

# Explore Winter 2021-2022 Activities



Register Beginning November 9th at Noon

Browse the Activity Guide, and register for programs at [DENVERGOV.ORG/RECREATION](http://DENVERGOV.ORG/RECREATION)

## Aztlan Recreation Center

M-Th: 10am-8pm  
F: 10am-7pm  
Sat: 10am-2pm  
Sun: Closed

4435 Navajo St. • (720) 865-2180



### Active Older Adults

DAY	TIME	DATE	ACTIVITY #
-----	------	------	------------

**Bingo**  
W 10:00 AM-12:00 PM year-round [69902](#)  
Ages: 50+ ..... Drop in class. FREE with membership

**Theme: Holiday Lunch**  
F 12:00-2:00 PM 12/03 [70418](#)  
Ages: 18+ .....\$7

**Theme: Valentine's Luncheon**  
F 12:00-2:00 PM 02/11 [70463](#)  
Ages: 18+ .....\$7



### MY Denver

DAY	TIME	DATE	ACTIVITY #
-----	------	------	------------

**MY Denver Activities**  
M-F 4:00-6:30 PM year-round [70193](#)  
Ages: 8-18. .... Drop in class. FREE with membership



### Arts & Culture

DAY	TIME	DATE	ACTIVITY #
-----	------	------	------------

**Ceramics**  
Th 11:00 AM-1:00 PM 01/06-02/03 [71955](#)  
Th 5:30-7:30 PM 02/10-03/10 [71956](#)  
Ages: 18-64 .....\$45  
Ages: 65+ .....\$32



### Fitness & Wellness

DAY	TIME	DATE	ACTIVITY #
-----	------	------	------------

**Boxing Conditioning**  
M,W 5:30-6:30 PM year-round [69991](#)  
Ages: 15+ ..... Drop in class. FREE with membership

**Circuit Training**  
Tu,Th 10:00-11:00 AM year-round [69993](#)  
Ages: 15+ ..... Drop in class. FREE with membership

See our full schedule of classes online at:  
[DENVERGOV.ORG/RECREATION](http://DENVERGOV.ORG/RECREATION)

#### PERSONAL TRAINING

**Body fat/fitness assessments**  
Ages: 15+ .....\$15

**Individual training:** One-on-one 60 minute session with one of our Certified Personal Trainers.  
Ages: 15+ 1 Session .....\$45

**Nutrition Plan**  
Personalized nutrition consult and 30-minute one-on-one check in call halfway through the session.  
Fee. ....\$45

### Outdoor Recreation

DAY	TIME	DATE	ACTIVITY #
-----	------	------	------------

**Learn to Ski and Ride**  
F 7:00 AM-6:00 PM 01/21 [72190](#)  
Ages: 7-17 .....\$30

### Youth Sports

DAY	TIME	AGE	ACTIVITY #
-----	------	-----	------------

**Co-Ed Basketball**  
Th 5:00-6:00 PM Ages: 5-6 [71523](#)  
Sa 10:00-11:00 AM  
Ages: 5-6 (Co-Ed) Dates: 01/03-03/05 .....\$40

**Boys Basketball**  
Th 6:00-7:00 PM Ages: 7-8 [71407](#)  
Sa 11:00 AM-12:00 PM  
M, Tu 4:30-5:30 PM Ages: 9-10 [71467](#)  
Tu 5:30-6:30 PM Ages: 11-12 [71297](#)  
Th 8:00-9:00 PM  
Tu 6:30-7:30 PM Ages: 13-14 [71347](#)  
W 8:00-9:00 PM  
Ages: 7-8 (Boys) Dates: 01/03-03/05 .....\$40  
Ages: 9-14 (Boys) Dates: 01/03-03/19 .....\$50

**Girls Basketball**  
F 5:30-6:30 PM Ages: 7-8 [71665](#)  
Sa 12:00-1:00 PM  
W, F 6:00-7:00 PM Ages: 9-10 [72316](#)  
M 5:30-6:30 PM Ages: 11-12 [71599](#)  
Th 7:00-8:00 PM  
M 6:30-7:30 PM Ages: 13-14 [71640](#)  
W 7:00-8:00 PM  
Ages: 7-8 (Girls) Dates: 01/03-03/05 .....\$40  
Ages: 9-14 (Girls) Dates: 01/03-03/19 .....\$50

View game schedules at:  
[DENVERYOUTHSPORTS.ORG](http://DENVERYOUTHSPORTS.ORG)  
**Age Cutoff: January 23, 2022** for  
5-6 Co-Ed Basketball  
7-17 Boys Basketball • 9-14 Girls Basketball  
*\*Teams will practice 2x/week until games begin;  
Once games begin, teams will practice 1x/week.*

DAY	TIME	AGE	ACTIVITY #
-----	------	-----	------------

**Sports Experience**  
F 4:30-5:30 PM 01/07-01/28 [72306](#)  
F 4:30-5:30 PM 02/11-03/04 [72307](#)  
Ages: 3-4 .....\$15

### Discounts

Denver residents ages 60+ and youth ages 5-18 could qualify for a **free MY Denver membership.**  
Visit the front desk at any recreation center to see if you are eligible.