



Downtown Detention Center Programs & Services

Carey Guides

Self-study journals in English and Spanish to address the following key life areas: Thoughts and Beliefs, Coping/Self-Control Skills, Friends, Family/Relationships, Alcohol and/or Drug Use, Work, School, and Use of Free Time. There are fourteen journals that you can work through and they will be assigned one at a time upon request.

Contact: Programs.

Mental Health Assistance

Mental health screening and therapy provided by the Denver Health team and include the mental health High Acuity Treatment unit at DDC.

Contact: Denver Health

Religious & Counseling Services

Spiritual counseling through the chaplain and volunteers from outside organizations. Religious items, reading materials, as well as religious diets.

Contact: Programs

Reentry Services

Services to assist people through case management, classes, and community resource information prior to and after being released provided by Transition from Jail to Community Collaborative (TJCC).

Contact: Programs

Change Pod 5D

Substance abuse, cognitive behavioral education and case management services for inmates who are working and have been screened as being motivated for change and preparation for transition to the community. **Contact:**

Programs

*For all offered services, please send a clearly written kite with your name and CD# to the **contact** listed.*

Please note that not all services may be offered in your pod. For services or programs not listed above, please speak with your housing officer for more information. Earned Time Credit (ETC) is only available for inmates enrolled and participating successfully in comprehensive programming, such as the Reentry and Change Pod programs. ETC of 3 days may be received for 30 days of successful programming and is not earned for people serving flat time or if an inmate is found guilty at a discipline review board while enrolled in the program. People may still participate in programs if ineligible for ETC and approved to participate by the Programs Administrator. ETC Certificates are sent by programs staff to Records and Records then processes and approves ETC based on eligibility for ETC.

Denver Human Services Outreach

Eligibility determination for health insurance options and food assistance upon release.

Contact: Programs

Reentry Program

A program for people who have at least 60 days to serve. If approved through programs the individual will be assigned two classes based on identified needs such as job readiness and cognitive behavioral education, substance abuse education, etc.

Contact: Programs

Other program & services available include, but are not limited to:

- Contact **Programs** for the following
 - GED Instruction (High School diploma)
 - ID Waivers (financial waiver for an identification card)
 - Substance abuse/relapse prevention
 - Parenting Classes
 - Anger Management & Cognitive Behavioral Intervention
 - Religious Services other than those offered through activity sign-up
- Please use the Activity Sign-up Sheets available through the Housing Officer assigned to your pod for the following:
 - Support Groups
 - Yoga
 - Religious Services
- Contact the **Kitchen** for ServSafe: Certification in food service.

B.O.A.S.T. – Building Opportunities Around Successful Transition