car, P.O. Box, safety deposit box)
- Checkbook, credit cards
- Medications, prescriptions, and medical supplies
- Driver's license
- Money & ATM card
- Eyeglasses, hearing aids
- Photographs & precious memorabilia
- Photograph of the abuser
- Work permit / VISA / green card / passport

For more safety tips, click on our Safety Planning link.

If you or someone you know is being hurt, threatened, or stolen from, it's okay to speak up and make a report.

- You can call 911.
- You can call Adult Protective Services at 720-944-2994.
- You can call the City Attorney’s Office at 720-913-4979 or 720-913-8020.
- You can call the District Attorney’s Office fraud hotline at 720-913-9179.

Elder abuse is NOT okay.
Learn the warning signs of abuse.
It IS okay to speak up!