# Mpox: What You Should Know

## Symptoms

<table>
<thead>
<tr>
<th>Rash</th>
<th>Intense Headache</th>
<th>Muscle Aches</th>
<th>High Fever</th>
<th>Swollen Glands</th>
</tr>
</thead>
<tbody>
<tr>
<td>(raised red bumps)</td>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

## What To Do

If you think you have been exposed to mpox (monkeypox) or are experiencing symptoms, see a healthcare provider for evaluation.

People who have been recently exposed to mpox or are at high risk for exposure should get a vaccine. Visit [www.denvergov.org/monkeypox](http://www.denvergov.org/monkeypox) for information about vaccine eligibility, vaccine clinics, and how to request an appointment.

Anyone can call 1-877-462-2911 for assistance with information about mpox symptoms, evaluation and testing, and vaccines.
Mpx: The Facts

• Mpx is typically spread through close physical contact.
• Close physical contact may include sexual contact of any kind; sharing bedding, clothing, or towels with someone who is sick; or prolonged face-to-face exposure to a person with mpx.
• Anyone can get mpx.
• Mpx looks like a rash (raised red bumps). Other symptoms are intense headache, fever, muscle ache, swollen glands and feeling very tired.
• Be sure to see a healthcare provider if you develop a new rash or bumps anywhere on your body.

Scan here for more info or visit www.denvergov.org/monkeypox