

Fine Particulate Matter (PM_{2.5})

HOW IT AFFECTS YOU AND WHAT CAN BE DONE ABOUT IT.

Where does PM_{2.5} come from?

VEHICLE EMISSIONS



CONSTRUCTION

INDUSTRIES



FOREST FIRES

RESIDENTIAL
BURNING



AGRICULTURAL
BURNING

How can PM_{2.5} affect my health?

DECREASED
LUNG FUNCTION



ASTHMA ATTACKS
& BRONCHITIS

IRREGULAR
HEARTBEATS



HEART ATTACKS

EXACERBATES
PRE-EXISTING HEALTH
CONDITIONS



Prevention & reduction strategies

CHECK YOUR LOCAL
AIR QUALITY
IF ALERT LEVELS ARE HIGH:



BIKE, WALK,
OR USE PUBLIC
TRANSIT

STOP IDLING
VEHICLES



LIMIT INTENSE
ACTIVITIES NEAR
BUSY ROADS

ADHERE TO
LOCAL BURN BANS



CONSIDER INDOOR
ALTERNATIVES