

# Explore Summer 2022 Activities



Register Beginning May 3rd at Noon

## College View Recreation Center

2525 S Decatur St. • (720) 865-5650  
 M-Th: 10am-8:00pm / F: 10am-7pm / Sat: 10am-2pm  
 Sun: Closed

Browse the Activity Guide, and register for programs at [DENVERGOV.ORG/RECREATION](https://denvergov.org/recreation)



### Active Older Adults

| DAY | TIME | DATE | ACTIVITY # |
|-----|------|------|------------|
|-----|------|------|------------|

**Bingo**  
 Th 1:00-3:00 PM 01/06-12/29 [73528](#)  
 Ages: 18+ ..... Drop in class. FREE with membership

**Club: Social**  
 Th 12:00-1:00 PM 01/06-12/29 [74898](#)  
 Ages: 18+ ..... Drop in class. FREE with membership

**Club: Square Dancing**  
 Th 1:00-3:00 PM 01/06-12/29 [74897](#)  
 Ages: 18+ ..... Drop in class. FREE with membership

### MY Denver

| DAY | TIME | DATE | ACTIVITY # |
|-----|------|------|------------|
|-----|------|------|------------|

**MY Denver Activities**  
 M-F 12:00-4:00 PM 06/03-08/19 [77529](#)  
 Ages: 8-18. .... Drop in class. FREE with MY Denver Card

### Fitness & Wellness

See our full schedule of classes online at:  
[DENVERGOV.ORG/FITNESS](https://denvergov.org/fitness)

**PERSONAL TRAINING**  
**Body fat/fitness assessments**  
 Ages: 15+ ..... \$15

**Individual training:** One-on-one  
 60 minute session with one of our  
 Certified Personal Trainers.  
 Ages: 15+ 1 Session ..... \$45



LIVE FITNESS CLASS SCHEDULE

**Nutrition Plan**  
 Personalized nutrition consult and 30-minute one-on-one check in call halfway through the session.  
 Fee. .... \$45

### Arts & Culture

| DAY | TIME | DATE | ACTIVITY # |
|-----|------|------|------------|
|-----|------|------|------------|

**Art in the Park**  
**Garfield Lake Park**  
 W 5:30-7:30 PM 06/15 [77799](#)  
 Ages: 15+ ..... \$5

**Coffee & Painting**  
 Tu 10:30 AM-12:30 PM 06/14 [75578](#)  
 Tu 10:30 AM-12:30 PM 07/12 [75579](#)  
 Ages: 50+ ..... \$5



### Youth Sports

| DAY | TIME | DATE | ACTIVITY # |
|-----|------|------|------------|
|-----|------|------|------------|

**Cheerleading Camp**  
**At Harvey Park Recreation Center**  
 M-Th 10:30 AM-12:00 PM 06/27-06/30 [74761](#)  
 Ages: 5-14. .... \$20

**Sports Camp - Lacrosse**  
**College View Park**  
 M-F 9:00-10:00 AM 06/20-06/24 [74669](#)  
 Ages: 7-9 ..... \$25  
 M-F 10:30-11:30 AM 06/20-06/24 [74670](#)  
 Ages: 10-12 ..... \$25

**Southwest Park**  
 M-F 9:00-10:00 AM 07/18-07/22 [74510](#)  
 Ages: 7-9 ..... \$25  
 M-F 10:30-11:30 AM 07/18-07/22 [74511](#)  
 Ages: 10-12 ..... \$25

**Sports Camp - Multi-Sport**  
**College View Park**  
 M-F 9:00-10:00 AM 06/27-07/01 [74671](#)  
 Ages: 5-8 ..... \$25  
 M-F 10:30-11:30 AM 06/27-07/01 [74672](#)  
 Ages: 9-12 ..... \$25

**Southwest Park**  
 M-F 9:00-10:00 AM 07/25-07/29 [74512](#)  
 Ages: 5-8 ..... \$25  
 M-F 10:30-11:30 AM 07/25-07/29 [74513](#)  
 Ages: 9-12 ..... \$25

**Sports Camp - Outdoor Volleyball**  
**College View Park**  
 M-F 9:00-10:00 AM 06/13-06/17 [74610](#)  
 Ages: 9-11 ..... \$25  
 M-F 10:30-11:30 AM 06/13-06/17 [74611](#)  
 Ages: 12-14 ..... \$25  
**Southwest Park**  
 M-F 9:00-10:00 AM 07/11-07/15 [74749](#)  
 Ages: 9-11 ..... \$25  
 M-F 10:30-11:30 AM 07/11-07/15 [74750](#)  
 Ages: 12-14 ..... \$25

**Pee Wee Tennis**  
**Bear Valley Park**  
 M,W 8:00-8:45 AM 06/06-07/27 [77222](#)  
**Huston Park**  
 Tu,Th 8:00-8:45 AM 06/07-07/28 [77228](#)  
 Ages: 5-7 ..... \$40

| DAY | TIME | DATE | ACTIVITY # |
|-----|------|------|------------|
|-----|------|------|------------|

**Youth Beginner Tennis**  
**Bear Valley Park**  
 M,W 9:00-10:00 AM 06/06-07/27 [77255](#)  
**Huston Park**  
 Tu,Th 9:00-10:00 AM 06/07-07/28 [77264](#)  
 Ages: 7-15. .... \$50

**Youth Adv. Beg Tennis**  
**Bear Valley Park**  
 M,W 10:00-11:00 AM 06/06-07/27 [77238](#)  
**Huston Park**  
 Tu,Th 10:00-11:00 AM 06/07-07/28 [77248](#)  
 Ages: 7-15. .... \$50

**Youth Intermediate Tennis**  
**Bear Valley Park**  
 M,W 11:00 AM-12:00 PM 06/06-07/27 [77271](#)  
**Huston Park**  
 Tu,Th 11:00 AM-12:00 PM 06/07-07/28 [77280](#)  
 Ages: 7-15. .... \$50

### YOUTH TEAM SPORTS

| DAY | TIME | AGE | ACTIVITY # |
|-----|------|-----|------------|
|-----|------|-----|------------|

**T-Ball**  
 W 6:00-7:00 PM Ages: 5-6 [74581](#)  
 F 5:00-6:00 PM  
 Ages: 5-6 Dates: 06/06-08/06 ..... \$40

**Baseball**  
 Th,F 6:00-7:00 PM Ages: 7-8 [74624](#)  
 M 6:00-7:30 PM Ages: 9-10 [74690](#)  
 Sa 10:00-11:30 AM  
 Tu 6:00-7:30 PM Ages: 11-12 [74474](#)  
 Sa 11:30 AM-1:00 PM  
 Th 6:00-7:30 PM Ages: 13-14 [75095](#)  
 Sa 1:00-2:30 PM  
 Ages: 7-8 Dates: 06/06-08/06 ..... \$40  
 Ages: 9-14 Dates: 06/06-08/13 ..... \$50

View game schedules at:  
[DENVERYOUTHSPORTS.ORG](https://denveryouthsports.org)

**Age Cutoff: June 19, 2022** for  
 5-6 T-Ball • 7-8 Coach Pitch Baseball & Softball

**Age Cutoff: July 31, 2022** for  
 9-14 Baseball

\*Teams will practice 2x/week until games begin;  
 Once games begin, teams will practice 1x/week.

### Discounts

Denver residents ages 60+ and youth ages 5-18 could qualify for a **free MY Denver membership.**

Visit the front desk at any recreation center to see if you are eligible.