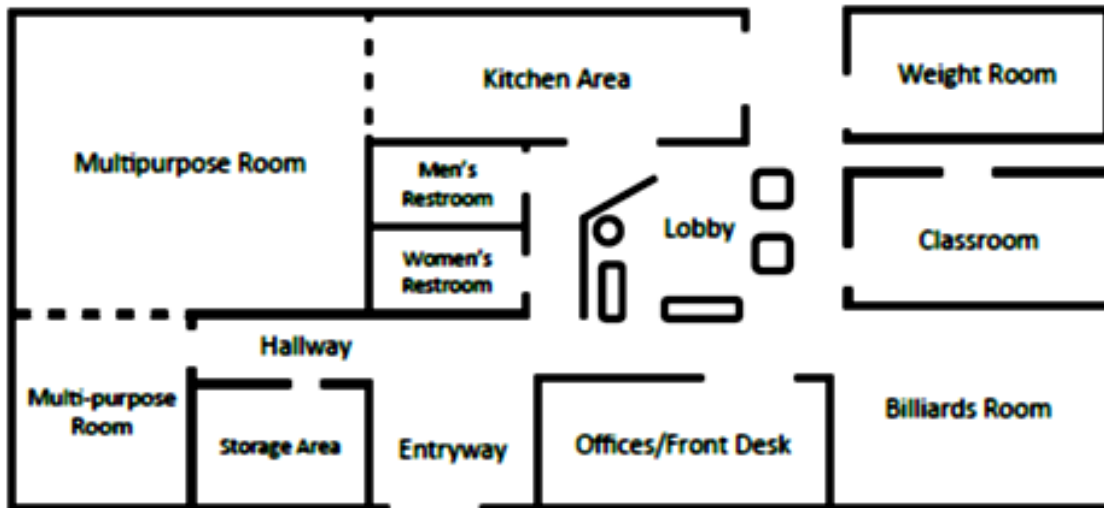


Highland Recreation Center Hours of Operation

Monday through Friday 8:00 a.m. - 4:00 p.m.

Saturday and Sunday CLOSED



Billiard Room

- Drop-in access available with current membership or visit pass
- Available Monday-Friday 8am-4pm
- First come, first serve



Fitness and Weight Room

- Must be 15+ yrs old to use equipment in this area
- Drop-in access available with current membership or visit pass
- Proper workout attire required
- Weight room consultations & classes available
- Precor Cardio and Vitality Series



Additional Programming includes:

- Silver Sneakers
- Day Trips
- Luncheons
- Out to Lunch trips
- Engaging workshops
- Financial Assistance Available (P.L.A.Y. Parks and recreation Looking to Assist You)
- Inclusion Services Available

Multi-Purpose Room

- Please see our schedule for class days/times
- SilverSneakers®
- Classes
- Belly Dancing
- Bingo
- Line Dance
- Special Events-Luncheons, Plays, and Presentations
- Available to rent up to 100 people

Lounge

- Please see our schedule for class days/times
- Canasta
- Cribbage
- Punch Embroidery
- Technology Help
- Comfortable and inviting seating area

Classroom D

- Please see our schedule for class/program days/times
- Creative Writing
- Party Bridge
- Knitting
- Painting
- Pinochle
- Mah Jongg
- Piano lessons
- Meditation
- Room can be divided into two separate spaces
- Available to rent up to 25 people

Classroom B

- Please see our schedule for class days/times
- Drama
- Painting
- Workshops
- Cooking Classes
- Coffee Daily and Microwave
- Available to rent up to 25 people

