

Explore Fall 2021 Activities



REGISTRATION BEGINS AUGUST 9 AT NOON



Scheitler Recreation Center

M-F: 7am-5pm
Sa-Su: 9am-1pm

5031 W 46th Ave. • (720) 865-0640

ALL DENVER PARKS & RECREATION PROGRAMS WILL FOLLOW COVID-SAFE PROTOCOLS AS OUTLINED BY CDC, STATE AND LOCAL ORDERS

Active Older Adults

DAY	TIME	DATE	ACTIVITY #
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Qi Gong			
Tu	9:30-10:30 AM	year-round	69931
Ages: 50+			\$2

Thanksgiving Luncheon			
F	12:00-2:00 PM	11/19	69975
Ages: 50+			\$7

CityWide Sports

DAY	TIME	DATE	ACTIVITY #
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Softball - Men's D, Men's E, Co-Ed Leagues			
Across Metro-Denver			
M-F	6:30-10:30 PM	08/30-10/29	70175
Ages: 18+			\$525



Fitness & Wellness

DAY	TIME	DATE	ACTIVITY #
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Total Body Conditioning			
Tu	3:45-4:45 PM	09/14-12/28	70021
15+			\$2

Vinyasa Yoga			
M	4:00-4:45 PM	year-round	70030
15+			\$2

Yoga I			
Th	7:30-8:30 AM	year-round	70046
15+			\$2

Yogalates			
F	8:30-9:30 AM	09/17-12/31	70050
15+			\$2

Zumba			
Th	9:30-10:30 AM	year-round	70064
15+			\$2

Discounts & Services

Denver residents ages 60+ and youth ages 5-18 could qualify for a **free MY Denver membership**.

Financial Assistance available for those who qualify.

Inclusion support options available for people with disabilities.

Visit the front desk at any recreation center to see if you are eligible.

Aquatics

DAY	TIME	DATE	ACTIVITY #
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Aqua Aerobics			
M-Th	9:00-10:00 AM	year-round	NA
Ages: 15+			\$2

Water Walking			
M-Th	10:00-11:00 AM	year-round	NA
Ages: 15+			\$2

Lap Swim			
M-Th	7:00-8:30 AM	year-round	NA
F	7:00-9:00 AM	year-round	NA
M-F	11:00 AM-1:00 PM	year-round	NA
Sa,Su	9:00-11:00 AM	year-round	NA
Ages: 15+			\$2

Open Swim			
M-Th	1:00-3:30 PM	year-round	NA
F	1:00-4:30 PM	year-round	NA
Sa,Su	11:00-12:30 PM	year-round	NA
All Ages			\$2



Swim Lessons

Session I: Sept. 20 - Oct. 14 | Session II: Oct. 25 - Nov. 18

DAY	TIME	DATE	ACTIVITY #
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PRESCHOOL

M,W	4:00-4:30 PM	09/20-10/13	69896
M,W	4:00-4:30 PM	10/25-11/17	69897

LEVEL 1

M,W	4:00-4:30 PM	09/20-10/13	69762
M,W	4:00-4:30 PM	10/25-11/17	69763
Tu,Th	4:00-4:30 PM	09/21-10/14	69764
Tu,Th	4:00-4:30 PM	10/26-11/18	69765

LEVEL 2

Tu,Th	4:00-4:30 PM	09/21-10/14	69796
Tu,Th	4:00-4:30 PM	10/26-11/18	69797

SWIM LESSON PRICING

All Levels	\$26
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Out of School Time

DAY	TIME	DATE	ACTIVITY #
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Trunk or Treat			
F	5:00-7:00 PM	10/29	70170
5-18			\$5

Youth Sports

DAY	TIME	AGE	ACTIVITY #
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Flag Football (Berkeley Lake Park)			
M	5:00-6:00 PM	08/30-10/13	69414
W	6:00-7:00 PM		
Ages: 5-6			\$35
W	5:00-6:00 PM	09/01-10/15	69463
F	6:00-7:00 PM		
Ages: 7-8			\$35
M	5:00-6:00 PM	08/30-10/26	69536
Tu	6:00-7:00 PM		
Ages: 9-10			\$45
Tu	5:00-6:00 PM	08/31-10/26	69336
Th	6:00-7:00 PM		
Ages: 11-12			\$45

Soccer (Berkeley Lake Park)			
Th	5:00-6:00 PM	09/02-10/16	69439
Sa	9:00-10:00 AM		
Ages: 5-6			\$35
Th	5:00-6:00 PM	09/02-10/16	69488
Sa	10:00-11:00 AM		
Ages: 7-8			\$35
Th	6:00-7:00 PM	09/02-10/30	69560
Sa	11:00 AM-12:00 PM		
Ages: 9-10			\$45

Volleyball (Indoor)			
M	6:00-7:00 PM	08/30-10/15	69512
F	5:00-6:00 PM		
Ages: 7-8			\$35
W	5:00-6:00 PM	09/01-10/27	69584
F	6:00-7:00 PM		
Ages: 9-10			\$45
M	5:00-6:00 PM	08/30-10/25	69364
Tu	6:00-7:00 PM		
Ages: 11-12			\$45
Tu	5:00-6:00 PM	08/31-10/21	69390
Th	6:00-7:00 PM		
Ages: 13-14			\$45



View game schedules at:
DENVERYOUTHSPORTS.ORG

Age Cutoff: 09/12/21

5-12 Flag Football • 5-12 Soccer • 7-14 Volleyball