

Silencio = Muerte!

The Denver Latino Commission stand in solidarity with our LGBTQAI+ *familia*. As members of both the Latine and Indigenous communities of Denver, we stand proud in our individual intersectionality.

We must acknowledge that many of our Latine community members suffer in silence under the weight of machismo and we, as a community, reject the historical oppression and violence against our LGBTQAI+ *familia*.

We share in the anger, pain, and are also mourning the horrific murders of Kelly Loving, Daniel Aston, Derrick Rump, Ashley Paugh, and Raymond Green Vance.

Know that we mourn with you, at your side.

In Lak'ech, "Tú eres mi otro yo. Si te hago daño a ti, Me hago daño a mi mismo. Si te amo y respeto, Me amo y respeto yo."

"You are my other me. If I do harm to you, I do harm to myself. If I love and respect you, I love and respect myself."

-Luis Valdez

Anyone looking to support the needs of the victims, families and the community during this time can donate at coloradohealingfund.org.

Tu lucha es mi lucha,

The Denver Latino Commission



Crisis Services and Mental Health Resources (KEEP OR REMOVE)

Colorado Crisis Services: For help with any mental health, substance use or emotional concern, call Colorado Crisis Services at 844- 493-TALK (8255), or text TALK to 38255. Our trained professionals provide free, immediate, and confidential help, 24/7/365. Learn more at [ColoradoCrisisServices.org](https://coloradocrisiservices.org).

988 Suicide & Crisis Lifeline: The 988 Suicide & Crisis Lifeline (formerly known as the National Suicide Prevention Lifeline) offers 24/7 call, text and chat access to trained crisis counselors who can help people experiencing suicidal, substance use, and/or mental health crisis, or any other kind of emotional distress. Learn more at [988Lifeline.org](https://988lifeline.org). Youth can request a counselor who specifically focuses on the needs of LGBTQIA+ youth and young adults via call, text, and chat.

OwnPath: OwnPath connects Coloradans with behavioral health providers licensed by the Behavioral Health Administration (BHA) and to search for specific services or use a guided search to identify providers or resources that best meet their needs. Learn more at [OwnPath.co](https://ownpath.co).

Youth-Focused Crisis Services and Mental Health Resources

Below the Surface: Below the Surface aims to help teens connect to and get support from the Colorado Crisis Services (CCS) text line. Text TALK to 38255 to speak with a trained counselor 24/7 on a personal, free, confidential line. Learn more at [BelowTheSurfaceCo.com](https://belowthesurfaceco.com).

IMatter: I Matter provides up to six free therapy sessions for any Colorado youth 18 years of age or younger, or 21 years of age or younger if receiving special education services. Therapy is provided by licensed clinicians in Colorado. Visit [IMatterColorado.org](https://imattercolorado.org) to sign up for free therapy sessions.

Inside Out Youth Services: Inside Out Youth Services builds access, equity, and power with LGBTQIA2+ young people, through leadership, advocacy, community-building, education, and peer support. Find a list of LGBTQIA+ resources at [InsideOutYS.org/Resources](https://insideoutys.org/resources).

The Trevor Project: The Trevor Project is the world's largest suicide prevention and mental health organization for LGBTQ (lesbian, gay, bisexual, transgender, queer, and questioning) young people. Connect to a crisis counselor 24/7, 365 days a year, from anywhere in the U.S. It is 100% confidential, and 100% free. Visit [TheTrevorProject.org](https://thetrevorproject.org) to get connected.