

Explore Winter 2021-2022 Activities



Register Beginning November 9th at Noon



Barnum Recreation Center

M-Th: 10am-8pm
F: 10am-7pm
Sat: 10am-2pm
Sun: Closed

360 Hooker St. • (720) 865-0350

Browse the Activity Guide, and register for programs at [DENVERGOV.ORG/RECREATION](https://denvergov.org/recreation)

Active Older Adults

DAY	TIME	DATE	ACTIVITY #
-----	------	------	------------

Club: Cooking

W	11:00 AM-12:30 PM	year-round	70306
---	-------------------	------------	-----------------------

Ages: 50+ Drop in class. FREE with membership

Club: Crafting

W	12:30-3:00 PM	year-round	70307
---	---------------	------------	-----------------------

Ages: 50+ Drop in class. FREE with membership

Club: Karaoke

Tu	12:30-2:30 PM	year-round	70308
----	---------------	------------	-----------------------

Ages: 50+ Drop in class. FREE with membership

Club: Painting

M	11:00 AM-1:00 PM	year-round	70309
---	------------------	------------	-----------------------

Ages: 50+ Drop in class. FREE with membership

Club: Social

Th	11:00 AM-12:00 PM	year-round	70310
----	-------------------	------------	-----------------------

Ages: 50+ Drop in class. FREE with membership

Club: Wood Carving

M	11:00 AM-1:00 PM	08/16-12/27	70311
---	------------------	-------------	-----------------------

Ages: 50+ Drop in class. FREE with membership

Destination: Edgewater Public Market

F	11:00 AM-2:00 PM	03/04	70458
---	------------------	-------	-----------------------

Ages: 18+ \$4

Destination: Forney Museum

F	10:00 AM-2:00 PM	01/28	70448
---	------------------	-------	-----------------------

Ages: 18+ \$5

Presentation: Dresden

F	2:00-3:30 PM	01/14	72147
---	--------------	-------	-----------------------

Ages: 18+ \$2

Theme: Holiday Lunch

F	12:00-2:00 PM	12/17	70419
---	---------------	-------	-----------------------

Ages: 18+ \$7

Theme: Valentine's Luncheon

M	12:00-2:00 PM	02/07	70464
---	---------------	-------	-----------------------

Ages: 18+ \$7

Fitness & Wellness

See our full schedule of classes online at:
[DENVERGOV.ORG/RECREATION](https://denvergov.org/recreation)

PERSONAL TRAINING

Body fat/fitness assessments

Ages: 15+	\$15
-----------	-------	------

Individual training: One-on-one 60 minute session with one of our Certified Personal Trainers.

Ages: 15+ 1 Session	\$45
---------------------	-------	------

Nutrition Plan

Personalized nutrition consult and 30-minute one-on-one check in call halfway through the session.

Fee	\$45
-----	-------	------

MY Denver

DAY	TIME	DATE	ACTIVITY #
-----	------	------	------------

MY Denver presents AOPYO's Tai Chi

M,W	5:30-6:30 PM	01/10-02/09	72341
-----	--------------	-------------	-----------------------

Ages: 8-18. Drop in class. FREE with membership

Gift Workshop

F	5:30-6:30 PM	12/10	71164
---	--------------	-------	-----------------------

Ages: 5-12. \$5

Adaptive Recreation

DAY	TIME	DATE	ACTIVITY #
-----	------	------	------------

Special Olympics Adult Basketball Level 1 & 2

Tu	7:00-8:00 PM	01/11-03/15	72334
----	--------------	-------------	-----------------------

Ages: 22+ \$25

Special Olympics Adult Basketball Level 3 & 4

Tu	6:00-7:00 PM	01/11-03/15	70407
----	--------------	-------------	-----------------------

Ages: 22+ \$25

Special Olympics Young Adult Basketball

Th	7:00-8:00 PM	01/13-03/17	72335
----	--------------	-------------	-----------------------

Ages: 15-21. \$25

Special Olympics Youth Basketball

Th	6:00-7:00 PM	01/13-03/17	70410
----	--------------	-------------	-----------------------

Ages: 8-15. \$25

Arts & Culture

DAY	TIME	DATE	ACTIVITY #
-----	------	------	------------

Line Dancing

Tu	11:15 AM-12:15 PM	year-round	70101
----	-------------------	------------	-----------------------

Ages: 15+ Drop in class. FREE with membership



Outdoor Recreation

DAY	TIME	DATE	ACTIVITY #
-----	------	------	------------

Learn to Ski and Ride

M	7:00 AM-6:00 PM	04/04	72187
---	-----------------	-------	-----------------------

Ages: 7-17 \$30



Youth Sports

DAY	TIME	AGE	ACTIVITY #
-----	------	-----	------------

Co-Ed Basketball

F	5:00-6:00 PM	Ages: 5-6	71525
Sa	10:00-11:00 AM		

Ages: 5-6 (Co-Ed) Dates: 01/03-03/05 \$40

Boys Basketball

F	6:00-7:00 PM	Ages: 7-8	71409
Sa	11:00 AM-12:00 PM		
M	5:00-6:00 PM	Ages: 9-10	71469
Tu	4:30-5:30 PM		
M, W	6:00-7:00 PM	Ages: 13-14	71299
W	4:30-5:30 PM	Ages: 15-17	71387
Sa	12:00-1:00 PM		

Ages: 7-8 (Boys) Dates: 01/03-03/05 \$40

Ages: 9-17 (Boys) Dates: 01/03-03/19 \$50

View game schedules at:
[DENVERYOUTHSPORTS.ORG](https://denveryouthsports.org)

Age Cutoff: January 23, 2022 for

5-6 Co-Ed Basketball

7-17 Boys Basketball • 9-14 Girls Basketball

*Teams will practice 2x/week until games begin;
Once games begin, teams will practice 1x/week.

Discounts

Denver residents ages 60+ and youth ages 5-18 could qualify for a **free MY Denver membership.**

Visit the front desk at any recreation center to see if you are eligible.