



# MY DENVER

## FEBRUARY 2023 | Nature & Wellness



### HARVARD GULCH RECREATION CENTER

MY Denver Activity Hours  
4:00PM - 6:30PM  
Ages 8 - 18

**Program Hours**

Activity #1: 4:00PM - 5:30PM  
Activity #2: 5:30PM - 6:30PM

*This institution is an equal opportunity provider*

Calendar Subject to Change

|  | MON  | TUE   | WED   | THU   | FRI                     |
|--|--|---|---|---|-------------------------|
|  |  |   |   | <b>1</b><br><u>Activity #1</u><br>Table Tennis<br><br><u>Activity #2</u><br>Canvas Painting         | NO MY DENVER ACTIVITIES |
|  | <b>5</b><br><u>Activity #1</u><br>Card Games<br><br><u>Activity #2</u><br>Foosball         | <b>6</b><br><u>Activity #1</u><br>Bingo<br><br><u>Activity #2</u><br>DIY Lava Lamps                 | <b>7</b><br><u>Activity #1</u><br>Switch Games<br><br><u>Activity #2</u><br>Friendship Bracelets      | <b>8</b><br><u>Activity #1</u><br>Salt Dough Stepping Stones<br><br><u>Activity #2</u><br>Ping Pong | NO MY DENVER ACTIVITIES |
|  | <b>1 2</b><br><u>Activity #1</u><br>Jump Rope Contest<br><br><u>Activity #2</u><br>Origami | <b>1 3</b><br><u>Activity #1</u><br>Scavenger Hunt<br><br><u>Activity #2</u><br>Tie Die Shirts      | <b>1 4</b><br><u>Activity #1</u><br>VDay Cards<br><br><u>Activity #2</u><br>Coffee Filter Butterflies | <b>1 5</b><br><u>Activity #1</u><br>Foosball<br><br><u>Activity #2</u><br>Board Games               | NO MY DENVER ACTIVITIES |
|  | <b>1 9</b><br>NO MY DENVER ACTIVITIES<br><br>Presidents' Day                               | <b>2 0</b><br><u>Activity #1</u><br>Make Volcanos<br><br><u>Activity #2</u><br>Pipe Cleaner Animals | <b>2 1</b><br><u>Activity #1</u><br>Ping Pong<br><br><u>Activity #3</u><br>Bingo                      | <b>2 2</b><br><u>Activity #1</u><br>Birdhouses<br><br><u>Activity #2</u><br>Make Planters           | NO MY DENVER ACTIVITIES |
|  | <b>2 6</b><br><u>Activity #1</u><br>Basketball<br><br><u>Activity #2</u><br>Slime          | <b>2 7</b><br><u>Activity #1</u><br>Clay Sculptures<br><br><u>Activity #2</u><br>Cup Stacking       | <b>2 8</b><br><u>Activity #1</u><br>Monster Windsocks<br><br><u>Activity #2</u><br>Abstract Painting  | <b>29</b><br><u>Activity #1</u><br>Craft Stick Airplanes<br><br><u>Activity #2</u><br>Paper Flowers |                         |

**Activity Key**  
 Urban Arts and Culture  
 Sports and Wellness  
 Science, Technology and Education  
 Community Engagement  
 Social Recreation