

IF YOU OR SOMEONE
YOU KNOW NEEDS HELP
IMMEDIATELY

please call
911



you are not
ALONE



COMMUNITY RESOURCE GUIDE

CRISIS SERVICES

Denver Health Psych Emergency Services
303-602-7221 | Available 24/7

Denver Health Mobile Crisis Services
1-844-493-8255 | Available 24/7
Onsite and phone evaluations, information
and referral services for Denver residents

National Suicide Prevention Lifeline
1-800-273-8255 | Free 24/7 Hotline
suicidepreventionlifeline.org | Chat

National Domestic Violence Hotline
1-800-799-7233 | Free 24/7 Hotline
thehotline.org | Chat

The Center for Trauma & Resilience
303-894-8000 | Free 24/7 Hotline

The Blue Bench Sexual Assault Hotline
303-322-7273 | Free 24/7 Hotline

CRISIS SERVICES

Colorado Crisis Services
1-844-493-8255 | Free 24/7 Hotline
38255 | Text "TALK" to start a conversation
coloradocrisiservices.org | Chat

Walk-In Crisis Locations
Some have stabilization beds for 1-5 days

AURORA
2206 Victor St. Aurora, CO 80045

DENVER
4353 E. Colfax Ave. Denver, CO 80220

WHEAT RIDGE
4643 Wadsworth Blvd. Wheat Ridge, CO 80033

LITTLETON
6509 S. Santa Fe Drive Littleton, CO 80120

WESTMINSTER
2551 W. 84th Ave. Westminster, CO 80031

To access walk-in services, please call the
main number: 1-844-493-8255

RESOURCE DIRECTORIES

National Alliance on Mental Illness (NAMI)
303-321-3104 | Free 24/7 Helpline
Offers education and support groups

Mile High United Way 2-1-1 Help Center
Dial 2-1-1 | Free 24/7 Helpline
898-211 | Text to start a conversation
unitedwaydenver.org/2-1-1 | Chat
Confidential community referral service

Psychology Today
psychologytoday.com | Resources

Homeless Shelter Directory
homelessshelterdirectory.org/colorado.html

SAMHSA Treatment Services Locator
findtreatment.samhsa.gov
1-800-662-4357 | Free 24/7 Helpline

Urban Peak
urbanpeak.org | Resources for youth
experiencing homelessness

Mental Health Center of Denver
303-504-7900 | mhc.org
Case management, therapy, recovery, child
and family services, medication, housing
services, residential

AllHealth Network
303-730-8858 | allhealthnetwork.org
Case management, therapy, child and
family services, medication, residential,
substance misuse

Denver Health Behavioral Health Services
303-602-4357 | denverhealth.org
Outpatient, substance misuse, inpatient,
child and family services, neuropsych,
24/7 mobile crisis services

Jefferson Center for Mental Health
303-425-0300 | jcmh.org
Outpatient, substance misuse, outpatient,
inpatient, child and family services, senior
services, emergency services

COMMUNITY MENTAL HEALTH

Sheridan Health Services
Community Clinic
3525 W Oxford Ave, Denver, CO 80236
303-315-6150
www.nursing.ecdenver.edu/sheridan
Primary care and a comprehensive range of
physical, mental, and oral health services to
a low-income, diverse, pediatric population

Jewish Family Services
303-597-5000 | jewishfamilyservice.org
Disability and employment services, mental
health counseling, grief counseling

Servicios De La Raza
3131 W 14th Ave Denver CO 80204
303-458-5851 | serviciosdelaraza.org
\$25 sessions without insurance, individual
and group therapy, ADHD testing, parole
community reintegration, youth services,
job placement, GED, tuition assistance,
emergency food, domestic violence
program, HIV/AIDS program

SUBSTANCE MISUSE

Alcoholics Anonymous (AA)
303-322-4440 | daa.org

Al-Anon
303-321-8788
Support for family and friends of people
with alcohol addiction issues

Narcotics Anonymous (NA)
303-832-3784 | nacolorado.org

The Phoenix
2233 Champa St, Denver, CO 80205
720-440-9175 | phoenixmultisport.org
Free fitness center for people in recovery

Life Ring
1-800-811-4142 | lifering.org
Secular substance misuse recovery

Signal Behavioral Health Network
303-639-9320 | signalbhn.org
Substance misuse recovery services