## Explore Summer 2022 Activities

Register Beginning May 3rd at Noon

Browse the Activity Guide, and register for programs at DENVERGOV.ORG/RECREATION

### Active Older Adults

<table>
<thead>
<tr>
<th>Day</th>
<th>Time</th>
<th>Activity</th>
<th>Code</th>
</tr>
</thead>
<tbody>
<tr>
<td>Billiards 101</td>
<td>W 10:00-11:00 AM</td>
<td>01/05-12/28</td>
<td>73525</td>
</tr>
<tr>
<td></td>
<td>Ages: 18+. Drop in class. FREE with membership</td>
<td></td>
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</tr>
<tr>
<td>Circuit Weight Room 101</td>
<td>Tu,Th 10:00-11:00 AM</td>
<td>01/04-12/29</td>
<td>73536</td>
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<tr>
<td></td>
<td>Ages: 50+. Drop in class. FREE with membership</td>
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<tr>
<td>Club: Billiards</td>
<td>W 11:00 AM-1:00 PM</td>
<td>01/05-12/28</td>
<td>73541</td>
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<tr>
<td></td>
<td>Ages: 18+. Drop in class. FREE with membership</td>
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</tr>
<tr>
<td>Club: Social</td>
<td>F 9:45-11:00 AM</td>
<td>01/07-12/02</td>
<td>73580</td>
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<tr>
<td></td>
<td>Ages: 18+. Drop in class. FREE with membership</td>
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<tr>
<td>Nutrition Clinic</td>
<td>M 11:30 AM-12:30 PM</td>
<td>01/10-12/12</td>
<td>73515</td>
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<td></td>
<td>Ages: 50+. Drop in class. FREE with membership</td>
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<tr>
<td>Pickleball</td>
<td>Tu,Th 11:30 AM-1:30 PM</td>
<td>01/04-12/29</td>
<td>73590</td>
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<td></td>
<td>Ages: 18+. Drop in class. FREE with membership</td>
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<tr>
<td>Pickleball Beginner Clinic</td>
<td>Tu 10:00-11:00 AM</td>
<td>01/04-12/27</td>
<td>73609</td>
</tr>
<tr>
<td></td>
<td>Ages: 18+. Drop in class. FREE with membership</td>
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</tbody>
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### Fitness & Wellness

#### Zumba®

- **M,W 5:30-6:30 PM**
  - **01/03-12/26**
  - **73802**
- **Ages: 15+**
- Drop in class. FREE with membership

See our full schedule of classes online at: [DENVERGOV.ORG/FITNESS]

### MY Denver

#### MY Denver Activities

- **M,F 12:00-4:00 PM**
  - **06/03-08/19**
  - **77540**
- **Ages: 8-18. Drop in class. FREE with MY Denver Card**

### Summer in the Parks

- **At Aztlan Recreation Center**
  - **M-F 9:00 AM-4:00 PM**
  - **06/06-07/29**
  - **72991**
- **Ages: 5-12**
- **$630**

### Discounts

- Denver residents ages 60+ and youth ages 5-18 could qualify for a free MY Denver membership.
- Visit the front desk at any recreation center to see if you are eligible.

### Youth Sports

#### Cheerleading Camp

- **At Scheitler Recreation Center**
  - **M-Th 10:30 AM-12:00 PM**
  - **07/25-07/28**
  - **74759**
  - **Ages: 5-14**
  - **$20**

#### Sports Camp - Lacrosse

- **Berkeley Lake Park**
  - **M-F 9:00-10:00 AM**
  - **06/27-07/01**
  - **74608**
  - **Ages: 7-9**
  - **$25**
  - **M-F 10:30-11:30 AM**
  - **06/27-07/01**
  - **74609**
  - **Ages: 10-12**
  - **$25**

#### Sports Camp - Multi-Sport

- **Berkeley Lake Park**
  - **M-F 9:00-10:00 AM**
  - **06/13-06/17**
  - **75107**
  - **Ages: 5-8**
  - **$25**
  - **M-F 10:30-11:30 AM**
  - **06/13-06/17**
  - **74605**
  - **Ages: 9-12**
  - **$25**

### YOUTH TEAM SPORTS

#### T-Ball

- **Tu,W 4:00-5:00 PM**
  - **Ages: 5-6**
  - **74574**
- **Ages: 5-6 Dates: 06/06-08/06**
  - **$40**

#### Baseball

- **W,Th 5:00-6:00 PM**
  - **Ages: 7-8**
  - **74617**
- **M,F 6:00-7:30 PM**
  - **Ages: 9-10**
  - **74684**
- **Ages: 7-8 Dates: 06/06-08/06**
  - **$40**
- **Ages: 9-14 Dates: 06/06-08/13**
  - **$50**

#### Softball

- **M,Tu 5:00-6:00 PM**
  - **Ages: 7-8**
  - **74646**
- **W,Th 6:00-7:30 PM**
  - **Ages: 9-10**
  - **74713**
- **Ages: 7-8 Dates: 06/06-08/06**
  - **$40**
- **Ages: 9-14 Dates: 06/06-08/13**
  - **$50**

View game schedules at: [DENVERYOUTHSPORTS.ORG]

*Teams will practice 2x/week until games begin; Once games begin, teams will practice 1x/week.*