

YOUR KEY TO THE CITY



MY DENVER CARD

JULY 2024

THIS MONTH'S THEME:

INCLUSION

MY DENVER YOUTH ACTIVITIES

BARNUM RECREATION CENTER

MONDAY

- 1 **Activity #1**
Skeleton Hand
- Activity #2**
Tin Foil Painting
- Activity #3**
Crayon Transfer Sheet

- 8 **Activity #1**
DIY Rock Candy
- Activity #2**
Pipe Cleaner Flowers
- Activity #3**
Accessible Sign Making

- 15 **Activity #1**
Shrinky Dinks
- Activity #2**
Disability Book Read
- Activity #3**
Mobility Aid Decorating

- 22 **Activity #1**
Paperweaving
- Activity #2**
African Coloring Sheets
- Activity #3**
Basketball

- 29 **Activity #1**
Disability Types Lesson
- Activity #2**
Card Making for Hospital Patients
- Activity #3**
Baseball

TUESDAY

- 2 **Activity #1**
Construction Paper Skyline
- Activity #2**
Dodgeball
- Activity #3**
Learn About Disabilities

- 9 **Activity #1**
ASL Lesson
- Activity #2**
Catapult Canon
- Activity #3**
Clothespin Butterflies

- 16 **Activity #1**
Twirling Paper Toy
- Activity #2**
Accessibility Through The Ages
- Activity #3**
Kickball

- 23 **Activity #1**
Chinese Fan Craft
- Activity #2**
Ddakji (Korean Game)
- Activity #3**
Koinobori Windsock

- 30 **Activity #1**
Glitter Bottle
- Activity #2**
Rec Center Cleanup
- Activity #3**
Self Advocacy Help

WEDNESDAY

- 3 **Activity #1**
Intersectionality Intro
- Activity #2**
American Coloring
- Activity #3**
American Heros

- 10 **Activity #1**
Slime Making
- Activity #2**
Pinch Pots
- Activity #3**
Invisible Painting

- 17 **Activity #1**
Fidget Toy Making
- Activity #2**
Emotion Explosion
- Activity #3**
Sharks And Minnows

- 24 **Activity #1**
Crayon Batik
- Activity #2**
Slime Making
- Activity #3**
Culture Coloring

- 31 **Activity #1**
Stress Ball Making
- Activity #2**
Obstacle Course
- Activity #3**
Reflection Journals

THURSDAY

- 4 NO MY Denver Activities
- Independence Day

- 11 **Activity #1**
Accessability Walk
- Activity #2**
7/11 Slushies
- Activity #3**
City Planning Activity

- 18 **Activity #1**
Paper Roll Knight Horse
- Activity #2**
Melly Beads
- Activity #3**
Slime Making

- 25 **Activity #1**
Rainbow Of Identity
- Activity #2**
Zampoña Pan Flute
- Activity #3**
Indiaca - Peteca [Volleyball]

FRIDAY

- 5 NO MY Denver Activities

- 12 **Activity #1**
Massive Battleship
- Activity #2**
Melly Beads
- Activity #3**
Paper Crafts

- 19 **Activity #1**
Finger Crotchet
- Activity #2**
Inclusive Games
- Activity #3**
Medevil Helmet Making

- 26 **Activity #1**
Calming Techniques
- Activity #2**
Rain Sticks
- Activity #3**
Foxtail Spud

ACTIVITY KEY

- Urban Arts & Culture
- Sports & Wellness
- Science, Technology & Education
- Community Engagement
- Social Recreation

Calendar subject to change

ACTIVITY INFORMATION

Monday - Friday:
12:00 - 4:00 PM | Ages: 8-18
Schedule
Activity #1: 12:00-1:00 PM
Activity #2: 1:30-2:30 PM
Activity #3: 3:00 -4:00 PM

Enrichments
Digital Art: Fridays 2:30-4:00 PM

LUNCH:

Monday - Friday:
12:00 PM - 1:00 PM

This institution is an equal opportunity provider

[Denvergov.org/MYDenverCard](https://denvergov.org/MYDenverCard)



DENVER
PARKS & RECREATION