



**DENVER**  
PARKS & RECREATION

# MY DENVER

## FEBRUARY 2024 | Black History Month

### GLENARM RECREATION CENTER



MY Denver Activity Hours 3:30PM - 6:00PM Ages 8 - 18	MON	TUE	WED	THU	FRI
<b>Program Hour:</b> Activity #1: 3:30PM - 4:30PM Activity #2: 5:00PM - 6:00PM				<b>1</b> <u>Activity #1</u> Stamp Art  <u>Activity #2</u> Friendship bracelets	<b>2</b> <u>Activity #1</u> Slime  <u>Activity #2</u> Bingo W/ Prize
	<b>Karate:</b> Thursdays 4 pm—5pm	<b>5</b> <u>Activity #1</u> Melting beads  <u>Activity #2</u> Cup Stacking	<b>6</b> <u>Activity #1</u> Board games  <u>Activity #2</u> DIY Lava Lamps	<b>7</b> <u>Activity #1</u> Yoga Class  <u>Activity #2</u> Friendship Bracelets	<b>8</b> <u>Activity #1</u> Bird houses  <u>Activity #2</u> Zumba class
<i>This institution is an equal opportunity provider</i>  <b>Calendar Subject to Change</b>	<b>1 2</b> <u>Activity #1</u> Yoga Class  <u>Activity #2</u> Painting	<b>1 3</b> <u>Activity #1</u> Bird Watching  <u>Activity #2</u> Tie Die Shirts	<b>1 4</b> <u>Activity #1</u> VDay Cards  <u>Activity #2</u> Melting beads	<b>1 5</b> <u>Activity #1</u> Pilates Class  <u>Activity #2</u> Board Games	<b>1 6</b> <u>Activity #1</u> Flower wreaths  <u>Activity #2</u> Zumba class
	<b>1 9</b> <b>NO MY DENVER ACTIVITIES</b>  <b>Presidents' Day</b>	<b>2 0</b> <u>Activity #1</u> Hurricanes in a bottle  <u>Activity #2</u> Musical Loteria	<b>2 1</b> <u>Activity #1</u> 2 k walk  <u>Activity #3</u> Bingo w/ prizes	<b>2 2</b> <u>Activity #1</u> Indoor Gardening  <u>Activity #2</u> Unicorn Horns	<b>2 3</b> <u>Activity #1</u> Movie Night w/ Snacks  <u>Activity #2</u> Carmel Popcorn
<b>Activity Key</b> Urban Arts and Culture Sports and Wellness Science, Technology and Education Community Engagement Social Recreation	<b>2 6</b> <u>Activity #1</u> Canvas painting  <u>Activity #2</u> Chines lanterns	<b>2 7</b> <u>Activity #1</u> Clay Sculptures  <u>Activity #2</u> Cup Stacking	<b>2 8</b> <u>Activity #1</u> Bird Watching  <u>Activity #2</u> Melting beads	<b>29</b> <u>Activity #1</u> Zumba class  <u>Activity #2</u> Nature walk	