

Explore Winter 2021-2022 Activities



Register Beginning November 9th at Noon

Johnson Recreation Center

M-Th: 10am-8pm
F: 10am-7pm
Sat: 10am-2pm
Sun: Closed

4809 Race St. • (720) 865-5660

Browse the Activity Guide, and register for programs at DENVERGOV.ORG/RECREATION



Active Older Adults

DAY	TIME	DATE	ACTIVITY #
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Pickleball

Tu,Th-F 10:30 AM-12:30 PM year-round [70355](#)
Ages: 50+ Drop in class. FREE with membership



MY Denver

DAY	TIME	DATE	ACTIVITY #
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MY Denver Airbrush

Tu,Th 4:00-5:00 PM 02/01-02/24 [71063](#)
Ages: 8-11 Drop in class. FREE with membership

Tu,Th 5:15-6:15 PM 02/01-02/24 [71055](#)
Ages: 12-18 Drop in class. FREE with membership

MY Denver presents AOPYO's Tai Chi

M,W 4:00-5:00 PM 11/08-12/15 [72336](#)
Ages: 8-18 Drop in class. FREE with membership

Family Cooking Class

M,W 5:00-6:30 PM 02/28-03/09 [71155](#)
Ages: 6-17 FREE with MY Denver Card

Ages: 18+ \$15.50
Youth and adult must register together

Discounts

Denver residents ages 60+ and youth ages 5-18 could qualify for a free MY Denver membership.

Visit the front desk at any recreation center to see if you are eligible.

See our full schedule of classes online at: DENVERGOV.ORG/RECREATION

PERSONAL TRAINING

Body fat/fitness assessments

Ages: 15+ \$15

Individual training: One-on-one 60 minute session with one of our Certified Personal Trainers.

Ages: 15+ 1 Session \$45

Nutrition Plan

Personalized nutrition consult and 30-minute one-on-one check in call halfway through the session.

Fee \$45



Youth Sports

DAY	TIME	AGE	ACTIVITY #
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Co-Ed Basketball

Th 5:00-6:00 PM Ages: 5-6 [71549](#)

Sa 10:30-11:30 AM

Ages: 5-6 (Co-Ed) Dates: 01/03-03/05 \$40

Boys Basketball

Th 6:00-7:00 PM Ages: 7-8 [71433](#)

Sa 11:30 AM-12:30 PM

Tu, F 5:00-6:00 PM Ages: 9-10 [71493](#)

M, Th 6:00-7:00 PM Ages: 11-12 [72297](#)

Ages: 7-8 (Boys) Dates: 01/03-03/05 \$40

Ages: 9-12 (Boys) Dates: 01/03-03/19 \$50

DAY	TIME	AGE	ACTIVITY #
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Girls Basketball

Tu 5:00-6:00 PM Ages: 7-8 [71687](#)

Sa 12:30-1:30 PM

W, F 6:00-7:00 PM Ages: 9-10 [71735](#)

M, Th 5:00-6:00 PM Ages: 11-12 [72298](#)

Ages: 7-8 (Girls) Dates: 01/03-03/05 \$40

Ages: 9-12 (Girls) Dates: 01/03-03/19 \$50

View game schedules at:

DENVERYOUTHSPORTS.ORG

Age Cutoff: January 23, 2022 for

5-6 Co-Ed Basketball

7-17 Boys Basketball • 9-14 Girls Basketball

*Teams will practice 2x/week until games begin; Once games begin, teams will practice 1x/week.