



# MY DENVER

## APRIL 2024 | Spring Fever

### GLENARM RECREATION CENTER



MY Denver Activity Hours  
3:30PM - 6:00PM  
Ages 8 - 18

**Program Hours**

Activity #1: 3:30PM - 4:30PM  
Activity #2: 5:00PM - 6:00PM

\*Theme Related Activities

**Enrichment:**

Karate  
Thursdays  
4:00PM - 5:00PM

Calendar Subject to Change

**Activity Key**  
Urban Arts and Culture  
Sports and Wellness  
Science, Technology and Education  
Community Engagement  
Social Recreation  
Engage

	MON	TUE	WED	THU	FRI
	<p>1 <b>Activity #1</b> Make puppets</p> <p><b>Activity #2</b> 2 K walk</p> <p><b>Activity #3</b> Nature Walk</p>	<p>2 <b>Activity #1</b> Tornados in a bottle</p> <p><b>Activity #2</b> Human Pinata</p>	<p>3 <b>Activity #1</b> Rock Painting</p> <p><b>Activity #2</b> Slime</p>	<p>4 <b>Activity #1</b> Chinese Lanterns</p> <p><b>Activity #2</b> Self portraits</p>	<p>5 <b>Activity #1</b> Yoga class</p> <p><b>Activity #2</b> Spring door deco</p>
	<p>8 <b>Activity #1</b> Cardboard bird houses</p> <p><b>Activity #2</b> Pilates class</p>	<p>9 <b>Activity #1</b> Melting beads</p> <p><b>Activity #2</b> Zumba Class</p>	<p>10 <b>Activity #1</b> Chess club</p> <p><b>Activity #2</b> Nature art</p>	<p>11 <b>Activity #1</b> Slime</p> <p><b>Activity #2</b> 2 k Walk</p>	<p>12 <b>Activity #1</b> Human Pinata</p> <p><b>Activity #2</b> Tie dye shirts</p>
	<p>15 <b>Activity #1</b> Galaxy Jars</p> <p><b>Activity #2</b> 2 k walk</p>	<p>16 <b>Activity #1</b> Fruit popsicles</p> <p><b>Activity #2</b> Yoga class</p>	<p>17 <b>Activity #1</b> Musical Loteria</p> <p><b>Activity #2</b> Slime</p>	<p>18 <b>Activity #1</b> Tornados in a jar</p> <p><b>Activity #2</b> Unicorn Horns</p>	<p>19 <b>Activity #1</b> Hacky sacks</p> <p><b>Activity #2</b> Musical Bingo</p>
	<p>22 <b>Activity #1</b> Pick up trash</p> <p><b>Activity #2</b> Zumba class</p>	<p>23 <b>Activity #1</b> Bird house painting</p> <p><b>Activity #2</b> Art painting</p>	<p>24 <b>Activity #1</b> Mason jar deco</p> <p><b>Activity #2</b> 2 k walk</p>	<p>25 <b>Activity #1</b> Fruit popsicles</p> <p><b>Activity #2</b> Yoga class</p>	<p>26 <b>Activity #1</b> Musical bingo</p> <p><b>Activity #2</b> Canvas art</p>
	<p>29 <b>Activity #1</b> Slime</p> <p><b>Activity #2</b> Pilates class</p>	<p>30 <b>Activity #1</b> Loteria w/prizes</p> <p><b>Activity #2</b> Galaxy in a jar</p>			